SUGGESTED READING GUIDE

Bhutan: The Last Buddhist Kingdom

Here is a brief selection of favorite, new and hard-to-find books, prepared for your journey. For your convenience, you may call (800) 342-2164 to order these books directly from Longitude, a specialty mail-order book service. To order online, and to get the latest, most comprehensive selection of books for your voyage, go directly to http://reading.longitudebooks.com/N92826.

**Recommended Package**

These 5 items are available as a package for $117 including shipping, 15% off the retail price (Item no. EXBHU58)

Any additional books ordered are shipped free.

**Michael Aris**

**The Raven Crown**
2005, HARD COVER, 160 PAGES, $60.00
Aris chronicles the rise of the Wangchuk dynasty in this beautifully illustrated history of the kingdom and its 20th-century monarchy, featuring 106 rare photographs. (Item no. BHU02)

**Barbara Crossette**

**So Close to Heaven, The Vanishing Buddhist Kingdoms of the Himalayas**
1996, PAPER, 297 PAGES, $16.00
Asia correspondent for the New York Times, Crossette portrays Bhutan and neighboring Ladakh and Sikkim as strongholds of Tantric Buddhism in an increasingly homogenized world. (Item no. NPL04)

**Dzongsar Jamyang Khyentse**

**What Makes You Not a Buddhist**
2007, PAPER, 128 PAGES, $15.95
Born in Bhutan in 1961, a Tibetan lama and filmmaker (Travellers and Magicians), Dzongsar Jamyang Khyentse Rinpoche gives a decidedly modern take on dharma, happiness, suffering and enlightenment in this engaging primer. (Item no. TBT96)

**Francoise Pommaret**

**Odyssey Guide Bhutan**
2009, PAPER, 326 PAGES, $23.95
A compact overview of the kingdom, its culture, history, flora and fauna by a resident scholar, enhanced by color photographs and maps. (Item no. BHU03)

**ITMB**

**Bhutan Map**
2012, MAP, $12.95
A double-sided traveler's map at an excellent scale of 1:345,000 with a larger scale map of Northern India on the reverse. (Item no. BHU06)

**Also Recommended**

**Gyurme Dorje**

**Footprint Bhutan Handbook**
2010, PAPER, 352 PAGES, $25.95
An up-to-date practical guide by a Buddhist scholar and expert in the region, this is a nice balance of cultural and historical overview and choice details for the traveler. (Item no. BHU18)

**Lonely Planet**

**Lonely Planet Bhutan**
2011, PAPER, 284 PAGES, $26.99
A compact travel guide to Bhutan with a good overview of culture, history and nature, sketch maps, a section of color photographs and plenty of practical detail on sightseeing and treks. (Item no. BHU11)

Call 800-342-2164 or go to http://reading.longitudebooks.com/N92826 to order.
Paul Kennedy, Charles C. Mann, Peter Menzel

**Material World**
1995, PAPER, 255 PAGES, $25.00
An inspired idea, this book documents 30 families around the world with all their possessions artfully arrayed around them. (Item no. GEN02)

Matthieu Ricard

**Bhutan, The Land of Serenity**
2012, PAPER, 232 PAGES, $19.95
A Buddhist monk, photographer, and French interpreter for the Dalai Lama, Ricard, draws on his time in Bhutan over the last 25 years for this intimate portrait. With illuminating chapters on the remarkable Khyentse Rinpoche, sacred art, architecture, dancing monks and ceremonies. (Item no. BHU34)

Russ and Blyth Carpenter

**The Blessings of Bhutan**
2002, PAPER, 192 PAGES, $26.99
Head-over-heels in love with Bhutan, the Carpenters introduce their adopted home, its people, customs, religion and history. (Item no. BHU16)

Jamie Zeppa

**Beyond the Sky and the Earth**
1999, PAPER, 303 PAGES, $16.00
Zeppa's memoir of her time as teacher in a remote village shows her growing love and commitment to the people and culture. (Item no. BHU08)

Lisa Napoli

**Radio Shangri-La**
2012, PAPER, 304 PAGES, $15.00
Napoli's memoir of her time working on a fledgling Bhutanese radio station. She writes with frankness and clarity about the contradictions, poverty and reality of much mythologized Bhutan. (Item no. BHU35)

Linda Leaming

**Married to Bhutan**
2011, PAPER, 256 PAGES, $14.95
Enraptured by the customs, land and people of Bhutan, where she has lived and worked for ten years, Leaming writes with humor and candor about her often-bumpy cultural immersion, her romance with a Buddhist artist and her unexpected path to happiness. (Item no. BHU36)

Kunzang Choden

**The Circle of Karma, A Novel**
2005, PAPER, 328 PAGES, $14.00
The first novel by a Bhutanese woman, this lyrical coming-of-age story explores the rituals of daily life in Bhutan. When Tsomo's mother suddenly dies, the young girl must travel alone across Bhutan and into India. (Item no. BHU26)

Khyentse Norbu

**Travellers and Magicians**
2005, DVD, $29.99
The first feature shot on location in Bhutan, this film, directed by a respected lama, follows a young official on his odyssey across the country. Along the way he is joined by a mischievous monk, an elderly peddler and an old man with his daughter. (Item no. BHU22)

Richard Grimmett, Carol Inskipp, Tim Inskipp

**Birds of India**
2012, PAPER, 384 PAGES, $39.50
Thoroughly revised, with 73 new plates and many others updated or repainted, the second edition of the masterful Birds of India now features all maps and text opposite the plates for quicker and easier reference. (Item no. FG43)

Peter Harrison

**Fortress Monasteries of the Himalayas**
2011, PAPER, 64 PAGES, $18.95
This slim book recreates the dramatic and colorful fortifications of Tibet, Ladakh, Nepal and Bhutan, recounting their history through foreign incursions, religious conflicts and civil wars to the Tibetan uprising and flight of the Dalai Lama from Potala Palace in 1959. (Item no. HML117)