Passage through the Panama Canal and Costa Rica

aboard the
Exclusively Chartered,
Newly Launched, Five-Star, Small Ship
LE CHAMPLAIN
with
Carleton Professor
ALFRED P. MONTERO
February 10 to 18, 2019

- Daylight Transit through the Panama Canal
- Luxury Small Ship
- 100% Ocean-View Staterooms
- All Shore Excursions Included

EARLY BOOKING SAVINGS
SAVE $2000 PER COUPLE

RESERVE BY AUGUST 6, 2018
Dear Carleton College Alumni and Friends:

I am delighted to invite you to voyage from the Atlantic to the Pacific aboard an elegant, small ship in the company of Professor Alfred Montero, Carleton’s Frank B. Kellogg Chair of International Relations.

During a specially arranged and narrated daylight transit through the ingenious Panama Canal, one of the greatest man-made wonders of the world, experience firsthand the mighty locks that raise and lower oceangoing vessels 85 feet, employing only the force of gravity to accomplish in mere hours what would once have required a three-week circumnavigation of South America. It is an experience nearly unmatchable in its drama, and the canal itself is an engineering marvel.

This journey of a lifetime also features some of the planet’s most pristine ecosystems in the rainforests, islands, and archipelagos of Panama and Costa Rica during the best time of year. You will explore the heart of Panama City’s UNESCO World Heritage-designated Casco Antiguo (the city’s old town); tour acclaimed architect Frank Gehry’s only design in Latin America, Panama City’s Biodiversity Museum; and visit Panama’s San Blas Islands, where the native Guna people still live as they did centuries ago. Then you will experience the beauty and biodiversity of Costa Rica firsthand, with naturalist-guided walks in Manuel Antonio National Park and Corcovado National Park, plus idyllic Tortuguero, where you have the opportunity to swim and snorkel.

Cruise aboard the five-star Le Champlain, launching in 2018 and featuring the extraordinary Blue Eye, the world’s first multisensory observation lounge. This sophisticated small ship offers only 92 Suites and Staterooms, each with a private balcony. Dock in small ports of call inaccessible to larger vessels, and enjoy an exclusive itinerary carefully crafted with enriching excursions led by experienced onboard naturalists, as well as attentive, personal service. Your faculty leader, Prof. Al Montero, will be part of a team of onboard experts who together will offer an enriching series of lectures and informal discussions during the cruise.

Space is limited for this extraordinary travel opportunity and excellent value, and this program is co-sponsored by other educational institutions, so I encourage you to book now by contacting Alumni Adventures.

Sincerely,

Sarah Ladner Maris ’85
President, Carleton College Alumni Association

For more information on other Alumni Adventures, please visit go.carleton.edu/adventures.

Faculty Leader – Alfred P. Montero is the Frank B. Kellogg Chair of International Relations and Director of Advising and Faculty Diversity Recruitment at Carleton College. He is also the senior editor of Latin American Politics and Society, a leading peer-reviewed journal on the political economy of the Latin American region. Prof. Montero’s current research program focuses on the evolution of economic policies, and especially industrial and innovation policies in South America. Prof. Montero teaches courses on comparative and international political economy, Latin American and West European politics, comparative democratization, authoritarianism, and corruption. He is the author of Brazil: Reversal of Fortune (Polity Press, 2014), Brazilian Politics: Reforming a Democratic State in a Changing World (Polity Press, 2006), and Shifting States in Global Markets: Subnational Industrial Policy in Contemporary Brazil and Spain (Penn State University Press, 2002), and co-editor with David J. Samuels of Decentralization and Democracy in Latin America (University of Notre Dame Press, 2004). Prof. Montero led Alumni Adventures programs in Cuba in 2012, 2013, and 2018, and he looks forward to sharing insights and experiences with you on this new program.

Cover photo: Cruise from the Atlantic to the Pacific during your daylight passage through the Panama Canal, hailed as one of the 20th century’s greatest achievements in engineering and a monument to the ingenuity and tenacity of mankind.
Called the “coast of riches” by the Spanish conquistadors who sought to colonize it following Columbus’s arrival in 1502, Costa Rica offers diverse and fascinating riches, from its impossibly fertile landscapes to the perseverant culture of its indigenous people. More than 25 percent of this captivating country is a national park, wildlife refuge, or protected rainforest, earning Costa Rica the distinction of the greenest country in the world and the leading destination for eco-tourism. Explore lush rainforests, stroll coral-fringed beaches, and encounter a vivid array of wildlife, including howler monkeys, colorful tree frogs, and 600 species of non-migratory birds. The national motto of Costa Rica is “Pura vida!” which translates to “pure life”; it is expressed in the proud and welcoming faces of the ticos (Costa Rican natives), the passionate biologists captivated by the flourishing rare and endemic species, and the spectacularly vivacious landscape itself.

