Changing Tides of History
Cruising the Baltic Sea

Denmark • Poland • Estonia • St. Petersburg • Finland • Sweden

Featuring Guest Speakers

Lech Wałęsa
Former President of Poland

and

Sergei Khrushchev
Son of Nikita Khrushchev

June 15 to 24, 2016
Dear Carleton College Alumni and Friends:

You are invited to travel during the “White Nights” of June with Carleton professor David Tompkins and a team of lecturers exploring six Baltic countries and seven UNESCO World Heritage sites. Cruise from Copenhagen to Stockholm aboard the exclusively chartered, five-star M.S. Le Boreal, which features only 110 deluxe suites and staterooms, providing all the luxury and sophistication of a fine hotel.

Immerse yourself in the historic epicenter of the Solidarity movement in Gdansk, Poland; enjoy the well-preserved medieval Old Town of Tallinn, Estonia; spend two days docked in the heart of regal St. Petersburg; discover the stunning architecture of Helsinki, Finland; and tour the Hanseatic League town of Visby on Sweden’s Gotland Island. A pre-cruise extension in Norway and Copenhagen and a post-cruise extension in Stockholm are also available.

Your hosts are David Tompkins, Associate Professor of History and the Director of the European Studies Program at Carleton College, and his wife, artist Avigail Manneberg. Special guest lecturers are Nobel Peace Prize Laureate and former President of Poland Lech Walesa and Sergei Khrushchev, a noted author, award-winning scholar, and son of Soviet Premier Nikita Khrushchev. Also accompanying this program will be Smithsonian Journeys expert Charlie Ingrao, Professor of History at Purdue University; and Linda Gerstein, Professor of History at Haverford College. Through a series of lectures and informal discussions aboard ship they and other speakers will help enhance and inform your travel experiences.

This unique Baltic Sea voyage is scheduled during the best time of year—when extended sunlight lengthens the early summer days—and features five-star accommodations; an included, specially arranged shore excursion in each port; and all meals. Capacity is limited, and this popular program is co-sponsored by other organizations (and tends to sell out quickly), so I encourage you to contact Alumni Adventures today at (800) 811-7244 or carleton@studytours.org to reserve your space on this special voyage.

Sincerely,

Robert D. Smulian, Class of '78
President, Carleton College Alumni Association

For more information on other Alumni Adventures, please visit go.carleton.edu/adventures.

Faculty Leader
David Tompkins is an Associate Professor of History and the Director of the European Studies Program at Carleton College, where he teaches a broad range of courses on European history. In his own research, he specializes in the culture and societies of Eastern Europe. David has lived for extended periods in East-Central Europe, including in Berlin, Warsaw, Krakow, and Moscow, and travels there regularly. He has led three previous alumni tours to Eastern Europe and looks forward to sharing this Baltic Sea voyage with our group. Some of the topics David expects to address during the program include the rise and fall of Communism in the area; and the culture, history, and politics of Poland and Russia/USSR.

David’s wife, Avigail Mannenberg, is an artist who is active in many media and has exhibited around the globe. Since 2012, she has been teaching courses at the University of Minnesota on painting, drawing, and digital media. During our cruise, Avi may offer workshops on pencil- and chalk sketching, watercolor and oil pastels painting, and/or photography.
U.S.  
Wednesday, June 15  
Depart the U.S.

Copenhagen, Denmark  
Thursday, June 16  
Arrive in Copenhagen, the cosmopolitan and lively Danish capital, and embark the Five-Star M.S. LE BOREAL.

Visby, Gotland Island, Sweden  
Friday, June 17  
Call at the Baltic island of Gotland, rich in Swedish history with abundant ancient sites and more than 100 medieval churches. The marvelous Old Town of Visby, the former Baltic center of the Hanseatic League, is a UNESCO World Heritage site and arguably the best preserved medieval city in Scandinavia. On the walking tour of this “city of roses,” see the 13th-century walls, the original medieval gates, towers and stone warehouses. Tour the iconic Cathedral of St. Mary—the only one of Visby’s Gothic churches not in ruins today—and the Gotlands Historical Museum. Enjoy time at leisure before returning to the ship. This evening, attend the Captain’s Welcome Reception.

Gdańsk, Poland/Lech Wałęsa  
Saturday, June 18  
Once a flourishing Hanseatic League port, today Gdaňsk showcases its glorious architectural heritage in the meticulously restored, elegant patrician mansions featuring late Renaissance and Baroque façades in the Stare Miasto (Old Town). Stroll along the pedestrian-only Droga Królewska (the Royal Route) to see the iconic Neptune’s Fountain and visit the 14th-century Artus Court, a Gothic guildhall inspired by the ideals of Britain’s legendary King Arthur; it now houses a fascinating collection of Polish artifacts.

