

# Carleton College athletics

# 2006-07 Women's Basketball Release – Feb. 21, 2007

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### This Week in Knights Women's Basketball

Game #27 #4 Carleton (19-7) at St. Benedict (20-5)

Thursday, Feb. 22 • 7:30 p.m. • St. Joseph, Minn. (Claire Lynch Hall)

Radio: KQCL 95.9 FM/Power 96

Live Stats: None

Internet Video: www.csbsju.edu/forwards/CSBSportsLive-real Internet Audio: www.carleton.edu/athletics/broadcasts

All-time series: St. Benedict leads 41-13

Last Meeting: St. Benedict 77, at Carleton 67, Jan. 24, 2007





### CARLETON, ST. BENEDICT MEET AGAIN IN MIAC PLAYOFFS

Carleton College, for the fifth time in the MIAC Playoffs, will face the College of St. Benedict as the two most dominant MIAC programs over the last six seasons meet in the conference tournament semifinals.

Carleton advanced out of the conference tournament quarterfinals by beating the University of St. Thomas, 64-56, on Tuesday. **Megan Mileusnic** scored a career-high 15 points, 11 in the second half, and added nine rebounds and fourth-seeded Carleton withstood a pair of St. Thomas second-half runs to defeat the fifth-seeded Tommies. **Hannah Oken-Berg** added 13 points, five rebounds and three assists for the Knights, who won at home in the MIAC Playoffs for the ninth time in 10 games. **Sarah Lincoln** added nine points and six rebounds and Annie Isler added nine points as well.

The Knights and Blazers have a long MIAC Playoff history in the relatively short event. Carleton beat St. Benedict in the first two meetings, taking a 2001 semifinal win at West Gym and the 2002 title-game victory at Claire Lynch Hall. After not playing against each other the next two seasons, the Blazers ended Carleton's stranglehold on the conference with a championship game victory in 2005. Last season, the fourth-seeded Knights upset the top-seeded Blazers in the semifinals.

In the season's first meeting on Dec. 4, Oken-Berg scored 18 points, grabbed seven rebounds and blocked three shots but 18 Carleton turnovers led to 18 St. Benedict points as the host Blazers dealt Carleton its first loss of the season, 64-52. Lincoln added 11 points and eight boards for Carleton. No other player for Carleton could get on track offensively, as the other seven Knights that saw action were a combined 8-for-27. Ellie Boone paced the Blazers with 16 points and Jen Dalhed added 11.

In the second meeting on Jan. 24 at West Gym, Oken-Berg scored 14 points, grabbed seven rebounds and added three assists and Annie Isler tallied 12 points, six rebounds and four assists, but St. Benedict knocked down 11-of-21 from three-point range in beating Carleton, 77-67. Mackenzie O'Neill netted 6-of-7 from three-point range in scoring a game-high 20 points and Ellie Boone added 14 points and six rebounds for the Blazers. The Knights shot 48 percent from the field and out-rebounded the Blazers, 33-22, but St. Benedict canned 54 percent of its shots.

### 2006-07 SCHEDULE

Nov. 22	at Chapman Univ.	W 59-58
Nov. 24	at Pomona-Pitzer Colleges	W 63-56
Nov. 25	at Claremont-Mudd Scripps	W 63-44_
Nov. 29	at Augsburg College*	W 70-57
Dec. 4	at College of St. Benedict*	L52-64_
	at Bethel University*	•
	at Hamline University*	
	at Concordia College*	
	Univ. of St. Thomas*	
	at College of St. Catherine	-
Jan. 10	St. Mary's University*	W 63-53
	at St. Olaf College*	
	at Macalester College*	
	at Gustavus Adolphus*	
	Augsburg College*	
	Concordia College*	
Jan. 24	College of St. Benedict*	L 67-77
Jan. 24 Jan. 27	College of St. Benedict*  Bethel University*	L 67-77 W 71-62
<b>Jan. 24</b> <b>Jan. 27</b> Jan. 31	College of St. Benedict*  Bethel University*  at Univ. of St. Thomas*	<b>L 67-77</b> <b>W 71-62</b> ⊥ 60-63
<b>Jan. 24 Jan. 27</b> Jan. 31 <b>Feb. 3</b>	College of St. Benedict*  Bethel University*  at Univ. of St. Thomas*  College of St. Catherine*	L 67-77 W 71-62 L 60-63 W 75-64
Jan. 24 Jan. 27 Jan. 31 Feb. 3 Feb. 5	College of St. Benedict*  Bethel University*  at Univ. of St. Thomas*  College of St. Catherine*  Hamline University*	L67-77 W 71-62 L 60-63 W 75-64 L 61-69
Jan. 24 Jan. 27 Jan. 31 Feb. 3 Feb. 5	College of St. Benedict* Bethel University* at Univ. of St. Thomas* College of St. Catherine* Hamline University* at St. Mary's University*	L 67-77 W 71-62 L 60-63 W 75-64 L 61-69 L 51-57
Jan. 24 Jan. 27 Jan. 31 Feb. 3 Feb. 5 Feb. 7	College of St. Benedict* Bethel University* at Univ. of St. Thomas* College of St. Catherine* Hamline University* at St. Mary's University* St. Olaf College*	L 67-77 W 71-62 L 60-63 W 75-64 L 61-69 L 51-57 W 75-62
Jan. 24 Jan. 27 Jan. 31 Feb. 3 Feb. 5 Feb. 7 Feb. 10	College of St. Benedict* Bethel University* at Univ. of St. Thomas* College of St. Catherine* Hamline University* at St. Mary's University* St. Olaf College* Macalester College*	L 67-77 W 71-62 L 60-63 W 75-64 L 61-69 L 51-57 W 75-62 W 61-52
Jan. 24 Jan. 27 Jan. 31 Feb. 3 Feb. 5 Feb. 7 Feb. 10 Feb. 14	College of St. Benedict* Bethel University* at Univ. of St. Thomas* College of St. Catherine* Hamline University* at St. Mary's University* St. Olaf College* Macalester College* Gustavus Adolphus*	L 67-77 W 71-62 L 60-63 W 75-64 L 61-69 L 51-57 W 75-62 W 61-52 W 72-59
Jan. 24 Jan. 27 Jan. 31 Feb. 3 Feb. 5 Feb. 7 Feb. 10 Feb. 14 Feb. 17	College of St. Benedict*  Bethel University* at Univ. of St. Thomas* College of St. Catherine* Hamline University* at St. Mary's University* St. Olaf College* Macalester College* Gustavus Adolphus* MIAC Playoff-Quarterfinals	L 67-77 W 71-62 L 60-63 W 75-64 L 61-69 L 51-57 W 75-62 W 61-52 W 72-59
Jan. 24 Jan. 27 Jan. 31 Feb. 3 Feb. 5 Feb. 7 Feb. 10 Feb. 14 Feb. 17	College of St. Benedict*  Bethel University*  at Univ. of St. Thomas*  College of St. Catherine*  Hamline University*  at St. Mary's University*  St. Olaf College*  Macalester College*  Gustavus Adolphus*  MIAC Playoff-Quarterfinals  vs. University of St. Thoma	L 67-77 W 71-62
Jan. 24 Jan. 27 Jan. 31 Feb. 3 Feb. 5 Feb. 7 Feb. 10 Feb. 14 Feb. 17 Feb. 20	College of St. Benedict*  Bethel University*  at Univ. of St. Thomas*  College of St. Catherine*  Hamline University*  at St. Mary's University*  St. Olaf College*  Macalester College*  Gustavus Adolphus*  MIAC Playoff-Quarterfinals  vs. University of St. Thomatics  MIAC Playoff-Semifinals	L 67-77 W 71-62
Jan. 24 Jan. 27 Jan. 31 Feb. 3 Feb. 5 Feb. 7 Feb. 10 Feb. 14 Feb. 17 Feb. 20	College of St. Benedict*  Bethel University*  at Univ. of St. Thomas*  College of St. Catherine*  Hamline University*  at St. Mary's University*  St. Olaf College*  Macalester College*  Gustavus Adolphus*  MIAC Playoff-Quarterfinals  vs. University of St. Thoma	L 67-77 W 71-62