San Blas Islands, Panama

Located on the Caribbean side of Panama, the sun-drenched San Blas Islands are a living testament to Panama’s indigenous Guna people, also known as the Kuna, and their centuries-old language, customs, and culture. Villagers live in typical thatched-roof huts, barter or trade in fish and agricultural products, and paddle dugout canoes, their main mode of transportation. Guna women continue to hand stitch traditional, colorful molas (reverse appliqué panels) and wear winis, long strings of tiny beads, wrapped around their forearms and legs in striking geometric patterns.

The pristine, turquoise waters of Golfo de San Blas—populated by untouched coral reefs and vibrant marine life—offer an exciting opportunity for swimming.

Panama City

By special arrangement, cruise through the fascinating Panama Canal. Arrive in Central America’s most attractive capital city and learn more about the operation of the canal’s locks in the adjacent Miraflores Locks Visitor Center. Nearby, the new Biodiversity Museum, designed by architect Frank Gehry of Guggenheim fame, showcases the ecological significance of Panama’s exotic flora and fauna.

Photo this page: In only three square miles, Costa Rica’s Manuel Antonio National Park showcases an abundance of natural wonders among its sandy beaches, low-lying marshes and mature tropical forests.
Visit the UNESCO World Heritage-designated “old quarter” of Casco Antiguo, a charming neighborhood replete with cobblestone streets and many architecturally significant historical edifices, including a 16th-century cathedral.

Isla Cébaco
A winding coastline of rarely visited sandy beaches and towering palm trees front the dense rainforests that dominate Isla Cébaco, a gem in the sparkling Gulf of Montijo. Snorkel in its emerald waters, where schools of brilliantly colored fish, giant manta rays, and four different species of turtles swim amid spectacular coral reefs.

Manuel Antonio National Park, Costa Rica
Experience an unparalleled diversity of wildlife in this lush tropical haven, a captivating combination of rainforest, beach, and coral reef, home to more than 100 species of mammals, almost 200 species of birds, and various reptiles and amphibians.

Explore this protected “Living Eden,” where expert naturalists will help you spot colorful toucans, screeching howler monkeys, camouflaged iguanas, squirrel monkeys, two- and three-toed sloths, and rare and endangered species such as the scarlet macaw.

Curú National Wildlife Refuge
Unlike traditional nature reserves, Curú Wildlife Refuge is a unique blend of sustainable agriculture, forest management, and wildlife protection, reestablishing species like the scarlet macaw and spider monkey, both reintroduced into the wild here. Encompassing five distinctive, untouched habitats—including mangrove swamps and both dry and humid forests—it is the ideal place to see the intricacies of interdependent ecosystems. Enjoy a guided walk in the morning, the best time of day to observe an abundance of wildlife including capuchin and howler monkeys, more than 230 species of birds, white-tailed deer, and iguanas.

Isla Tortuga
Nestled in a private reserve near the stunning Nicoya Peninsula, idyllic Isla Tortuga is named for its tortoise-like volcanic rock formations. Against a backdrop of coconut palm trees and white-sand beaches, enjoy opportunities to swim and snorkel in this protected island’s clear, sheltered waters, home to fascinating marine life such as angel fish, spotted eagle rays, and sea horses.
San José
In the heart of the fertile Valle Central, Costa Rica’s dynamic capital city of San José possesses an eclectic mix of museums, landscaped parks, lively cafés and art galleries, and an interesting fusion of architectural styles including Spanish Colonial, Moorish, and Modernist.

Visit the National Theater, a regal Baroque edifice modeled on Milan’s La Scala, with marble staircases, gilded statues, and red velvet carpeting, and peruse the National Museum’s impressive pre-Columbian Central American artifacts, stonework, gold jewelry, and statuettes.

Dynamic Panama—
The Renaissance of a City
Pre-Program Option
Panama is “the crossroads of the Americas,” and this option is an exploration of both old and new. Visit the UNESCO World Heritage-designated Panama Viejo to see the ruins of the oldest European settlement on the Pacific American coast, cruise the Gatún River to meet the indigenous Embera people, and visit the fascinating Agua Clara Visitor Center for panoramic views of the Panama Canal expansion.
Spend two nights in the ideally located, deluxe Bristol Panama Hotel.

