Galápagos
AS CLOSE AS YOU CAN GET TO THE EXTRAORDINARY
November 23-December 2, 2007
Aboard the Polaris
The Galápagos Islands

Islands:
- Santa Cruz
- Floreana
- Espanola
- Isabela
- Fernandina
- Santiago
- Baltra
- Puerto Ayora
- Puerto Villamil

Location:
- H.M.S. Beagle
- Darwin
- Area Enlarged
- Ecuador
- Equator

Scale:
0 10 20 30
SCALE MILES

Direction:
North
“In the spirit of great curiosity, I approached Galápagos on our historic cruise in July 1967. No passenger could take our trip without gaining vastly expanded scientific knowledge.” — Lars-Eric Lindblad, Passport to Anywhere

Dear Carleton College Alumni and Friends,

Since the inception of our travel program, we’ve witnessed the tonic effect of wildness on the human spirit. When you travel to the world’s unspoiled places, you find that it refreshes the senses and clears the mind. It restores balance and revitalizes your soul.

Journey with us from Nov. 23-Dec. 2, 2007 to the Galápagos Islands, located about 600 miles off the coast of Ecuador, and find this tonic for yourself. The archipelago is one of the world’s great remaining natural areas, full of wonder, beauty and unusual wildlife. You will have the unique opportunity for extraordinarily close encounters with sea lions, penguins, tortoises, fur seals and many kinds of seabirds.

Travel aboard Lindblad Expeditions’ intimate 80-guest Polaris. Join us on this extremely comfortable expedition ship noted for excellent personal service. The Polaris carries a fleet of sturdy Zodiac landing craft, which provides access to virtually anywhere. She also has a glass-bottom boat, kayaks, wet suits, snorkeling gear and underwater video equipment, making the vibrant undersea world accessible to all.

Our faculty leader is Matt Rand, an associate professor of biology and chair of the biology department, who has been teaching courses in animal behavior at Carleton for the past 10 years. In 2002 he offered an off-campus course to Carleton students on animal behavior in the Galapagos Islands and in 2004 he led an alumni trip to the islands. This will be Rand’s fourth visit to the Galapagos, where he will facilitate an appreciation for their extraordinary view of animal behavior.

You will also be accompanied by a dedicated and enthusiastic staff of naturalists, many of whom have lived, worked and traveled extensively in the region.

After spending a week in the ecological wonders of Galápagos, we are offering an inspirational extension to visit Peru — Land of the Inca. From Machu Picchu to the Sacred Valley of the Inca, we feel that the cultural aspects of Peru are a perfect accompaniment to the natural splendor of Galápagos.

Traveling with only a small group of fellow Carleton College travelers and a fine staff of naturalists, you will enjoy a unique and exciting adventure. To make your reservation, please return the enclosed reservation form or call 800-729-2586 or 507-646-5645. We hope you will join us on this remarkable adventure.

Sincerely,
The Carleton Alumni Adventures Program Committee
Joanne Mechling ’87 (chair), Althea Dotzour ’99, Karin Feldt ’61,
Andrea Iseminger ’59, Vicki Rupp ’66, Dan Turnquist ’65

For information on other Carleton alumni adventures visit http://go.carleton.edu/4
Tomas de Berlanga, Bishop of Panama, officially discovered the islands in 1535. He was heading to Peru, but his ship got caught in the doldrums (complete lack of wind around the equator) and the currents swept it to Galápagos.

First appearing on a map in 1574, the islands are given the Spanish name “Galápagos” after the saddle-shape of their most celebrated inhabitants – the giant tortoises.

Charles Darwin arrived on the islands in 1835 via the HMS Beagle. Perhaps, Galápagos most famous visitor, he was only there for 5 weeks, of which he spent only 19 days on land. Rough for a man who was rumored to have suffered from seasickness.

In 1892, Galápagos was given the official name of “Archipelago de Colon.”

Europeans begin to arrive in the 1920s.

On July 4, 1959, all areas not colonized by man were declared part of the Galápagos National Park.