\*indicates MIAC contest Bold indicates home contest All times Central

### 2006-07 Carleton Knights

No.	Name	Yr.	Pos.	Ht.	Hometown/High School
10	Liz Baumgartner	So.	G	5-4	Duluth, Minn./Marshall School
12	Annie Isler	Jr.	G	5-5	Minneapolis/Hopkins
13	Amber Connor	Fy.	G	5-9	Rosemount, Minn./Rosemount
20	Megan Mileusnic	Fy.	F	5-11	Orono, Minn./Orono
22	Anna Biewen	So.	G	5-10	Edina, Minn./Edina
24	Joy Esboldt	Jr.	G	5-6	Willmar, Minn./Willmar
25	Emily Strandmark	Jr.	G	5-8	Madison, Ind./Madison
32	Annie Eckhoff	Fy.	C	6-1	Northfield, Minn./Northfield
34	Hannah Oken-Berg	So.	F/C	6-2	Portland, Ore./Lincoln
50	Sarah Kunelius	So.	F	5-11	Eagan, Minn./Eagan
55	Sarah Lincoln	So.	F	6-0	Rockford Minn /Rockford

Head Coach: Tammy Metcalf-Filzen, 10th season (St. Olaf College/1983)

Assistant Coaches: Andy Jaynes (University of Kansas/1995), Andrea Korb (Carleton College/2006), Lisa Hedden (Carleton College/2001)

**Pronunciation Guide** 

12	Annie Isler	IS-ler
20	Megan Mileusnic	MIH-loos-nik
21	Joy Esboldt	ES-bolt
22	Anna Biewen	AH-nah BEE-win
50	Sarah Kunelius	KUH-neel-yis

### Roster Breakdown

First-Years 3
Sophomores5
Juniors 3
Seniors o
Minnesota9
Indiana 1
Oregon1







Car	leton Starting Line-up	)			
12	Annie Isler	Jr.	G	5-5	7.4 ppg, 3.8 rpg, 3.5 apg 2.4 spg
13	Amber Connor	Fy.	G	5-9	10.7 ppg, 3.8 rpg, 1.2 apg, 44.1 FG%
22	Anna Biewen	So.	F	5-10	6.5 ppg, 2.9 rpg, 1.1 apg
34	Hannah Oken-Berg	So.	C	6-2	15.8 ppg, 7.5 rpg, 1.8 apg, 2.0 bpg
55	Sarah Lincoln	So.	F	6-0	10.7 ppg, 7.9 rpg, 1.8 apg, 1.0 bpg
Key	Reserves				
20	Megan Mileusnic	Fy.	F	5-11	5.5 ppg, 6.0 rpg, 1.5 apg, 48.6 FG%
32	Annie Eckhoff	Fy.	C	6-1	2.6 ppg, 1.4 rpg, 43.5 FG%
50	Sarah Kunelius	So.	F	5-11	5.6 ppg, 2.9 rpg