Costa Rica’s Cultural and Natural Riches
Post-Program Option
Experience a medley of Costa Rica’s diverse biospheres, from steamy hot springs to misty cloud forests. In view of towering Arenal Volcano, explore the lush rainforest along a series of suspended and fixed bridges.
Tour historic San José, an organic chocolate workshop, an award-winning coffee estate, and a traditional artisan town known for intricately hand-painted woodcrafts.
Accommodations for two nights apiece are in the ideally located Hotel Royal Corin and the hacienda-style Costa Rica Marriott Hotel San José.

Post-Program pricing includes a credit for one night’s accommodations in San José and the San José city tour already included in the cost of the main program. The Pre- and Post-Program Options are available at additional cost. Details will be provided with your reservation confirmation.

Surrounded by lush rainforest, Costa Rica’s imposing Arenal Volcano entered into a resting phase in 2010.

Panama’s Guna people proudly wear vibrant molas and wrap their legs with beaded winis.

The Panama Canal’s stunning Gatún Lake was the world’s largest man-made lake upon completion in 1913.
Exclusive to the Ponant fleet is the extraordinary **Blue Eye**, a multisensory underwater observation lounge that incorporates bionic and biomimetic technology to immerse you in the beauty of the ocean's ecosystem. Observe marine life through the large subaquatic windows and on digital screens projecting undersea activity in real time, while specially designed hydrophones echo the ebb and flow of the sounds beneath the water’s surface. *Marine life viewing varies by location.*

**Luxury Small Ship, Innovative Design**

**Le Champlain**, launching in 2018, ushers in a new generation of five-star small ships, combining revolutionary design and a new standard of luxury for an unparalleled cruising experience. Dock in smaller ports inaccessible to larger ships and where authentic cultural experiences and majestic scenery await you.

**Respect for the Environment**

The newest addition to the Ponant “Clean Ship” fleet, a rare designation among ocean-cruising vessels, **Le Champlain** is energy efficient and eco-friendly, protecting fragile marine ecosystems while providing a safe and comfortable voyage.

**Chic and Casual Dining**

Dine indoors or alfresco on international and regional cuisine served in the stylish, spacious indoor-outdoor restaurant, at the casual pool deck grill or from 24-hour room service. Daily meals include continental and buffet breakfasts, buffet lunch, afternoon tea, and four-course dinner.

**92 Elegant Suites and Staterooms, 100% with Private Balconies**

Each five-star Stateroom and Suite (up to 484 square feet) features a private balcony. Grand Deluxe Suites have a bay window and spacious private terrace. Accommodations offer two twin beds or one queen bed, individual climate control, and luxurious hotel amenities.

**Life on Board**

Enjoy sweeping views from the lounges, which open to the outdoors, and lectures, cultural performances, or film screenings in the state-of-the-art theater. Relax in the spa and sauna or the Sun Deck’s infinity-style swimming pool. There is a beauty salon, fitness room, and two elevators. Complimentary Wi-Fi is available throughout the ship.

**World-Class Service**

The highly trained, English-speaking crew are personable and attentive, and the ship has a medical center staffed with a doctor and a nurse.
Included Features

◆ Carleton College faculty leader Alfred P. Montero.
◆ Scenic transfer from Panama City to Colón.

On Board the Exclusively Chartered, Five-Star, Small Ship Le Champlain

◆ Seven-night cruise from Colón, Panama, to Puerto Caldera, Costa Rica.
◆ Elegantly appointed, five-star Suite or Stateroom.
◆ Captain's Welcome and Farewell Receptions.
◆ Complimentary alcoholic and nonalcoholic beverages available throughout the cruise.
◆ All meals aboard ship.
◆ Complimentary Wi-Fi throughout the ship.
◆ Blue Eye—the world's first luxury, multisensory, underwater observatory.
◆ Expert onboard naturalist guides to lead small group excursions.
◆ Excursion to the remote San Blas Islands, where you will meet the Guna people.
◆ Daylight passage through the Panama Canal, accompanied by a historical narration. Transit times through the canal are controlled by the Panama Canal Authority and are subject to traffic conditions.
◆ Tour of Panama City, highlighted by a visit to the UNESCO World Heritage site of Casco Antiguo, the new Frank Gehry-designed Biodiversity Museum, and the informative Panama Canal Miraflores Locks Museum.
◆ Visit to pristine Isla Cébaco, with opportunities for swimming and snorkeling among colorful marine life.
◆ Excursion in stunning and biodiverse Manuel Antonio National Park with a naturalist-led trail walk through the protected rainforest.
◆ Specially arranged, onboard guitar performance by local Quepos musicians.
◆ Guided tour through Curú National Wildlife Refuge to see a wide array of wildlife in its natural habitat, such as the rare scarlet macaw and the spider monkey.
◆ Visit to unspoiled Isla Tortuga, with opportunities for snorkeling.
◆ Culinary demonstration by the ship's chef.

