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SRI LANKA: OUTER TRAVELS, INNER EXPLORATIONS

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Nelles. *Sri Lanka Map*. Reise & Verkehrsverlag, 2013. A detailed, colorful map of the island, at a scale of 1:450,000. (MAP, $13.95, Item SRL08)

MAPS & GUIDEBOOKS


HISTORY & CULTURE


Gombrich, Richard F. *Theravada Buddhism: A Social History from Ancient Benares to Modern Colombo*. Rutledge Hill, 2006. A readable and authoritative history of Theravada, which contains much material on its place in Sri Lanka, in earlier and more recent times. (PAPER, 234 Pp., $42.95, Item REL75)


Peebles, Patrick. *The History of Sri Lanka*. Greenwood, 2006. A concise history geared toward students and general readers that focuses on recent events, including ethnic conflict and the 2004 tsunami, and includes an appendix with brief biographies of key figures. (HARD COVER, 216 Pp., $45, Item SRL22)


INNER EXPLORATION

Aldous, Susi Hately. *Anatomy and Asana, Preventing Yoga Injuries*. Eastland, 2006. A yoga teacher and kinesiologist uses anatomy to support her common sense approach to practicing yoga safely. (PAPER, 89 Pp., $29.95, Item GNL41)


TRAVEL, BIOGRAPHY & MEMOIR

Briggs, Cherry. *The Teardrop Island, Following Victorian Footsteps Across Sri Lanka*. Aa Balkema, 2015. In this engaging travelogue, a young biology teacher retraces the footsteps of a British nobleman who was a government official in Sri Lanka. Along the way, she compares the country’s colonial past against its contemporary realities. (PAPER, 320 Pp., $13.95, Item SRL34)

**LITERATURE**


Sivanandan, Ambalavaner. *When Memory Dies*. Arcadia, 2013. A sweeping, complex novel that traces the degeneration of Tamil-Sinhala relations from before independence until the outbreak of the civil war. (PAPER, 412 Pp., $19.95, Item SRL28)


**NATURAL HISTORY & FIELD GUIDES**


Wijeyeratne, Gehan de Silva. *Wild Sri Lanka*. John Beaufoy Publishing, 2014. This in-depth primer to Sri Lanka's most sought-after wildlife includes stories, descriptions of the parks and reserves by habitat type, a wildlife watching calendar and a handy guide to specific habitats for blue whales, sperm whales, leopards, Asian elephants and sloth bears. (HARD COVER, 208 Pp., $49.95, Item SRL32)
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