### **Knight Notes 'n Trends**

- Carleton has qualified for the MIAC Playoffs for the seventh time in the event's seven-year history. Only Carleton, St. Benedict and Gustavus have qualified for every conference tournament.
- Carleton, which has advanced to the MIAC Playoffs title game each of the first six seasons of the event's existence, enters this year's conference tournament as the fourth seed. This is the second time the Knights have been the fourth seed in the tournament.
- St. Benedict leads the all-time series, 41-13, but the series is dead-locked at 10-10 since the 1999-2000 season. Carleton has won four times in its last 10 trips to Claire Lynch Hall.
- Carleton and St. Benedict have met four times in the previous six conference tournaments, the most meetings between any two schools in the MIAC Playoffs' seven-year history.
- Over the last four games, Carleton has averaged 33.5 free-throw attempts per game and is connecting on 76.1 percent of those attempts. They've outscored opponents 102-36 from the free-throw line in that time span. [Forty of those attempts came in the last two minutes of the four games, as the opponent tried to foul the Knights in an attempt to get the ball back and rally for a win.] Carleton made 32-of-40 free throws against St. Olaf on Feb. 10, the second-most made free throws in school history. The Knights followed the St. Olaf contest with a 21-for-29 performance against Macalester, a 29-for-35 against Gustavus and a 20-for-30 night against St. Thomas. For the season, the Knights average 22.7 free-throw attempts per game compared to 13.7 for their foes.
- Carleton shot less than 40 percent from the field for the fourth time this season in its Feb. 14
  win over Macalester. Incidentally, the Knights have won three of those four games, two against
  the Scots.
- Over Carleton's first 16 games opponents shot only 34.0 percent from the floor and the Knights posted an 13-3 record. Over their last 10 games, foes are making 39.2 percent of their shots, including 36.6 percent from three-point range, and the Knights are 6-4 in that stretch.
- For only the fourth time this season, Carleton had fewer turnovers than its opponents when they turned it over 15 times against St. Olaf on Feb. 10, compared to 16 miscues for the Oles. The Knights are 3-1 in those four games.
- Carleton is an astounding 65-8 at home against conference opponents over the last six years and 11-2 in the post-season, including 9-1 in the MIAC Playoffs.
- In the final MIAC statistical rankings, Carleton finished first in rebounding margin (+6.5/game), second in the MIAC in field-goal percentage (44.0%), field-goal percentage defense (36.1%) and blocked shots (4.45 bpg).
- The Knights rank 22nd in Division III in field-goal shooting accuracy (44.3 percent) and 22nd in rebounding margin (+8.2/game). They also rank 48th in blocked shots at 4.2 per game, through games of Feb. 18. Carleton also ranks 19th in least personal fouls per game, committing only 14.1 fouls per game, best in the MIAC.
- Carleton is 4-1 this season in games decided by one point. Two rookies, **Amber Connor** and **Megan Mileusnic**, have provided the game-winning plays in each victory, as Connor made a free throw in the season-opener against Chapman with four seconds left and drilled the game-winning three-pointer with 0.1 seconds left in a Jan. 7 win at St. Catherine. Mileusnic made two free throws with seven seconds left in a Dec. 6 at Bethel and made the game-winning lay-up with two seconds in Monday's win over Concordia.
- Only three times this season has an opponent shot better than 40 percent from the field against the Knights. St. Catherine on Jan. 7, St. Benedict on Jan. 24 and St. Thomas on Jan. 31 bettered the 40-percent mark against the Knights from the field.
- For the season the Knights own a +7.7 rebounding margin, tops in the MIAC, and only twice have opponents out-rebounded the Knights: Claremont-Mudd-Scripps and on Dec. 6 at Bethel.
- Over the last five games Carleton has posted a +10.8 rebounding margin, as they out-boarded Macalester by 20 rebounds on Feb. 14 and Gustavus by 18 rebounds on Feb. 17.
- The Jan. 22 win over Concordia was Carleton's 10th MIÁC win of the season, marking the ninth straight season the Knights have posted double-digit conference wins under head coach Tammy Metcalf-Filzen. Prior to her tenure, Carleton hadn't won more than nine games in MIAC play in 16 seasons. With the Jan. 13 win at St. Olaf, the Knights reached 10 victories for the season, marking the 10th straight time under Metcalf-Filzen the Knights have posted double figures in wins in a season. Prior to her arrival the program won 10 or more games twice in 24 seasons.
- Head coach Tammy Metcalf-Filzen coached her 300th career game in the Dec. 6 win over Bethel
  and coached her 250th game as Carleton's head coach on Dec. 11 against Concordia. She
  recorded her 200th career win with Carleton's Nov. 24 win at Pomona-Pitzer (Calif.). She is the

### 2006-07 MIAC Standings

<u>Team</u>	MIAC	Overall
Saint Benedict -xyz	19-3	20-5
Gustavus -xy	18-4	21-4
Carleton -x	15-7	19-7
Concordia -x	15-7	18-8
St. Thomas -x	14-8	15-11
St. Catherine -x	12-10	15-11
Hamline	11-11	13-12
Bethel	11-11	12-13
St. Olaf	6-16	6-19
Macalester	5-17	7-18
Saint Mary's	5-17	7-18
Augsburg	1-21	1-24
v. clinched MIAC Play	off hid	

x- clinched MIAC Playoff bid

y- clinched MIAC Playoff first-round bye

z - clinched MIAC regular-season title

### **Recent Results**

### Saturday, Feb. 17

St. Catherine, 90, St. Olaf 71 Hamline 68, Macalester 67

### Carleton 72, Gustavus 59

Concordia 70, Saint Mary's 64 St. Thomas 59, Saint Benedict 57 Bethel 85, Augsburg 77

### MIAC Playoff Quarterfinals, Tues., Feb. 20

#3 Concordia 80, #6 St. Catherine 72 #4 Carleton 64, #5 St. Thomas 56

### **Upcoming Contests**

MIAC Playoff Semifinals, Thurs., Feb. 22 #4 Carleton at #1 St. Benedict, 7:30 p.m.

# 3 Concordia at #2 Gustavus, 7:30 p.m.

### MIAC Playoff Finals, Sat., Feb. 24 High Seed Host, 3 p.m.

### Coaching Victories, MIAC Coaches (Active)

Name	Record Y	<u>'ears</u>
Mike Durbin, St. Benedict	472-126	21
Tammy Metcalf-Filzen, Carleton	217-103	12*
Pat Buresh, St. Olaf	197-282	19
Mickey Haller, Gustavus	134-49	7
lessica Rahman, Concordia	79-27	4
I. Herbrechtsmeyer, Bethel	50-75	5
Melissa Young-Kruse, Hamline	33-42	3
Ruth Sinn, St. Thomas	25-26	2
lennifer Britz, Augsburg	12-61	3
Gary Rufsvold, St. Catherine	16-10	1
Ellen Thompson, Macalester	7-18	1^
Shawn Stimmel, St. Mary's	7-18	1

\*includes two seasons at St. Olaf

^Macalester didn't participate in the MIAC her first season

Includes wins as MIAC head coach only Through games of Feb. 20, 2007



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second winningest active coach in MIAC women's basketball in terms of overall victories. Probable Carleton Starter/Key Reserve Notes (updated Feb. 21, 2007)