Scenic transfer from Puerto Caldera to San José.

In San José, Costa Rica

◆ One night in the hacienda-style Costa Rica Marriott Hotel San José.
◆ American breakfast.
◆ Tour of San José, including visits to the National Theater and National Museum, with lunch.

Always Included

◆ Transfers and luggage handling abroad if your arrival(s)/departure(s) coincide with the scheduled group transfer(s).
◆ Experienced, English speaking local guides for included excursions.
◆ Gratuities to hotel personnel, local guides and drivers on included excursions and transfers.
◆ Hospitality desk aboard ship and in the hotel.
◆ Complimentary bottled water in your Suite or Stateroom and on excursions.
◆ Experienced Gohagan & Company Travel Directors at your service.
◆ Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
The Panama Canal
Marvel of Human Engineering
More than a Century of Passages

The 580-foot-long SS Kroonland was the largest passenger ship of its time to transit the Panama Canal in 1915.

During a daytime passage, experience firsthand the “greatest liberty man has ever taken with nature,” which cuts through the Great Continental Divide, spans 50 miles and took 33 years and 100,000 laborers to complete at a cost of $400 million. This historic engineering feat changed the world, opened new channels of international trade and allowed ships to travel between the Atlantic and Pacific Oceans in a fraction of the time it took to circumnavigate South America.

After France’s failed attempt to build a sea-level canal here in the 19th century, and following the U.S. involvement in Panama’s independence, the project resumed under the watchful eye of President Theodore Roosevelt. When completed in 1914, the Panama Canal was considered one of the Seven Wonders of the Modern World. Now, more than a century later, the canal has undergone a $5.25 billion expansion to accommodate more than twice the cargo, maintaining its status as the “gateway to the world.”

Tens of thousands of workers labored and sacrificed to complete the largest engineering endeavor of the early 20th century.
**MV Le Champlain**

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**Grand Deluxe**

- Suite with expansive sliding glass door, **large private balcony**, shower. Deck 3, forward. (limited availability)
- $4995
- $5995

**Send to:**

Carleton College Alumni Adventures

Email: carleton@studytours.org

Website: go.carleton.edu/adventures

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**The Panama Canal and Costa Rica Reservation Form**

Send to: Carleton College Alumni Adventures

P.O. Box 938, 47 Main Street, Suite One

Walpole, NH 03608

(800) 811-7244 Toll: (603) 756-4844

Email: carleton@studytours.org

Website: go.carleton.edu/adventures

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**Please make my/our reservation(s) in Stateroom Category:**

1st choice _____ 2nd choice _____

- Double occupancy (two twin beds).
- Double occupancy (one queen bed).
- Single accommodations.

- I am reserving as a single but prefer to share accommodations and will allow you to select your roommate (shares cannot be guaranteed).

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**Please make my/our reservation(s):**

- Panama Pre-Program Option
  - Double at $595 per person.
  - Single at $845 per person.
  - I am reserving as a single but prefer to share accommodations and will allow you to select your roommate (shares cannot be guaranteed).

- Costa Rica Post-Program Option
  - Double at $1295 per person.
  - Single at $1895 per person.
  - I am reserving as a single but prefer to share accommodations and will allow you to select your roommate (shares cannot be guaranteed).

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**Program reservations require a deposit of $800 per person and $200 per person Panama Pre-Program Option and/or $200 per person Costa Rica Post-Program Option. By reserving and depositing on this program, I agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.**

- Enclosed is my/our check(s) for $ as deposit.
- Make checks payable to EOS Passenger Account - CAA Panama 2/19.
- 1/We authorize you to charge my/our deposit of $ to: Visa MasterCard

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**Card Number**

**Exp. Date**

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**Signature as it appears on credit card**

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**All FINAL PAYMENTS are required to be made by check or wire transfer by November 7, 2018.**
Listen for the throaty call of the howler monkey, one of Costa Rica’s most common species.

RELEASE OF LIABILITY, ASSUMPTION OF RISK AND BINDING ARBITRATION AGREEMENT

RESPONSIBILITY: Gohagan & Company the sponsoring association, and all of its employees, shareholders, subsidiaries, officers, directors or trustees, successors, and assigns (collectively “Gohagan”), do not own or operate any entity which is to or does provide the services covered by these agreements and, therefore, is not responsible either directly or indirectly for your travel by air, land, sea, rail, or other travel mechanism, including, but not limited to, any airline, vessel, or other transportation companies, guides or guide services, local ground operators, providers or organizers of optional excursions, hotels, other entities providing you services, etc. All such persons and entities are independent contractors. As a result, Gohagan is not liable for any negligent or willful act or failure to act of any such person or entity or of any other third party.