In 1967, Lars-Eric Lindblad leads the first expedition cruise to Galápagos.

In 1978, the Galápagos were declared a UNESCO World Heritage Site.

In 1986, Galápagos became a Marine Biosphere.

In 1998, the Special Law for Galápagos was passed. It regulated immigration to Galápagos, extended the Marine Reserve and jump started the vital quarantine program.

Located 600 miles west of Ecuador in the Pacific Ocean, the Galápagos Islands have long been a place of mystery and intrigue. Here to help shed some light on these enigmatic islands, are some quick facts and a brief history of Galápagos.

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- FAUNA YOU ARE GUARANTEED TO SEE
- INDICATES HIGH LIKELIHOOD OF ANIMAL SIGHTING
close encounters of the wild kind

The sheer amount of wildlife here is astounding. Tortoises — including legendary Lonesome George, the last of his species on earth. Blue-footed boobies. The famous finches. Beachmasters, harems and doe-eyed sea lion pups that swim with you. Skies filled with wheeling, courting, red-throated frigatebirds. Lava rocks piled high with motionless marine iguanas. A mind-boggling plethora of creatures, untainted by fear, living in a paradise of azure waters, white beaches and cool mangrove stands. Animal life varies from island to island, and with an experienced staff of Naturalists, you encounter wildlife that is so plentiful you may have to watch your footing to avoid disturbing the nap of a resting sea lion or a passing iguana. It is simply a privilege to see these creatures in this place, manifesting these precise behaviors. This natural abundance makes the Galápagos one of the most impressive places on earth.
One of the highlights of my Galápagos trip was kayaking.

The kayak gave me the opportunity to see all types of wildlife, both in the water and on shore, including penguins, sea lions and sea turtles. Many of the animals came right up to the kayak! It was both peaceful and thrilling at the same time. Perhaps the best part was that our Expedition Leader, Lynn allowed us to explore at our own pace, yet always remained vigilant about our safety. And, with the excellent instruction we received, even novices like me were able to enjoy the experience. Who would have ever thought this city dweller would love sea kayaking? I can’t wait to come back!

— Guest Sami Kahn, Science Teacher and Wilson Parkhill Fellowship Awardee, Collegiate School, NY
exploring the sea above and below

snorkeling with sea lions & sea turtles is a major part of our expedition

While the shadow of Darwin obviously lies over our Galápagos expeditions, our company pays daily homage to one of our heroes: the extraordinary Jacques Cousteau. Thanks to his example, we use nimble Zodias to make landfalls in the world’s most adventurous locations — and offer an undersea program that keeps the element of “discovery” alive no matter how “mapped” the world of today is. And in Galápagos, seeing the undersea is so gratifying that we send our diver-naturalists down with a video camera to make sure those disinclined to “plunge” can still see the world below our ship. For those who snorkel, Galápagos offers pure magic. And we make it easy for virtually everyone to experience snorkeling. A recent guest confided why he hadn’t been snorkeling in over ten years: On a vacation in Fiji, a young guide took a group of snorkelers out, left them in 40-foot waters and said, “I’ll be back in half an hour.” Our guest explained he felt anxious, and was unable to relax and enjoy. He was reluctant to even consider snorkeling again — until he was in Galápagos with us, and saw the quality of our logistics and care. He knew that if he felt at all uncomfortable, a waiting Zodiac would enable him to come out, rest, and go back into the water when he felt like it. No fear. No pressure. Just the pure unmitigated pleasure of being there — snorkeling amid the shimmering fish, the sea turtles and those “gymnasts,” the playful sea lions.