#12 Annie Isler, Jr., G, 5-5, Minneapolis (Hopkins, Minn. HS); Recorded career-high seven assists in win over Gustavus on Feb. 17... Tallied 13 points and five steals against St. Thomas on Jan. 31... Moved in Carleton's single-season top 10 and is tied for sixth with 62 steals. She is only the ninth Carleton player to notch 50 or more steals in a single season... Over the last 10 games the junior is averaging 9.5 points, 4.7 rebounds, 3.4 assists and 2.0 steals per game and shooting 50 percent from three-point range... Matched career high with 14 points against Bethel on Jan. 27... Finished ranked in the MIAC's top three in assists (3.55 apg, 3rd), free-throw shooting (2nd, 83.0 percent) and steals (3rd, 2.68 spg)... Ranked 57th in the nation in free-throw percentage at 82.3 percent, through games of Feb. 17... Tallied career-high 14 points, going 10-for-12 from the free-throw line, in win over Macalester on Jan. 15... That performance followed a 13-point, five-assist effort against St. Olaf on Jan. 13... Sporting new Nike shoes in honor of Christine Linnerud, Carleton class of 2005. Isler's shoes are white with orange trim, the awareness color for leukemia, which claimed Linnerud on Nov. 9, 2006. The shoes are inscribed with Linnerud's date of passing and have a navy and maize accent, Carleton's school colors. Linnerud was also employed by the Carleton sports information office and took numerous photos of the women's basketball team... Holds school record of 27 consecutive made free throws, set from middle of January to February last season... In only her second season of action after missing first season due to a knee injury suffered in 2004-05 that forced her to miss entire season... Helped Hopkins HS to 2004 Minnesota Class AAAA state title, making her the second known Carleton women's basketball player to win a state title (Bridget Seegers '01, Elkhorn, Wis.)... All-Classic Lake and state tourney all-tourney team senior year... History major.

#13 Amber Connor, Fy., G, 5-9, Rosemount, Minn. (Rosemount HS); Scored in double figures in four of last five games, including 12-point effort against Macalester on Feb. 14... One of only four perimeter players ranked in top 20 in field-goal percentage in MIAC... Nabbed career-high eight rebounds against St. Kate's on Feb. 3... Tallied 16 points in win over Bethel on Jan. 27... Scored in double figures with 14-point effort against Concordia... Featured in Jan. 24 Star Tribune's "10,000 Stories" on memories of her late mother, Glenda, who passed away from cancer this past March... Tallied second 20+-point game, scoring 21 points on 9-for-11 shooting in loss to Gustavus on Jan. 17... Scored in double figures with 12 points against St. Olaf on Jan. 13... Made game-winning three-pointer with 0.1 seconds against St. Catherine on Jan. 7... Tallied career-high 22 points on 9-for-14 shooting against St. Thomas on Jan. 3 and matched career high with six rebounds... Scored 16 points in Dec. 6 win over Bethel, with no turnovers in 36 minutes of action... Started first game of collegiate career against Chapman, making game-winning free throw with four seconds left... Only fifth first-year player to start first collegiate game under head coach Tammy Metcalf-Filzen... Scored 11 points in the win over Panthers... Three-time All-Lake Conference pick and all-state honorable mention senior year... Rosemount Female Athlete of the Year 2005-06... Participant in 2006 Minn. State All-Star Game... Rosemount all-time leading scorer; Scored more than 1,000 points... Five-vear varsity letterwinner.

#22 Anna Biewen, So., F, 5-10, Edina, Minn. (Edina HS); Scored in double figures in three straight games from Feb. 3-10, tallying 11 points against Hamline, 10 at St. Mary's and 10 against St. Olaf, marking longest such streak of career... Tallied 10 points and five rebounds against Gustavus on Feb. 17... Averaging 8.4 points and shooting 50 percent from the field and 73.7 percent from the free-throw line in the last five games... Scored season-high 12 points in win over St. Mary's on Jan. 10... Grabbed season-high seven rebounds against St. Thomas... Scored in double figures in back-to-back games against Hamline (Dec. 9) and Concordia (Dec. 11). It marked the first time in her career she's scored in double figures in consecutive games... Two-time all-conference honorable mention pick at Edina High School... Father, Paul Biewen, coached Gustavus women to 15-6 record in 1980-81... Granddaughter of former Gustavus men's basketball star and former head coach Bob Erdman, who played at Gustavus for Carleton graduate Gus Young.

#34 Hannah Oken-Berg, So., P, 6-2, Portland, Ore. (Lincoln HS); Finished tied fourth in MIAC scoring race (15.9 ppg), fourth in rebounding (7.8 rpg), third in field-goal shooting (55.5%) and second in blocked shots (2.05 bpg)... Passed 700-point mark for her career with 13 points against Macalester... Her 13.5 points-per-game career average ranks fifth on Carleton career list... Notched career-high 30 points on 11-for-14 shooting in Feb. 3 win over St. Catherine. Scored 19 of 30 points in second half and made four straight free throws down the stretch... The 30 points matches the highest individual scoring output in the MIAC this year... Earned MIAC player of the week honor for the first time after averaging 23 points, eight rebounds and shooting 63.3 percent from the floor and 80 percent from the line in Carleton's two games during week of Jan. 29-Feb. 3... Notched fifth double-double of season with 19 points and 10 rebounds in Feb. 5 loss to Hamline... Scored 22 points against Bethel on Jan. 27, marking fifth time she's scored 20 or more points this season... Moved past 100 blocked shots for her career, now at 120 in 54 games. She is Carleton's career leader in the category... Ranks 46th in Division III in blocked shots per game (2.0) and 22nd in field-goal percentage (55.6%) through games of Feb. 18... Matched then season high with 20 points against St. Mary's on Jan. 10, notching fourth 20+ point scoring game of the season... Notched career highs of 13 rebounds and four assists to go with 15 points in Jan. 13 win over Oles, tallying fourth double-double of career and third of the season... Scored in double figures in 14 of 15 games this season... Tallied 14 points and 12 rebounds against Bethel on Dec. 6 while adding three assists... Tallied second career double-double with 20 points and 10 rebounds against Augsburg on Nov. 29... Blocked schoolrecord eight shots in Jan. 4, 2006, loss to Concordia... Her decision to eschew numerous scholarship offers from Division I schools garnered mention in Jan. 4, 2006, Star Tribune column by Patrick Reusse... McDonalds All-American nominee in 2004-05 (one of 22 in Oregon)... Three-time all-city and all-league pick... Earned 12 varsity letters in cross country, basketball and track ... Ranked 11th in state in scoring

#55 Sarah Lincoln, Fy., F, 6-o, Rockford, Minn. (Rockford HS); Named MIAC Player of the Week after averaging 15.0 points and 11.0 rebounds in two games last week, recording a pair of double-doubles... Her 20-point, 12-rebound effort in Feb. 17 win over Gustavus marked career highs in both categories...