In 1980, workers led by Lech Wałęsa founded the Solidarity movement, the first independent trade union in Eastern Europe and the key factor in winning the Polish struggle against Communism. Visit the historic Lenin Shipyard, where the movement began, and its Monument to the Fallen Shipyard Workers. Enjoy time to explore Gdaňsk’s lovely Old Town at your own pace.

By special arrangement, meet the leader of the Solidarity movement, former President of Poland and Nobel Peace Prize Laureate Lech Wałęsa, on board the ship this evening. Mr. Wałęsa will discuss his perspective on Solidarity, globalization and progress in the region, with time for questions and answers.

Cruising the Baltic Sea  
Sunday, June 19  
Spend the day at leisure cruising the Baltic Sea while enjoying a series of enriching lectures.

Cover photo: Spanning 14 small islands where shimmering Lake Mälaren meets one of the largest archipelagos in the Baltic Sea, Stockholm balances medieval and Renaissance architecture with modern urban design.

Photo this page: Peter the Great himself partially engineered the resplendent plexus of waterfalls, fountains and statues that front the sumptuous Grand Palace at Petrodvorets, outside of St. Petersburg.
Tallinn, Estonia
Monday, June 20
Having largely escaped the ravages of World War II, Tallinn’s Old Town, now a UNESCO World Heritage site, has remained virtually unchanged for 600 years. During the walking tour, see Toompea Castle—the seat of Estonia’s Parliament—the landmark Alexander Nevsky Cathedral and the 13th-century Church of St. Nicholas. Visit the medieval Town Hall, the only intact Gothic-style hall in Northern Europe. Enjoy free time to explore Tallinn’s Old Town before returning to the ship.

St. Petersburg, Russia
Tuesday, June 21
Peter the Great founded majestic St. Petersburg in 1703 as his “Window on the West.” After cruising into the heart of the city, enjoy a specially arranged, early-entry guided tour of one of the world’s greatest art repositories, the incomparable State Hermitage Museum. Former czarist palace of Catherine the Great and a UNESCO World Heritage site, its spectacular collections are rivaled only by the museum’s lavish interior.

This afternoon’s panoramic tour of the city’s historic center, a UNESCO World Heritage site, features legendary landmarks scattered across more than 100 islands and linked by more than three times as many bridges.

St. Petersburg’s main thoroughfare, Nevsky Prospekt, showcases exquisite examples of Russian Baroque and neoclassical architecture. See the ornate Church of Our Savior on Spilled Blood (Church of the Resurrection of Christ), built on the site of Emperor Alexander II’s assassination, and the 19th-century St. Isaac’s Cathedral, with a striking golden dome that is one of the glories of the city’s skyline. Visit St. Petersburg’s first building, the Peter and Paul Fortress, constructed to secure the country’s access to the sea, and the impressive Baroque Cathedral of Saints Peter and Paul, containing the tombs of 32 czars, from Peter the Great to Nicholas II, the last of the Romanovs.

The evening is at leisure. An optional opportunity to attend a Russian folklore show performed in the Nikolaevsky Art Center is offered.

St. Petersburg
Wednesday, June 22
This morning, visit the imperial compound of Pushkin and Catherine the Great’s elaborate rococo palace, a UNESCO World Heritage site, highlighted by a special visit to the extraordinary Amber Room, said to be the “Eighth Wonder of the World.” Then, savor a lunch of traditional Russian specialties.

The traditional fishing boats and colorful edifices along Copenhagen’s Nyhavn canal retain the waterfront’s authentic 18th-century maritime character.
Enjoy a guided tour of the splendid parklands and extravagant Grand Palace of Petrodvorets, a UNESCO World Heritage site, commissioned by Peter the Great to rival the Palace of Versailles. The elaborately landscaped grounds feature magnificent formal gardens and cascading fountains. Return to St. Petersburg by hydrofoil, skimming over the Gulf of Finland.

Helsinki, Finland
Thursday, June 23
Helsinki was named the 2012 World Design Capital for its innovative use of design in stimulating an urban environment. Stand on deck as the ship approaches the city for the best view of the 18th-century maritime fortress of Suomenlinna, a UNESCO World Heritage site. On a panoramic city tour, see the stately Senate Square and the diplomatic quarter of Kaivopuisto. Visit the modernistic Temppeliaukio Church, or “Church of the Rock,” impressively hewn out of natural bedrock. Enjoy free time to explore Helsinki’s lively Market Square before reboarding the ship.