Galápagos’ waters are rich with diversity. Whether swimming with sea turtles or unobtrusively observing Galápagos wildlife from one of our kayaks or Zodias, our expedition team has developed safe, effective methods for everyone to enjoy up close contact with nature.
you’ll travel with the most inspired expedition team working in Galápagos

Galápagos is carefully and protectively administered by the National Park Service. According to its ordinances, no one can visit or even land on a beach, unless accompanied by a nationally licensed Naturalist. Consequently travel operators are obliged to provide the services of one Naturalist for every 16 guests. We have always believed — since Lars-Eric Lindblad brought the first non-scientific expedition to Galápagos in 1967 — that knowledgeable and interesting experts are essential to the quality of a travel experience. We offer our guests the expertise and companionship of top Naturalists on every expedition. And in Galápagos we provide an expedition team consisting of five Naturalists and an experienced Expedition Leader (EL) — more and better than any other company operating in the archipelago. The number of experts on our staff means that you’ll have the benefit of daily variety and a panoply of specialized knowledge and interests — marine biology, zoology, botany and geology — to enhance your experience and provide a context for all that you’ll see. Each team also includes people who are specially trained in sharing their knowledge with young people of all ages. You’ll learn even more in the entertaining forum of our daily recaps during cocktail hour. And you’ll form rewarding relationships with your favorites among our bright, enthusiastic and thoroughly engaging team.
exploring with friends & family
kids get more than you can imagine and travel for less.

Galápagos is a great experience to share with friends and family. In addition to being fascinating and educational, Galápagos’ fun side brings out the kid in everyone. You’ll see that there’s not a lot of difference here between how a senior citizen and a kid reacts to the simple joys of daily contact with a huge number of highly entertaining creatures. Grown-ups find themselves having more in common with their kids or grandkids — from toddlers to teens — than they ever imagined. In addition to the experiences you’ll share with your kids, there’ll be the moments they’ll share with others — like our Naturalists, for example. It’s a pleasure to watch shy kids blossom in the company of these natural mentors; see confident kids expand their range. And our own videographer will be on board to capture the shared memories created on your expedition. This will be available to you and your loved ones at journey’s end. Oh, and kids and young adults (under 18) get a reduction of $500.

Hey Kids, I’m Little Lin and I’m here to help make your expedition a blast! Did you know that on every departure, Lindblad has kid-friendly staff that is trained to handle our interests? When you get onboard, let the Expedition Leader know that I sent you and they will take us on all sorts of special hikes and plan certain activities, just for us. Take it from me, Little Lin, you’re in for an awesome adventure when you visit Galápagos with your family.
The Galápagos Islands, located 600 miles off the coast of Ecuador, provide a natural habitat for some of the world’s most unusual animals. This remarkable journey brings you face to face with the extraordinary natural wonders of this wildlife sanctuary. With an experienced staff of Naturalists, you encounter wildlife that does not fear people and is so abundant that you may have to watch your footing to avoid disturbing the nap of a resting sea lion or a passing iguana. Animal life varies from island to island, but likely encounters include: penguins fishing off the rocky lava shores, blue-footed boobies performing a courtship “dance” ritual, or a male frigate bird ballooning his crimson chest pouch to attract a female. You can snorkel with playful sea lions, kayak and swim in the amazing Pacific, or find a quiet corner of a deserted beach.

**Friday, Day 1: U.S./Guayaquil, Ecuador**
Depart U.S. and arrive Guayaquil by late evening. We’ve found that Miami is a convenient gateway for most, but other air alternatives are available. Our air coordinators can help determine which airline and flights are best for you. If you choose to take the non-stop American Airlines group flight from Miami, we depart in the early evening with a flying time of approximately 4 hours. Upon arrival in Guayaquil, it’s a short drive to the Hotel Hilton Colón.

**Saturday, Day 2: Guayaquil/Galápagos/Santa Cruz/Embark Ship**
This morning fly to the Galápagos. Flying time is approximately 1½ hours; upon arrival immediately board the Polaris. During lunch we’ll sail to Santa Cruz Island for a magnificent introduction to the wildlife of Galápagos. Spend the afternoon exploring mangrove-flanked channels and the shoreline of Cerro Dragon, looking for land iguanas, sea lions, a variety of birds and schools of golden rays. (B,L,D)

**Sunday-Friday, Days 3 – 8:**
While our exact routing depends on the National Park Service, we may visit the following islands. Here is a brief description of what each island offers. (B,L,D)
Bartolomé
This is an enchanting landscape where lava, mangroves and golden sand converge. Great walks, views and a chance to snorkel with penguins — a tropical oxymoron.