# Tammy Metcalf-Filzen (St. Olaf College, 1983)

- Head Coach
- 10th Season
- 217-103 (12th season overall)
- 191-77 (10th season at Carleton)

### Year-by-Year Record

Year	Record	Pct.	MIAC	Pct.	Place
1997-98	11-14	.440	9-13	.409	6th
1998-99	13-12	.520	11-11	.500	6th
1999-00	15-10	.600	13-9	.591	5th
2000-01	22-5	.815	18-3	.857	T2nd
2001-02	24-6	.800	18-4	.818	T3rd
2002-03	25-3	.893	20-2	.909	Tıst
2003-04	25-4	.862	19-3	.864	Tıst
2004-05	19-6	.760	18-2	.900	1st
2005-06	18-10	.643	14-6	.700	4th
2006-07	19-7	.731	15-7	.682	T3rd
TOTALS	191-77	.713	155-60	.721	

### Coaching Ledger

Seasons at Carleton

• Head Coach, 1997 - present

### Coaching Honors

- •MIAC Coach of the Year 2001, 2003, 2004
- •WBCA Region Coach of the Year 2001, 2003, 2004

### More about Metcalf-Filzen

Education

St. Olaf College, 1983

Bachelor's Degree

University of Minnesota, Master's Degree

Professor, Carleton, department of physical education, athletics and recreation

### Family

Husband Dave, sons Zach and Kyle, daughters Taylor, Rikki, Jessie, Kaycee and Shay.

# CARLETON OUICK FACTS Location ... ... ... ... ... ... ... Northfield, MN 55057

Enrollment
Nickname Knights
School Colors Maize & Blue
Conference Minnesota Intercollegiate
President Robert A. Oden, Jr.
Athletic Director Leon Lunder
Arena West Gymnasium
Capacity
BASKETBALL STAFF
Head Coach Tammy Metcalf-Filzen
Record at Carleton (years) 191-77 (10th)
Record Overall (years) 217-103 (12th)
Basketball Office Phone (507)646-4058
Assistant Coaches:

Andy Jaynes (Kansas '95) Lisa Hedden (Carleton '01) Andrea Korb (Carleton, '06)

### CARLETON BASKETBALL HISTORY

First Year of Basketball
All-Time Record
Years in NCAA Tournament 4
Last Appearance
Last NCAA ResultBuena Vista 69, Carleton 61
NCAA Tournament 2nd Round, 2004
MIAC Regular-Season Titles 3 (2003, 2004, 2005)
MIAC Playoff Titles 4 (2001, 2002, 2003, 2004)



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Posted six double-doubles on the year... Returned to line-up on Feb. 10 with eight-point, nine-rebound performance against St. Olaf... Missed losses against Hamline (Feb. 5) and St. Mary's (Feb. 7)... Scored 12 points and added five rebounds in Jan. 31 loss to St. Thomas... Tallied 12 points and eight rebounds in Jan. 22 win over Concordia... Tallied fourth double-double of season with 16-point, 10-rebound effort against Macalester on Jan. 15... Recorded third double-double of season with 15 points and 11 rebounds in win over St. Catherine... Scored season-high 17 points against Concordia on Dec. 11... Scored game-winning basket in Dec. 5, 2005, win over then-#19 St. Benedict... One of only five first-year players to start in collegiate debut under Metcalf-Filzen... Two-time all-state pick for Rockford HS.

#20 Megan Mileusnic, Fy., F, 5-11, Orono, Minn. (Orono HS); Scored career-high 15 points, 11 in the second half, in MIAC Playoff win over St. Thomas on Feb. 20... Averaging 8.4 points, 6.4 rebounds and shooting 62.5 percent from the field in the last five games... Notched eight points, nine rebounds and three assists in second start of the season on Feb. 7 against SMU... Scored career-high 10 points and added seven rebounds and four assists in Feb. 5 loss to Hamline... Grabbed 11 rebounds against St. Thomas on Jan. 31... Made game-winning basket with two seconds left, giving Carleton 58-57 win over Concordia on Jan 22... Hit game-winning free throws with seven seconds left in win over Bethel on Dec. 6... Recorded nine points, 11 rebounds and four assists against St. Catherine on Jan. 7... Two-time all-state honorable mention... 3A All-Star Team; Three-time All-Metro Alliance pick... Father, George Mileusnic, is a 1976 Carleton graduate and older sister Katie is 2004 graduate.

**#24 Joy Esboldt, Jr., F, 5-6, Willmar, Minn. (Willmar HS)**; Appeared in 13 games this season... Her father, Gary Esboldt, coached the St. Olaf men's basketball team from 1981-87... Spanish major with Latin American Studies Concentration.

**#32** Annie Eckhoff, Fy., C, 6-1, Northfield, Minn. (Northfield HS); Tallied career-high eight points on 4-of-5 shooting against St. Catherine on Jan. 6... Appeared in all 26 games... Father, Jeff, was a former assistant men's basketball coach under Guy Kalland... Standout volleyball player for the Knights.

#50 Sarah Kunelius, So., F, 5-11, Eagan, Minn. (Eagan HS); Scored season-high 14 points, going 3-for-5 from field 2-for-4 from three-point range in Feb. 10 win over St. Olaf... Perfect 3-for-3 from three-point range against St. Benedict on Jan. 24... Knocked down a season-high four 3-pointers vs. St. Olaf... Made multiple 3-pointers in 10 of 25 games... Ranked third in three-point percentage in MIAC at 44.4 percent in 2005-06... Set Carleton single-season record for best 3-point percentage in a single season at 47.4 percent (36-of-76) last season... 2004-05 Eagan HS female athlete of the year... Three-time all-conference pick in basketball... All-time scoring leader in basketball at Eagan HS, was 2005 all-state honorable mention... Helped Eagan HS to 2003 large-school volleyball state title, earning all-state honorable mention... Starter for Carleton's

### **Scouting St. Benedict**

Statistical Comparison												
		Opp.		Opp.		Орр.				Opp.		
Team	Pts.	Pts.	FG%	FG%	3-pt.	FG%3-pt	FG%FT%Reb.	Marg.	TO	TO	Ast.	Stl.
Carleton	64.5	59.7	44.1	36.0	30.5	30.7	69.8	+8.2	19.2	14.9	12.2	6.9
CSB	67.8	51.5	41.5	36.1	35.6	28.0	65.6	0.0	13.4	22.0	14.7	12.0

### **Scouting the Blazers**

With no player ranked on the MIAC's top 20 scoring chart and the fact that St. Benedict lost All-American Anna Heikenen to graduation last May, starting point guard Kate Kempe to injury midway through the season and senior wing Jen Dahled for three weeks to injury, one would figure that St. Benedict failed to repeat as MIAC champions.

