Division of Student Life
November 2015

Dean of Students Office * Gender and Sexuality Center * TRiO/SSS * Career Center
Academic Support Center * Dacie Moses
STUDENT LIFE
Student Activities Office * Residential Life
Office of Intercultural and International Life * Student Health and Counseling * Disability Services
CARLETON COLLEGE
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A Message from Dean Carolyn H. Livingston

Dear Colleagues,

Happy eighth week! I write to share with you three key initiatives sponsored by the Division of Student Life. One of them is currently underway, while the other two will begin in winter term.

Last week Marielle Foster (CSA president) and I asked students Thomas Huira and Abhimanyu Lele, along with Chaplain Carolyn Fure-Slocum, to chair a working group composed of students, faculty, and staff to discuss the possibility of creating a bias incident response team (BIRT) at Carleton. I am asking the group, if it decides to move forward, to draft a document that (1) articulates how a BIRT could help the Carleton community, (2) defines "bias incident," and (3) addresses additional questions, as well. The group will submit its recommendations by the end of winter term.

A second working group will provide recommendations on how to expand awareness and provide training for students on how we treat and react to one another, and how we have difficult discussion. This awareness and training is a priority for the College, and the group will submit its recommendations by the end of spring term.

Finally, a third working group will provide recommendations on how to enhance programs and services for low income and first generation students. I have learned that some students feel they cannot fully realize the Carleton experience and believe we can and should do even more for low income and first generation students. This working group will submit its recommendations by the end of spring term.

If you are interested in working with either of the latter two working groups, please let me know. All the best for a great November.

Carolyn

What's Coming Up

A brief selection of Student Life events...

Liberation Shows Up! By Kay Barrett—11/2 at 5 p.m. in Weitz 236

Live at Sayles with Ashley DuBose—11/5 at 12 p.m. in Sayles Great Space

Native American Convocation: Tad Johnson—11/6 (sponsored by OIIL)

National Trans Day of Remembrance Vigil—11/20 in the Chapel

Halls and Houses Close—11/24 at 2 p.m.

Chili Night Sponsored by OIIL

"Green Cookies, Anyone?"

In an effort to help students come together and de-stress when the end of the term is nigh, Student Life units offer much-needed opportunities for respite. Julia Uleberg, Dacie Moses House Coordinator, explains, "At Dacie's we play games, hang out, bake (the more stress students are experiencing, the odder the cookie…). Students have tea, sit on the porch and talk." She continues, "Dacie's is a space where they can feel like they can get away from class pressures and high expectations. When they are here, they are encouraged to be just who they are." In a similar vein, the Student Activities Office stocks coloring books, brain teasers, and puzzles to give students a mental break from studying.

If previous terms are any indication, students will swarm 4th Libe on November 19 for an afternoon bagel study break sponsored by the Student Activities Programming Board and the Library. Later that night, students can unwind at Stimson House, where OIIL will host a study break with wings, chips and dips, and a snack platter.

The night before finals, staff from Student Life will host another student favorite, Late Night Breakfast, where students can enjoy flapjacks from 10-11 p.m. Kate Spurgeon, Senior Assistant to the VP/Dean Carolyn H. Livingston, says, "A favorite of LNB is the trinket bin (during the day this is the salad bar) sponsored by the Dean of Students Office, where students find a variety of items, from a flashing ring to a tic-tac-toe game!"

Department Updates

Academic Support Center: Since the start of fall term, the Writing Center has had 467 appointments, and the Math Skills Center has recorded 1,194 sign-ins. Consultants offering one-to-one support for multilingual writers have logged 135 hours of tutoring on everything from A&I seminar papers to comps to applications for internships and graduate school. Kathy Evertz and Renata Fitzpatrick, along with Nora Katz '16 and Zara Pylvainen '17, led a workshop on "Affect in the Writing Center" at the International Writing Centers Association conference in Pittsburgh.

Alcohol & Other Drug Prevention: The Carleton Coalition on Alcohol & Marijuana (CCAM) has just completed an extensive data analysis and prioritization process. The purpose was to identify specific variables from numerous data sources (College Student Health Survey, All-Campus Student Survey, etc.) that are meaningful to our community with regard to alcohol and marijuana, and are ones that we care about as a community and have the capacity to affect over the next four years of the grant. In November, CCAM will identify high-risk populations by using a combination of our data and 3-5 focus groups that Wilder Research conducted during October.

Career Center: The Externship Program broke all records again this year with 662 applications from 319 unique students for December externships. (Students can apply to up to three different externships.) Externship hosts were in charge of the selection process, which wrapped up October 30. Dozens of externs will be stopping by the Career Center to receive guidance in looking for housing, applying for financial travel assistance, and completing the required forms.

Dacie Moses: We had a great Family Weekend, with a constant flow of parents and students visiting the house and looking for cookies. We hosted two parent food-tour groups, cooked curry on Saturday afternoon with Brinda Deva, and served brunch to 70 parents, students, family members, and community visitors. The curry brunch was excellent!

Disability Services: The Accessibility Awareness Committee met in late October. Information about the committee may be found at https://apps.carleton.edu/governance/accessibility/.

Gender & Sexuality Center (GSC): We trained 30 additional students in the Green Dot Bystander Intervention Program on Monday of mid-term break and are excited to continue this program in winter and spring. If you have students you would like to nominate for this program, please send names to Tegra (tstraight). We will be hosting a variety of events in November in recognition of Trans Month of Awareness.

Intercultural & International Life (OIIL): We sponsored the Latino Heritage Month Convocation with Anabel Hernandez, which was well received by students. We also experienced our biggest turn-out ever for our Peer Leader & Mentee Bowling Night: 85 students! International Education Week took place October 19-23 and included such events as Chili Night, IEW Dinner, and Slam Poetry & Storytelling Night.