Santiago
Santiago provides us a chance to see the Galápagos fur seal, along with the opportunity to enjoy the best “tide pooling.”

Santa Cruz
The epicenter of Galápagos administration as well as the Charles Darwin Research Center where we’ll learn about their vital preservation work. We’ll head up into the highlands to roam the moss-draped lush landscape where wild giant tortoises often forage.

Isabela
Anchor off the picturesque port of Puerto Villamil. Walk the streets of this small town, visit the nearby saltwater lagoons, home to flamingos or simply stroll along a beautiful beach. Visit the tortoise breeding center which is jointly administered by the Galápagos National Park and the Charles Darwin Research Station. We’ll also explore Isabela’s caves and shoreline and search the waters for dolphins, whales, sea turtles and the elusive ocean sunfish — the mola-mola.

Fernandina
We’ll also investigate Punta Espinoza on Fernandina Island — the youngest island in Galápagos. It’s marine iguana heaven, with Isabela’s volcanoes as a dramatic backdrop.

Floreana
Champion Islet, just off the eastern shore of Floreana, is a fabulous snorkel site and home to a large colony of sea lions. There is nothing more delightful than an hour spent in the clear waters with these creatures! On Floreana, we may find flamingos, pintail ducks and various shorebirds. Hike to a lovely white sand beach, a favorite nesting site for sea turtles.

Españaola
We will visit two distinctly different parts of the same island. See blue-footed boobies, sea lions galore, Española marine iguanas which develop particularly vivid coloration, and waved albatross (mid-April through mid-December) exclusive to this island. Snorkel and stroll the island’s lovely beaches.

Saturday, Day 9: Galápagos/Disembark Ship/Guayaquil
This morning disembark the ship and fly to Guayaquil. The late afternoon and evening free to explore the city and prepare for your journey home. If you would like to visit Quito, please inquire about our optional Quito extensions.

Sunday, Day 10: Guayaquil/Home
This morning fly home.

Please see rates on page 14.

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**OPTIONAL QUITO EXTENSIONS**

If you wish to visit the colonial city of Quito, we’ve put together two different options to explore the city and its surroundings. Each focuses on the historical, cultural, or natural aspects of Ecuador:

**Historic Quito: Half Day**
Stroll downtown and visit the colonial temples and monasteries of this urban jewel, designated by UNESCO a World Heritage Site.

**Otavalo Cultural Experience: Full Day**
This excursion offers an in-depth experience into the traditional way of living of the people of Peguche—their history, customs, handicrafts and, very importantly, their music.
Galápagos + Peru’s Land of the Inca

ITINERARY – 16 DAYS/15 NIGHTS

Friday, Day 1 through Friday, Day 8
As per Galápagos itinerary.

Saturday, Day 9: Galapagos/Guayaquil/Lima, Peru
Depart Galapagos this morning and fly to Lima, Peru. Overnight at Orient Express Miraflores Park Hotel. (B)

Sunday, Day 10: Lima/Cusco/Sacred Valley of the Inca
This morning fly from Lima to Cusco and drive to Awanaqancha, a farm where South American camelidae are bred. Enjoy the scenery as we make our way to Pisac - Gateway to the Sacred Valley. Pisac has an “old town” and a “new town” from the Colonial era. We’ll visit the local food market before visiting its ruins. Later we check into our hotel, Sol y Luna. (B,L,D)

Monday, Day 11: Sacred Valley of the Inca
This morning visit the massive Inca stone fortress of Ollantaytambo, and is thought to be the only remaining example of pre-Columbian urban planning. After lunch at our hotel, the afternoon is at your leisure to explore on your own. Tonight is a very special night. Dinner is an outdoor event at our hotel complete with a campfire, BBQ and vibrant dances based on Peruvian folklore performed on stilts. There’ll also be a cooking demonstration that will take visitors through the steps of preparing specialties like Ceviche. (B,L,D)