Gohagan reserves the right to substitute, reschedule, delete, or combine any travel arrangements, packages, or accommodations in the event of unforeseen circumstances, including, but not limited to, acts of God or force majeure, acts of government, acts of war or civil unrest, insurrection or revolt, bites from or by attacks on animals, insects or pests, strikes or other labor activities, criminal or terrorist activities of any kind or the threat thereof, sickness, illness, epidemics or the threat thereof, the lack of availability of or access to medical attention or the quality thereof, overbooking, downgrading or degrading of accommodations, mechanical or other failure of airplanes, vessels, or other means of transportation, or for any failure of any transportation mechanism to arrive or depart timely or safely.

If due to weather, flight schedules or other uncontrollable factors, you are required to spend an additional night(s), you will be responsible for your own hotel, transfers and meal costs. Baggage is entirely at owner’s risk. The right is reserved to decline to accept as a trip participant, or remove from a trip, without refund, any person Gohagan judges to be incapable of meeting the rigors and requirements of participating in the activities, or who is abusive to other participants, or who otherwise causes a disturbance to the enjoyment of the trip for others. No specific room assignments are made in advance and room assignments are within the sole discretion of the hotel or cruise line.

TRIP COSTS:

CANCELLATIONS: Cancellations for all or any part of the trip including Pre/Post Program(s) reservation(s) will not be effective unless received in writing in the offices of Carleton College Alumni Adventures. Should you have to cancel, the following terms will apply: reservation cancellation(s) are subject to a $200 ($10 Pre/Post Program(s)) per person administrative fee from the time of booking through 120 days prior to departure; from 95 through 119 days prior to departure, $800 ($200 Pre/Post Program(s)) per person; from 61 through 94 days prior to departure, 70% of the published full regular tariffs; can cancel 60 days or less prior to departure, a no-show, or early return from the trip will result in forfeiture of 100% of the published full regular tariffs. In addition, any applicable airline cancellation fees, optional excursion cancellations and administrative fees may apply.

TRIP INSURANCE: We strongly recommend that you purchase trip cancellation insurance. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement. Trip cancellation insurance is available for comprehensive coverage. Such expenses in conjunction with cancellation due to illness or accident, and damaged or lost luggage. We will send you an application upon receipt of your reservation.

RATES: Prices quoted are based on fares in effect at the time of printing and are subject to change at any time. On land and/or cruise programs, even after full payment, Gohagan reserves the right to increase the tour price in the event of cost increases due to changes in supplier costs, currency fluctuations or fuel or energy surcharges and all such increases are to be paid to Gohagan upon notice to the tour participant of such increases. On programs which include Gohagan purchased interstate or international air (which originates or returns to the United States), no increased costs will be passed on after final payment except for subsequently imposed governmental tax increases.

PHYSICAL ACCESSIBILITY:

LUGGAGE: Luggage allowance policies are set by the airlines and may change from time to time. Check for modified policies for your specific itinerary.

AIRFARE: Airfare is subject to change and availability and, depending on the fare basis, likely is nonrefundable. Your airline ticket constitutes a contract between you and the airline. Gohagan has no control over this contract and is not liable in the event of any changes made by the airline.

LUGGAGE: Luggage allowance policies are set by the airlines and may change from time to time. Check for modified policies for your specific itinerary.

PHYSICAL ACCESSIBILITY: All programs require physical independence and mobility. Any physical or mental condition that may require special assistance (for example, the need for a wheelchair) must be reported in writing when you make your reservation. Travelers must be able to embark or disembark motorcoaches alone or with minimal assistance. If you have any special needs or conditions, your traveling companions are encouraged to assist you in order to ensure your comfort and safety. Airline and cruise lines have a duty of care to all passengers and may, at their discretion and without assistance, refuse any traveler, including those with disabilities.

DISCOUNTED RESERVATIONS: Discounts apply only to those reservations received in the offices of Carleton College Alumni Adventures in writing, accompanied by the required deposit, by August 6, 2018. In the event a “discounted reservation” must be cancelled, no “replacement” reservation can be substituted at the discounted rate. A “replacement” reservation is a new reservation and can be substituted only at the full-fare tariff. Cancellation penalties may apply.

ACCEPTANCE OF CONTRACT: By forwarding of deposit, the participant certifies that he/she does not have any mental, physical or other condition of disability that would create a hazard for him/herself or other participants and accepts the terms contained in this Release of Liability, Assumption of Risk and Binding Arbitration Agreement.

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