That assumption would be wrong, as the Blazers used one of their most balanced attacks in recent memories and had young players and unproven veterans step up and produce their 10th MIAC title and fifth in the last six seasons.

No one player averages in double figures for the Blazers, but senior center Ellie Boone leads the team in scoring (9.8 points per game) and rebounding (5.9 rebounds per game). Senior sharpshooter Darby Noreen is second on the squad in scoring (9.3 ppg) and led the MIAC in three-point percentage (45.5%) and three-pointer made (2.32/game). Rookie Mindy Schmidt gives the Blazers a nice scoring punch off the bench at 8.8 points per game, while any number of the other six players in head coach Mike Durbin's rotation is capable of carrying the Blazers on the offensive end for a stretch.

The Blazers' forte is the three-point shot on offense and forcing turnovers on defense. They led the league with 169 three-pointers made this season and a +8.18 turnover margin. But an interesting theme runs through the Blazers' three MIAC losses. Those teams were able to contain CSB's shooting from inside the arc. In their 19 conference wins, they shot 45 percent on two-point shots, compared to 38 percent in their losses. The three-point shooting in those losses were

not statistically different -32 percent in the losses with 7.1 made per game, and 37 percent in the wins with 7.7 made per game.

### **Previous Meetings**

at St. Benedict: (W), Carleton 65, St. Thomas 47
Hannah Oken-Berg scored 18 points, grabbed
seven rebounds and blocked three shots but 18
Carleton turnovers led to 18 St. Benedict points as

the host Blazers beat the Knights, 64-52.

Sarah Lincoln added 11 points and eight boards for Carleton. No other player for Carleton could get on track offensively, as the other seven Knights that saw

action were a combined 8-for-27.
Ellie Boone paced the Blazers with 16 points and len Dalhed added 11.

### at Carleton: (L), St. Benedict 77, Carleton 67

Hannah Oken-Berg scored 14 points, grabbed seven rebounds and added three assists and Annie Isler tallied 12 points, six rebounds and four assists, but St. Benedict knocked down 11-0f-21 from three-point range in beating Carleton, 77-67.

Mackenzie O'Neill netted 6-of-7 from three-point range in scoring a game-high 20 points and Ellie Boone added 14 points and six rebounds for the Blazers.

The Knights shot 48 percent from the field and out-rebounded the Blazers, 33-22, but St. Benedict canned 54 percent of its shots in winning for only the third time in its last nine trips to West Gym.

### Among the 2006-07 MIAC Leaders

Stats as of Feb. 17, 2007 games Rankings use MIAC GAMES ONLY-FINAL

Category	Player MIAC Rank
Scoring:	15.9 ppg by Hannah Oken-Berg .T4th
	11.1 ppg by Amber Connor16th
	10.9 ppg by Sarah Lincoln 17th
Rebounding:	7.9 by Sarah Lincoln 3rd
	7.8 by Hannah Oken-Berg 4th
	5.8 by Megan MileusnicT16th
FG Percentage:	.555 by Hannah Oken-Berg 3rd
	.486 by Sarah Lincoln9th
	.451 by Amber Connor14th
Assists	3.55 by Annie Isler 3rd
FT Percentage:	.830 by Annie Isler 2nd
	.783 by Amber Connor 5th
Steals	2.68 by Annie Isler 3rd
3-pt. FG Made	1.09 by Sarah Kunelius T15th
Blocked Shots:	2.05 bpg by Hannah Oken-Berg 2nd
	1.20 by Sarah Lincoln 5th
Assist/TO ratio	1.26 by Annie Isler4th
Offensive Reb.:	2.50 by Megan MileusnicT4th
Defensive Reb.:	6.30 by Sarah Lincoln 3rd
	5.91 by Hannah Oken-Berg 4th

### TEAM

Category	Statistic MIAC Rank
Scoring Offense	64.9 ppg 5th
Scoring Defense	60.84th
Scoring Margin	+4.1 6th
FT Percentage	.6965th
FG Percentage	.4402nd
FG Pct. Defense	.3612nd
3-pt FG Pct.	.3096th
3-pt FG Pct. Def.	.3189th
Reb. Margin	+7.71st
Blocked Shots	4.45 bpg 2nd
Assists	12.14 apg 8th
Turnover Margin	-4.231oth
Ast/TO Ratio	o.647th
3-pt FG Made	3.14/game11th

### Single Season Steals

- 1. 80 Linnea Engel 2003-04
- 2. 77 Katherine Frewing 1991-92
- T3. 71 Anna Bandick 1986-87 71 - Linnea Engel - 2002-03
- 6. 64 Diane Palkert 1986-87
- 6. 62 Anna Bandick 1989-90
  - 62 Annie Isler 2006-07
- 8. 58 Linnea Engel 2001-02
- T9. 52 Anna Bandick 1987-88
  - 52 Corrie Martin 1984-85
- T11. 51 Susan Sand 1990-91
  - 51 Rukaiyah Adams 1994-95
  - 51 Sara Tompkins 1998-99
  - 51 Linnea Engel 2000-01

### Single Season Steals Average

- 1. 3.5 Katherine Frewing (22 games) 1991-92
- 2. 3.0 Anna Bandick (24 games) 1986-87
- 3. 2.8 Diane Palkert (23 games) 1986-87
- 2.6 Heidi Maron (18 games) 1993-94
   2.4 Annie Isler (25 games) 2006-07