Tuesday, Day 12: Sacred Valley/Machu Picchu
After breakfast we take a short ride to the train station for the 1½-hour ride to Machu Picchu (Old Mountain). At the citadel, “The Lost City of the Inca,” we’ll first have a guided walk but the real magic is that between 4:30 p.m. and 10:00 a.m. most visitors are gone. By staying over, you share Machu Picchu with only a handful of visitors. Overnight at Orient Express Sanctuary Lodge with only 31 rooms. (B,L,D)

Wednesday, Day 13: Machu Picchu
Breakfast at leisure. Enjoy a sunrise walk and hike to the Sun-Gate, the ancient final check point to Machu Picchu, an almost mystical experience for many. The morning is free to explore Machu Picchu and ponder the many mysteries of the Incas. After a train and bus ride, we arrive in Cusco in the late afternoon for two nights at the Orient Express Monasterio Hotel. (B,L,D)

Thursday, Day 14: Cusco
This morning explore Cusco, the Inca Empire’s capital. We’ll also visit the vast Sacsayhuaman Fortress. After lunch at the MAP café in the Pre-Columbian Art Museum, the rest of the day is open to stroll around the Plaza de Armas. Relax shopping or visit the magnificent 17th-century cathedral built on Inca foundations, the Santo Domingo Convent — Koricancha. This evening choose amongst several options for an independent dinner. (B,L)

Friday, Day 15: Cusco/Lima
This morning return to Lima and explore Colonial Lima. Visit the Larco Herrera Museum and its private collection of pre-Columbian art. Stroll the Plaza Mayor. Lunch will follow the traditional Latin American style and be rather late and then you can have a light dinner on your own. (B,L)

Saturday, Day 16: Lima/Miami
This morning fly home – or anywhere else you might have decided to go. (B)
LEX Wellness and the Tonic of Wildness

To enhance your Lindblad experience, we offer wellness services on all Galápagos journeys. Our wellness treatments have been designed to give you a relaxing escape in a serene environment. Revitalize your senses on our floating spa while surrounded by the sights and sounds of nature. Wake up with our marine iguana salt glow treatment or relax with our humpback whale deep tissue massage after a day of expedition activities or sample a restorative and therapeutic mask or a soothing foot massage. Whether you choose a treatment as a midday pick-me-up, or finish off with a relaxing massage, we invite you to try one of our wellness services and treatments to enhance your overall expedition experience.

Conservation

tortoises galore: in the wild and at the Charles Darwin Research Station

The fact that we can walk through a lush green highlands’ meadow observing wild tortoises is due in part to the Charles Darwin Research Station’s captive breeding and release programs. To directly support the conservation and protection of the Galápagos National Park and Marine Reserve, Lindblad Expeditions initiated the Galápagos Conservation Fund (GCF) in 1997. In the years since, the GCF has raised over $3.5 million to promote the well being of the archipelago and support essential conservation work, including eradication of major threats to tortoises and other endemic species. In addition to our active and ongoing commitment to Galápagos, we connect to an ever-growing global network of conservation support through organizations like the World Wildlife Fund, ensuring our continued commitment as leaders in environmental stewardship in the privileged places we visit.
**Polaris**

**Capacity:** 80 guests in 41 outside cabins. Registry: Ecuador. Overall length: 238 feet.

**Public Areas:** Ship is fully air-conditioned, Lounge with bar and facilities for films, slide shows and lectures, Library, covered Deck with chairs and tables, outside Deck, Gift Shop, Doctor’s Office.

**Meals:** Served in one seating, the menu is international with an Ecuadorian flair.

**Cabins:** All face outside with windows or portholes (A Deck only). Each has private facilities and climate controls.

**Special Features:** Ship is equipped with Zodiac landing craft, glass-bottom boat, snorkeling gear, wet suits, wellness center, guest e-mail station, video microscope, hydrophone and Splash-Cam. A ship’s doctor, a Video Chronicler and an Undersea Specialist will be on board.