Residential Life: Five staff members attended the UMR-ACUHO (Upper Midwest Region-Association of College and University Housing Officers) professional conference in La Crosse, Wisconsin. Amy Sillanpa gave a presentation, "Using Restorative Practices on College Campuses." After fall term, 132 students will move off campus for OCS or a leave of absence, and approximately 207 students will return to campus for winter term.

Student Activities Office (SAO): In October we saw "To Kill a Mockingbird" at the Guthrie Theater, rode rollercoasters at ValleyScare, and visited a farmer's market in Minneapolis. The "Live at Sayles" series showcased Carleton's own student cello players in the student organization Just Cellin'. Halloween activities this year included a live performance from Minneapolis soul band Sonny Knight & The Lakers, followed by a dance.

Student Health & Counseling (SHAC): Last month we launched a new service that helps students determine if they or someone they care about may need to see a medical provider or mental health counselor. It's an anonymous, online mental health screening designed to assess a variety of common mental health concerns, including depression, anxiety, bipolar, eating disorders, alcohol use disorders, and post-traumatic stress disorder. These screenings are not meant to result in a diagnosis. Rather, they offer education and guidance about possible next steps. Students can visit go.carleton.edu/SHACscreening, choose the concern that is most applicable, and answer the questions. They immediately get results, which are completely anonymous and not shared with anyone else. In addition, the service provides articles and information about the mental health themes mentioned above.

TRIO: We are excited to announce that Trey Williams has been named the new Director of TRIO and will join Carleton on November 9. We hosted an open house during Family Weekend to meet the significant people in our students' lives. We also hosted a community-building event for TRIO students who did not have family members in town that weekend.

Peer Leader Spotlight—Kifaya Taha

My position as an Student Career Assistant (SCA) has been a wonderful learning experience. Being in this peer leader position has influenced me to be on top of my own career development; this means making sure my professional documents/presence/network are up to par. It is also very convenient to be able to have direct access to a multitude of resources, including the career advisors whom I work with every day. I have learned a lot about my leadership qualities and that I thrive best in a collaborative setting in which I am able to reach out to my co-workers when necessary, and where bouncing ideas off of each other is encouraged and appreciated.

The Career Center has definitely been a great addition to my Carleton experience. They have instilled in me the importance of preparing for life after Carleton, and that it is never too early to start. Whatever path I choose to take after my college career, I am confident that I will have the knowledge and skills to do so. Students—don't hesitate to venture all the way to basement of Sayles and explore what the Career Center is all about.

Staff Highlight: Kari Scheurer

"I have thoroughly enjoyed every moment," exclaims Kari Scheurer, Administrative Assistant/Project Specialist in Residential Life, who has been at Carleton a little more than 7 years. Before joining Carleton, she held a variety of positions, from general manager for a fast-food chain to ATM area supervisor for US Bank.

Her decision to apply to Carleton was fueled by her desire to be more accessible to her children, who now number 6, ranging from 5 months to 15 years old. She's even found time to serve as a host mom to a Carleton senior from China. Kari explains, "We have been able to include her in many family activities over the years. Just being available to her when her family is so far away is such a neat opportunity." Kari loves to travel. She's also a devoted Minnesota Wild fan and plans to be a season ticket holder someday.

Kari loves being a part of the Carleton community. She explains, "During my first visit to Carleton, I knew this was the place for me because everyone was so cordial. Coming from the corporate world, you don't always get that, and you definitely don't get so many colleagues content in their positions." There's never a dull moment in her job, and she wouldn't have it any other way. She says, "There are so many fun projects I get to work on that keep things exciting and busy. I love being busy!"

End of Term Transportation

Ana Sontag, Associate Director of SAO

As the term comes to an end, many students may be looking for ways to get to the airport to return home for winter break. Here are some of the options:

Northfield Lines/Metro Express Shuttle
Provides shuttles to MSP airport multiple times each day. A one-way trip is $14. Reservations can be made online at www.northfieldlines.com.

EcoTrans
Offers an airport shuttle leaving Northfield multiple times per day. Rates depend on the number of passengers. Reservations can be made by phone or online at www.goecotrans.com.

First Choice Shuttle
Provides door-to-door service to the airport. This taxi service does not have a set timetable for leaving Northfield each day. Visit www.youarriveontime.com for more information.

Find a Friend!
Many students live in the Minneapolis/St. Paul area. Find a friend who is traveling home for break and catch a ride.

Community Concern Forms (CCFs)	11-12	12-13	13-14	14-15
Total CCFs	104	88	165	237
Sexual in Nature	51	35	55	85
General Concern	53	53	110	152

Title IX

Julie Thornton, Associate Dean of Students

Implemented in 2010, after a review of the student complaint process regarding incidents of sexual misconduct, the "community concern form" was created to allow students, faculty and staff to report concerning behavior that was sexual in nature. The goal was to ensure that the College is both aware of and responsive to concerns. After 2010, the form grew in popularity, with Carls reporting concerning behavior that wasn't only sexual in nature. Last academic year, Carleton students, staff, and faculty submitted 237 forms.

The Dean of Students Office responds to all reports related to students' behavior. If a report is sexual in nature, Julie Thornton, Title IX Coordinator, responds to the reporter to collect additional information and determine logical next steps. Her primary role is to connect affected students to support resources and to ensure that our campus remains safe. If a report is not sexual in nature, Associate Dean of Students Cathy Carlson gathers information from the reporting person and determines how best to support the affected student(s). Community concern forms are available at https://apps.carleton.edu/dos/sexual_misconduct/get_help/reporting/ccf/.