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MISCELLANEOUS 2006-07 STATISTICS	
Games as leading scorer	Season/Career
Anna Biewen	
Amber Connor	
Sarah Kunelius	
Sarah Lincoln	
Megan Mileusnic	
Hannah Oken-Berg	
Games as leading rebounder	Season/Career
Sarah Lincoln	
Megan Mileusnic	
Hannah Oken-Berg	
Games as leading in assists	Season/Career
Anna Biewen	
Amber Connor	
Annie Eckhoff	1/1
Joy Esboldt	
Annie Isler	
Sarah Kunelius	
Sarah Lincoln	
Megan Mileusnic	
Hannah Oken-Berg	
Double-Doubles (not including triple-doubles) Sarah Lincoln	Season/Career
Sarah Lincoln	
Hannah Oken-Berg	
Double-figure scoring games	C
Liz Baumgartner	Season/Career 
Liz Baumgartner	Season/Career 0/1 7/12
Liz Baumgartner	Season/Career 0/1 7/12 11/11
Liz Baumgartner Anna Biewen Amber Connor Annie Isler	Season/Career
Liz Baumgartner Anna Biewen Amber Connor Annie Isler Sarah Kunelius	Season/Career
Liz Baumgartner Anna Biewen Amber Connor Annie Isler Sarah Kunelius Sarah Lincoln	Season/Career
Liz Baumgartner Anna Biewen Amber Connor Annie Isler Sarah Kunelius Sarah Lincoln Megan Mileusnic	Season/Career
Liz Baumgartner Anna Biewen Amber Connor Annie Isler Sarah Kunelius Sarah Lincoln Megan Mileusnic Hannah Oken-Berg	Season/Career
Liz Baumgartner Anna Biewen Amber Connor Annie Isler Sarah Kunelius Sarah Lincoln Megan Mileusnic Hannah Oken-Berg	Season/Career
Liz Baumgartner Anna Biewen Amber Connor Annie Isler Sarah Kunelius Sarah Lincoln Megan Mileusnic Hannah Oken-Berg 20-point games Anna Biewen	Season/Career
Liz Baumgartner Anna Biewen Amber Connor Annie Isler Sarah Kunelius Sarah Lincoln Megan Mileusnic Hannah Oken-Berg 20-point games Anna Biewen Amber Connor	Season/Career
Liz Baumgartner Anna Biewen Amber Connor Annie Isler Sarah Kunelius Sarah Lincoln Megan Mileusnic Hannah Oken-Berg 20-point games Anna Biewen Amber Connor Sarah Lincoln	Season/Career
Liz Baumgartner Anna Biewen Amber Connor Annie Isler Sarah Kunelius Sarah Lincoln Megan Mileusnic Hannah Oken-Berg 20-point games Anna Biewen Amber Connor Sarah Lincoln Hannah Oken-Berg	Season/Career
Liz Baumgartner Anna Biewen Amber Connor Annie Isler Sarah Kunelius Sarah Lincoln Megan Mileusnic Hannah Oken-Berg 20-point games Anna Biewen Amber Connor Sarah Lincoln Hannah Oken-Berg	Season/Career
Liz Baumgartner Anna Biewen Amber Connor Annie Isler Sarah Kunelius Sarah Lincoln Megan Mileusnic Hannah Oken-Berg 20-point games Anna Biewen Amber Connor Sarah Lincoln Hannah Oken-Berg 10-rebound games Anna Biewen	Season/Career
Liz Baumgartner Anna Biewen Amber Connor Annie Isler Sarah Kunelius Sarah Lincoln Megan Mileusnic Hannah Oken-Berg 20-point games Anna Biewen Amber Connor Sarah Lincoln Hannah Oken-Berg 10-rebound games Anna Biewen Hannah Oken-Berg Hannah Oken-Berg	Season/Career
Liz Baumgartner Anna Biewen Amber Connor Annie Isler Sarah Kunelius Sarah Lincoln Megan Mileusnic Hannah Oken-Berg 20-point games Anna Biewen Amber Connor Sarah Lincoln Hannah Oken-Berg 10-rebound games Anna Biewen	Season/Career

CARLETON 5 RECORD WHEN
Home
Away
Neutral
Carleton leads at the half
Carleton trails at the half
Tied at the half
Overtime
Carleton shoots 50 percent or better from the floor
Carleton shoots 40-49.9 percent from the floor
Carleton shoots less than 40 percent from the floor $\ \dots $
Opponent shoots 50 percent or better from the floor $             0-1$
Opponent shoots 40-49.9 percent from the floor
Opponent shoots less than 40 percent from the floor 16-5
Carleton has more rebounds
Opponent has more rebounds
Teams have same number of rebounds
Carleton commits more turnovers $\ \dots $
Opponent commits more turnovers
Teams have equal turnovers
Carleton scores 70 or more points
Carleton scores less than 70 points
Opponent scores 70 or more points
Opponent scores less than 70 points
Carleton scores 60 or more points
Carleton scores less than 60 points
Opponent scores more than 60 points $\dots \dots \dots$
Opponent scores less than 60 points

SARAH LINCOLN

## INDIVIDUAL PLAYER SEASON/CAREER HIGHS IOY ESBOLDT

	LIZ BAUMGARTNER	_
Points:	4 at St. Mary's, 2/7/07	
	10 at UW-Eau Claire, 12/13/05	
Rebounds:	1 vs. St. Thomas, 1/3/07	
	2 at Macalester, 11/22/05	
Assists:	1 vs. St. Thomas, 1/3/07	
	1, on three occasions	
	ANNA BIEWEN	
Points:	12 vs. St. Mary's, 1/10/07	
	21 vs. Bethel, 1/18/06	
Rebounds:	7 vs. St. Thomas, 1/3/07	
	10 vs. Augsburg, 1/30/06	
Assists:	3 vs. Augsburg, 1/20/07	
	3 at Concordia, 2/4/06	
	AMBER CONNOR	
Points:	22 vs. St. Thomas, 1/3/07	
Rebounds:	8 vs. St. Kate's, 2/3/07	
Assists:	4, at Claremont-M.S., 11/25/06	
	4 at Augsburg, 11/29/06	
	4 at Hamline, 12/9/06	
	ANNIE ECKHOFF	
Points:	8 at St. Catherine, 1/06/07	