**Costs are per person double occupancy.**

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<td>Spacious cabins have 2 lower single beds, writing desk and 1 or 2 portholes.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>A &amp; Main</td>
<td>A-Deck: 101, Main Deck: 200 – 221</td>
<td>$4,790</td>
<td>$7,890</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sole Occupancy</td>
<td>$7,190</td>
<td>$11,070</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Centrally located cabins feature 2 lower single beds, writing desk and a view window (except Cabin 101 on the A-Deck, which has 3 beds and 2 portholes.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Upper</td>
<td>301, 303, 305, 307</td>
<td>$5,320</td>
<td>$8,420</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Conveniently located, cabins feature 2 lower single beds, writing desk and a large view window.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Upper</td>
<td>302, 304, 306, 309, 311, 315, 319</td>
<td>$5,680</td>
<td>$8,780</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Spacious cabins feature 2 lower single beds, writing desk and a large view window.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Upper</td>
<td>300, 308, 317, 321</td>
<td>$6,790</td>
<td>$9,890</td>
</tr>
<tr>
<td></td>
<td></td>
<td>The largest cabins on board, able to accommodate a third person. With either 2 lower single beds or a double bed. All have a desk, convertible sofa bed, table and 2 large windows.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Shared Accommodations:** We will gladly make arrangements at the double-occupancy rate in Categories 1 and 2 only.

**Special Galápagos Airfare:** We offer a combined air package (round-trip Miami/Galapagos). $1,080 per person; kids under 12 from $870.

**Special Galápagos + Peru Airfare:** We offer a combined air package (round-trip Miami/Guayaquil/Lima). $1,780 per person; kids under 12 from $1,570.

Prices are based on prevailing airfare costs at the time of printing and subject to change. If arriving in Ecuador independently, please inquire about Guayaquil/Galápagos/Guayaquil airfare.
RESERVATION FORM: THE GALAPAGOS ISLANDS

Aboard the Polaris

Please reserve ______ place(s) on Galápagos, Nov. 23-Dec. 2, 2007.

Please reserve ______ place(s) on Galápagos + Peru’s Land of the Inc, Nov. 23-Dec. 9, 2007.

Name: ____________________________________________ Class/Year: __________________________
(as it appears on passport)

Name: ____________________________________________ Class/Year: __________________________
(as it appears on passport)

Street Address: __________________________________________________________

City: __________________________________ State: __________ Zip: __________

Home Phone: _____________________________ Business Phone: _____________________________

Fax: ______________________________________ E-mail: ______________________________

☐ Please contact me about air arrangements.

Accommodations: ☐ Double ☐ Single ☐ Share Basis (Roommate to be assigned by Lindblad Expeditions.)

Please indicate choice of cabin category in order of preference:

1st choice: ________ 2nd choice: ________

☐ I/We have read the Terms and Conditions for this program and agree to them.

Signature(s) ____________________________ Date: __________________________

☐ Enclosed is my advance payment of $_______ (US$500 Galápagos or US$800 Galápagos + Peru per person).

Check made payable to Lindblad Expeditions.

☐ Charge my advance payment of $_______ (US$500 Galápagos or $800 Galápagos + Peru per person) to my ☐ Visa ☐ MasterCard ☐ American Express or ☐ Discover

Account Number: ____________________________ Expires: ____________________________

Cardholder Signature: ____________________________ Date: __________________________
Travel + Leisure 2006 Small-ship Cruise Lines Award Lindblad Expeditions is ranked among the best. Travel + Leisure 2005 World’s Best Tour Operators Award ranked Lindblad Expeditions in the top ten by readers. Condé Nast Traveler Gold List 2006 ranked Lindblad Expeditions among the best:
“...a 93.9 score for Destinations/Itineraries, 96.2 Service and 89.3 for Activities.”