Carleton College Indoor Track & Field
Carleton Triangular
Friday, January 18, 2019

Competing Teams: Carleton, Hamline, St Olaf

“Revised” Schedule of Events

**Field Events**

5:30pm Long Jump (M)  
5:30pm Pole Vault (W)  
5:30pm 20# Weight Throw (W)  
5:45pm High Jump (M)  
5:50pm Long Jump (W) after Men’s Long Jump  
6:15pm 35# Weight Throw (M) after Women’s Weight Throw  
6:15pm Triple Jump (M) after Women’s Long Jump  
6:45pm High Jump (W) after Men’s High Jump  
6:45pm Triple Jump (W) after Men’s Triple Jump  
7:00pm Pole Vault (M) after Women’s Pole Vault  
7:00pm Shot Put (W) after Men’s Weight Throw  
8:00pm Shot Put (M) after Women’s Shot

**Track Events**

5:15pm National Anthem  
5:30pm 55m Hurdles (M) - Prelims  
5:35pm 55m Hurdles (W) - Prelims  
5:45pm 55m (M) - Prelims  
5:50pm 55m (W) - Prelims  
6:00pm One Mile (M)  
6:15pm One Mile (W)  
6:25pm 55m Hurdles (W) - Finals  
6:32pm 55m Hurdles (M) - Finals  
6:40pm 400m (M)  
6:40pm (W) no entries  
6:50pm 55m (M) - Finals  
6:55pm 55m (W) - Finals  
7:00pm 600m (M)  
7:05pm 600m (W)  
7:10pm 800m (M)  
7:15pm 800m (W)  
7:20pm 1000m (M)  
7:27pm 1000m (W)  
7:35pm 200m (M)  
7:45pm 200m (W)  
8:00pm 3000m (M)  
8:25pm 3000m (W)  
8:40pm 4x400m (M)  
8:50pm 4x400m (W)