Rebounds: 5 at Gustavus, 1/17/07

Assists: 4, at Chapman, 11/22/06

Points:	5, at Claremont-M.S., 11/25/06	
Rebounds:	1 on four occasions	
	2 vs. Augsburg, 1/31/05	
Assists:	2, at Claremont-M.S., 11/25/06	
	2, on two occasions	
	ANNIE ISLER	
Points:	14 at Macalester, 1/15/07	
Rebounds:	7 vs. St. Catherine, 2/3/07	
	8 at Augsburg, 12/7/05	
Assists:	7 vs. Gustavus, 2/17/09	
Steals:	6 vs. Augsburg, 1/20/07	
	6 at St. Olaf, 1/14/06	
	6 at St. Thomas, 1/31/07 SARAH KUNELIUS	
Points:	14 vs. St. Olaf, 2/10/07 18 at St. Benedict, 2/22/06	
Rebounds:	7 at Hamline, 12/9/06	
Assists:	ts: 2 on two occasions	
	3 on two occasions	
3-pointers:	4 at St. Olaf, 1/13/07	
	6 at St. Benedict, 2/22/06	

Listings are season-highs first, followed by career

Only one list in a category indicates season and

career high are equal

ts: ounds: sts:	5, at Claremont-M.S., 11/25/06 1 on four occasions 2 vs. Augsburg, 1/31/05 2, at Claremont-M.S., 11/25/06 2, on two occasions	Points: Rebounds: Assists: Blocks:	20 vs. Gustavus, 2/17/09 12 vs. Gustavus, 2/17/09 5 at Augsburg, 11/29/06 5 at Bethel, 12/6/06 5 at Macalester, 1/15/07 4 at Hamline, 12/9/06
	ANNIE ISLER		MEGAN MILEUSNIC
ts:	14 at Macalester, 1/15/07	Points:	15 vs. St. Thomas, 2/20/07
unds:	7 vs. St. Catherine, 2/3/07	Rebounds:	11 at St. Catherine, 1/06/07
	8 at Augsburg, 12/7/05	Assists:	4 at Bethel, 12/6/06
sts:	7 vs. Gustavus, 2/17/09		4 vs. Hamline, 2/4/07
ls: ts:	6 vs. Augsburg, 1/20/07 6 at St. Olaf, 1/14/06 6 at St. Thomas, 1/31/07 SARAH KUNELIUS 14 vs. St. Olaf, 2/10/07	Points: Rebounds: Assists:	HANNAH OKEN-BERG  30 vs. St. Catherine, 2/3/07  13 at St. Olaf, 1/13/07  4 at St. Olaf, 1/13/07  4 at St. Mary's, 2/7/07
ounds: sts: inters:	18 at St. Benedict, 2/22/06 7 at Hamline, 12/9/06 2 on two occasions 3 on two occasions 4 at St. Olaf, 1/13/07 6 at St. Benedict, 2/22/06	Blocks: #denotes so	5 at Augsburg, 11/29/06 5 at Hamline, 12/9/06 5 vs. St. Thomas, 1/3/07 8 vs. Concordia-Moorhead, 1/4/06# chool record





### CARLETON IN THE POSTSEASON

### 2000-01

MIAC Playoff Semifinals, Feb. 21, Northfield, Minn.:

Carleton 85, St. Benedict 75 (OT)

MIAC Playoff Finals, Feb. 24, St. Paul, Minn.:

Carleton 61, St. Thomas 58

NCAA Tournament First Round, Feb. 28, Lincoln, Neb.

Nebraska Wesleyan 73, Carleton 51

### 2001-02

MIAC Playoff First Round, Feb. 18, 2002, Northfield, Minn.:

Carleton 71, St. Olaf 48

MIAC Playoff Semifinal, Feb. 20, 2002, St. Paul, Minn.:

Carleton 71, St. Thomas 62

MIAC Playoff Finals, Feb. 23, 2002, St. Joseph, Minn.

Carleton 79, St. Benedict 63

NCAA Tournament First Round, Feb. 27, 2002, Northfield, Minn.

Carleton 71, Wartburg (Iowa) 61

NCAA Tournament Second Round, March 2, 2002, Orange, Calif.

Chapman (Calif.) 87, Carleton 74

### 2002-03

MIAC Playoffs, Semifinal, Feb. 26, 2003, Northfield Minn.

Carleton 68, St. Thomas 48

MIAC Playoffs, Finals, March 1, 2003, Northfield, Minn.

Carleton 65, Gustavus 54

NCAA Tournament, Second Round, March 8, 2003, Northfield, Minn.

St. Norbert (Wis.) 60, Carleton 47

### 2003-04

MIAC Playoffs, Semifinal, Feb. 25, 2004, Northfield Minn.

Carleton 55, Gustavus Adolphus 52

MIAC Playoffs, Finals, Feb. 28, 2004, Northfield, Minn.

Carleton 62, Concordia-Moorhead 40

NCAA Tournament First Round, March 3, 2004, Northfield, Minn.

Carleton 58, Lakeland (Wis.) 42

NCAA Tournament Second Round, March 6, 2004, Storm Lake, Iowa

Buena Vista (Iowa) 69, Carleton 61

### 2004-05

MIAC Playoffs, Semifinal, Feb. 23, 2005, Northfield, Minn.

Carleton 67. St. Mary's 51

MIAC Playoffs, Finals, Feb. 26, 2005, Northfield, Minn.

St. Benedict 77, Carleton 74

### 2005-06

MIAC Playoffs, Quarterfinals, Feb. 20, 2006, Northfield, Minn.

Carleton 69, Hamline 62

MIAC Playoffs, Semifinals, Feb. 22, 2006, St. Joseph, Minn.

Carleton 74, St. Benedict 73 OT

MIAC Playoffs, Finals, Feb. 25, 2006, Moorhead, Minn.

Concordia 65, Carleton 56

### 2006-07

MIAC Playoffs, Quarterfinals, Feb. 20, 2007, Northfield, Minn. Carleton 64, St. Thomas 56

**All-Time Record:** 15-6 (13-2 MIAC Playoffs, 2-4 NCAA Tournament)

Home: 11-2 (9-1 MIAC, 2-1 NCAA); Road: 4-4 (4-1 MIAC, 0-3 NCAA)