This evening, attend the Captain’s Farewell Reception.

Stockholm, Sweden/U.S.
Friday, June 24
Be on deck as you cruise through the scenic Stockholm archipelago, the gateway to the magnificent “Venice of the North.” Disembark and continue on to explore the historic splendor and dramatic beauty of Stockholm on the Post-Cruise Option or depart for the U.S.

Crystalline rock walls rise majestically out of the Norwegian Sea in pristine Nærøy Fjord.
**FIVE-STAR, SMALL SHIP**

**M.S. LE BORÉAL**

**Small Ship, State-of-the-Art Design**
The highly acclaimed, exclusively chartered M.S. LE BORÉAL, launched in 2010, represents the newest generation of Five-Star small ships, featuring only 110 Suites and Staterooms and distinctive French sophistication.

**Spacious 100% Ocean-View Suites and Staterooms, 95% with Private Balconies**
Each air-conditioned, deluxe Stateroom and Suite (200 to 484 square feet) features a private bathroom with shower, luxurious Five-Star hotel amenities and minibar with complimentary beverages. Most accommodations have two twin beds that convert to one queen bed, individual climate control, satellite flat-screen television, wireless Internet access, safe, full-length closet, writing desk/dressing table, plush robes and slippers.

**Chic and Casual Dining**
International and regional cuisine is served in the stylish, spacious La Licorne dining room in single, unassigned seatings; alfresco in the casual La Boussole Restaurant; or from 24-hour room service. Continental and buffet breakfast, buffet lunch, afternoon tea and a four-course dinner are served daily. Complimentary alcoholic and nonalcoholic beverages are served throughout the cruise.

**Spacious Public Areas/World-Class Service and Facilities**
In keeping with the low passenger density relative to the ship’s size, the public areas are spacious and inviting and can accommodate all passengers comfortably. Enjoy views from the Panoramic Lounge, nightly entertainment in the Main Lounge and lectures, cultural performances and film screenings in the state-of-the-art theater. There is a library, Internet suite, Sun Deck, swimming pool, beauty salon, spa, Turkish bath-style steam room, full range of fitness equipment and two elevators. The infirmary is staffed with a doctor and nurse. The highly trained international crew provides personable and attentive service.

**Respect for the Environment**
The state-of-the-art propulsion system and custom-built stabilizers provide an exceptionally smooth, quiet and comfortable voyage. By design, the ship is energy efficient and environmentally protective of marine ecosystems and has been awarded the prestigious “Clean Ship” rating, an extreme rarity among ocean-cruising vessels. The ship has two tenders.
Acclaimed Guest Speakers
◆ Former Polish President and Nobel Peace Prize Laureate Lech Wałęsa.
◆ Scholar and author Sergei Khrushchev, son of Soviet Union Premier Nikita Khrushchev.

Included Features
On board the exclusively chartered, Five-Star Small Ship M.S. Le BORÉAL
◆ Eight-night cruise from Copenhagen, Denmark, to Stockholm, Sweden, featuring port calls at Visby, Sweden; Gdańsk, Poland; Tallinn, Estonia; St. Petersburg, Russia; and Helsinki, Finland.
◆ Spacious, Five-Star, 100% ocean-view Suite or Stateroom accommodations, each with a private bathroom.
◆ Captain’s Welcome and Farewell Receptions.
◆ All meals—continental breakfast, buffet breakfast, buffet lunch, afternoon tea and dinner—throughout the cruise, featuring fine international and regional cuisine, served at single, unassigned seatings.
◆ Complimentary alcoholic and nonalcoholic beverages served throughout the cruise.
◆ Walking tour of the UNESCO World Heritage site and historic former Hanseatic city of Visby on the island of Gotland.
◆ Tour of the historic port city of Gdańsk, including its notable Lenin Shipyard and Old Town.
◆ Walking tour of Tallinn’s historic and medieval quarters, a UNESCO World Heritage site.
◆ Specially arranged, early entry to St. Petersburg’s world-renowned State Hermitage Museum, a UNESCO World Heritage site.
◆ City tour of St. Petersburg, a UNESCO World Heritage site, featuring a visit to the Peter and Paul Fortress.
◆ Excursion to two UNESCO World Heritage sites—Peter the Great’s Petrodvorets and Catherine the Great’s palace in Pushkin, featuring the acclaimed Amber Room—including a lunch of traditional Russian specialties.
◆ City tour of Helsinki featuring a visit to Temppeliaukio Church and a view of the old fortifications of the UNESCO World Heritage site of Suomenlinna.

Enhanced Travel Services
◆ Transfers and luggage handling abroad for participants whose arrival(s)/departure(s) coincide with the scheduled group transfer(s).
◆ All excursions and visits, as outlined above, with experienced, English-speaking local guides.
◆ Gratuities to local guides and drivers on included excursions and transfers.
◆ An optional cultural performance in St. Petersburg is available at additional cost.
◆ Hospitality desk aboard the ship.
◆ The services of experienced Gohagan & Company Travel Directors throughout the program.
◆ Complimentary use of a state-of-the-art audio headset for each participant during guided excursions.
◆ Travel document wallet, name badge and pre-departure information.
◆ Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
By exclusive arrangement, Lech Wałęsa, former president of Poland (1990 to 1995), Polish hero, and international icon in the pursuit of freedom and democracy, will meet with our group on board the M.S. LE BORÉAL. From his position as a marine electrician in Gdańsk’s Lenin Shipyard, Mr. Wałęsa emerged as a world-renowned figure in the struggle against Communism during the 1980 shipyard workers’ strike and the establishment of the Polish Solidarity labor movement. Despite winning the right to form an independent union, Mr. Wałęsa and Solidarity continued to confront the Soviet-backed regime of General Wojciech Jaruzelski, which jailed Mr. Wałęsa and imposed martial law in Poland in December 1981. Mr. Wałęsa was awarded the Nobel Peace Prize in 1983, a watershed moment widely considered to have been the first crack in the Soviet Union’s Iron Curtain, which crumbled with the Berlin Wall in 1989. Mr. Wałęsa became the first foreign non-head of state to address a joint meeting of the U.S. Congress in 1989.

Guest Speaker
Sergei Khrushchev

A distinguished author and scholar, Dr. Sergei Khrushchev is the son of former Soviet Premier Nikita Khrushchev (1957-1964) and a visiting professor of Slavic studies at Brown University, where he has also served as a senior fellow at the Watson Institute for International Studies. Dr. Khrushchev’s research has focused on the history of the Cold War and the turning points in relations between the U.S. and the U.S.S.R. in the Khrushchev, Eisenhower, and Kennedy periods; the history of Soviet missiles and space development, in which he played an active role; and the Soviet Union’s transformation from centralized to decentralized government and market economy. He co-authored his father’s memoirs, The Time, the People, the Power (1999), and translated them into English (2005-2007). Dr. Khrushchev is a popular commentator for the American media and the author of more than 350 books and articles, including Khrushchev on Khrushchev (1990), Nikita Khrushchev: Crisis and Missiles (1994), and Nikita Khrushchev and the Creation of a Super Power (2000).

Scheduled guest speakers may be altered due to circumstances beyond our control. See Release of Liability, Assumption of Risk, and Binding Arbitration Agreement.
LAND/Cruise TARIFF (per person, based on double occupancy)

<table>
<thead>
<tr>
<th>Stateroom Category*</th>
<th>Description</th>
<th>Early Booking Price</th>
<th>Regular Price</th>
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<td></td>
<td>through November 23, 2015</td>
<td>after November 23, 2015</td>
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<tr>
<td>Suite I</td>
<td>Ocean-view, expansive floor-to-ceiling sliding glass door into private balcony, shower, Deck 5, Le Normandie, forward.</td>
<td>$9295</td>
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<td>Suite II</td>
<td>Ocean-view, expansive floor-to-ceiling sliding glass door into private balcony, shower or tub/shower, Deck 6, Le France.</td>
<td>$9695</td>
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<tr>
<td>Deluxe Suite</td>
<td>Ocean-view, expansive floor-to-ceiling sliding glass door into private balcony, tub/shower and sitting area with sofa, Deck 6, Le France. (limited availability)</td>
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<td>$11795</td>
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<td>Prestige Suite I</td>
<td>Two-room, ocean-view, expansive floor-to-ceiling sliding glass door onto private balcony, two bathrooms: tub/shower and shower, large sitting area with sofa, two closets, writing desk and dressing table, Deck 5, Le Normandie. (limited availability)</td>
<td>$11795</td>
<td>$12795</td>
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<tr>
<td></td>
<td>Two-room, ocean-view, expansive floor-to-ceiling sliding glass door onto private balcony, two bathrooms: tub/shower and shower, large sitting area with sofa, two closets, writing desk and dressing table, Deck 6, Le France. (limited availability)</td>
<td>$12795</td>
<td>$13795</td>
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<td>Ocean-view, small window and single door onto private, partial wall balcony, shower, Deck 3, Le Champollion, aft. (limited availability)</td>
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<td></td>
<td>Ocean-view, small window and single door onto private, partial wall balcony, shower, Deck 3, Le Champollion, forward. (limited availability)</td>
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<td>Ocean-view, expansive floor-to-ceiling sliding glass door onto private, partial wall balcony, shower, Deck 4, Le Lafayette. forward.</td>
<td>$8295</td>
<td>$9295</td>
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<td>Ocean-view, expansive floor-to-ceiling sliding glass door onto private balcony, shower, Deck 4, Le Lafayette, midship.</td>
<td>$8895</td>
<td>$9895</td>
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<td>Ocean-view, expansive floor-to-ceiling sliding glass door onto private balcony, shower or tub/shower, Deck 6, Le France.</td>
<td>$9995</td>
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<td>Ocean-view, one large window, shower, Deck 6, Le Champollion, forward. (limited availability)</td>
<td>$6995</td>
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<td>Ocean-view, small window and single door onto private, partial wall balcony, shower, Deck 3, Le Champollion, aft. (limited availability)</td>
<td>$5995</td>
<td>$6995</td>
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</tbody>
</table>

CRUISING THE BALTIC SEA RESERVATION FORM

Send to: Carleton College Alumni Adventures
        P.O. Box 938, 47 Main Street, Suite One
        Walpole, NH 03608
        (800) 811-7244 Toll: (603) 756-4844
        Email: carleton@studytours.org Website: go.carleton.edu/adventures

Title | Full Name (exactly as it appears on your passport) | Carleton Class of
Title | Full Name (exactly as it appears on your passport) | Carleton Class of
Address (no P.O. Box number please)
City | State | Zip Code
Telephone: (Home) | (Mobile)
Email Address(es) | (Business)
Preferred Name(s) on Badge(s)
Tour No. 034-06/15/16-146

Program reservations require a deposit of $800 per person and $200 per person Wonders of Norway Pre-Cruise Option and/or $200 per person Splendors of Stockholm Post-Cruise Option. By reserving and depositing on this program, I/we agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.

Enclosed is my/our check for $__________ as deposit.

Make checks payable to EOS Passenger Account - CAA Baltic'16.

I/We authorize you to charge my/our deposit of $__________ to:

 Visa | MasterCard

Card Number | Exp. Date

Signature as it appears on credit card

Please make my/our reservation(s) in Stateroom Category:
1st Choice | 2nd Choice

- Double occupancy (two twin beds)
- Double occupancy (one queen bed)
- Single accommodations
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

Please make my/our reservation(s):

- Wonders of Norway Pre-Cruise Option
  - Double at $2560 per person
  - Single at $3160 per person
  - I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

- Splendors of Stockholm Post-Cruise Option
  - Double at $895 per person
  - Single at $1395 per person
  - I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

- I/We want you to book my/our air from
  - (Fill in departure city)
  - to Copenhagen, Denmark, with return from Stockholm, Sweden, at an additional cost to be advised.
  - Class: Economy | Business
  - First Note: Airfare is subject to change and availability and is nonrefundable.

- I/We will make my/our own air arrangements.
Finland's waterfront capital of Helsinki showcases elegant Jugendstil architecture and traditional sailboats along its picturesque harbor.

RELEASE OF LIABILITY, ASSUMPTION OF RISK AND BINDING ARBITRATION AGREEMENT

While it is impossible to predict or prevent every event or occurrence, you are subject to the following Release of Liability, Assumption of Risk and Binding Arbitration Agreement. By forwarding of deposit, the reservation is not considered confirmed without permission.

We will send you an application upon receipt of your reservation.

LUGGAGE: Luggage allowance policies are set by the airlines and may change without prior notice. Please contact your airline(s) for the most current luggage allowance policy.

Prices quoted are based on fares in effect at the time of printing and are subject to change at any time. On land and/or cruise programs, even after full payment, Gohagan reserves the right to increase the tour price in the event of cost increases due to changes in supplier costs, currency fluctuations or fuel or energy surcharges and all such increases are to be paid to Gohagan upon notice to the tour participant of such increases. On programs which include Gohagan purchased interstate or international air (which originates or returns to the U.S.), all such increases are to be paid to Gohagan upon notice to the tour participant of such increases. In any such proceeding, the substantive, but not the procedural, law of Illinois shall apply. In any such proceeding, the substantive, but not the procedural, law of Illinois shall apply. In any such proceeding, the substantive, but not the procedural, law of Illinois shall apply. In any such proceeding, the substantive, but not the procedural, law of Illinois shall apply.