The Carleton swimming and diving teams welcome you to Thorpe Pool for the final home dual meet of the 2011-12 season.

ORDER OF EVENTS

Carleton senior recognition (1:50 p.m.)
- 200 Medley Relay
- 1000 Freestyle
- 200 Freestyle
- 100 Backstroke
- 100 Breaststroke
- 200 Butterfly
- 50 Freestyle
- 1/3 Meter Diving

St. Olaf senior recognition
- 100 Freestyle
- 200 Backstroke
- 200 Breaststroke
- 500 Freestyle
- 100 Butterfly
- 3/1 Meter Diving
- 200 Individual Medley
- 200 Freestyle Relay

The Carleton swimming & diving teams huddle after completing the Sixth Annual “Hour of Power.”
Congratulations, Class of 2012!

The final regular-season home meet of each season is designated as Senior Day and a special tribute is made to the individuals who have dedicated themselves to the Carleton College swimming & diving program for the past several years. The P.E.A.R. Department would like to recognize this year’s seniors for their contributions and efforts during their time at Carleton. The seniors shared their post-graduation ambitions and some of their favorite memories of the Carleton swimming and diving program.

**MAGGIE ALEXANDER — Major: Biology**
**Post-Carleton plans:** Graduate School in Molecular biology
**Fondest Memory:** The electric energy at every conference meet. Seeing everyone astonish themselves and support each other wholeheartedly.

**CHARLOTTE ALSTER — Major: Geology**
**Post-Carleton plans:** Graduate school to study nutrient cycling
**Fondest Memory:** The team’s enthusiasm at meets and singing Beyoncé in the showers

**CASEY ANDREE — Major: Music (Educational Studies)**
**Post-Carleton Plans:** Get licensed to teach music in the public schools.
**Fondest Memory:** Eating chicken-on-a-stick in Puerto Rico.

**AUSTEN CHASE — Major: Psychology (Women’s and Gender Studies)**
**Post-Carleton Plans:** Graduate school in clinical/counseling psychology.
**Fondest Memory:** When Gabe did an inward two-and-a-half fully clothed.

**LIZ FURUYA — Major: Asian Studies**
**Post-Carleton Plans:** Before coming to Carleton, I assumed that I would move back to New York. Now, I’m trying to land a job in the Twin Cities to keep revelling in the Minnesnowta nice.
**Fondest Memory:** Trying to learn reverse dives was a torturous process for me. Before my first meet, I had never successfully done a reverse dive. At practice I would unfailingly balk or smack, so I was absurdly nervous when my turn was up. Through sheer adrenaline, I managed to pull one off for the first time EVER! I came out of the water and Gabe was beaming… and holding up the lowest score of all the judges. I’d done the wrong dive, piking instead of tucking. But it didn’t matter, because I’d finally managed to beat my fear!

**KEVIN HALLMAN — Major: Physics**
**Post-Carleton Plans:** Graduate school in physics.
**Fondest Memory:** Seeing the Alums come back at the Alumni meet every year is great. I also love the hour-long team dinners after practice.
HANNAH HEAVENRICH — Major: Environmental Studies
Post-Carleton plans: After Carleton I plan to bike across the country for charity and then work at an ecology or coastal resource conservation based job until grad school. I hope to be in place where I can spend time outside and work to make a change.
Fondest Memory: My favorite memories of swimming have been finding hairballs for Andy, winning conference in 2009, seeing everyone celebrate accomplishing their goals, and Halloween practices full of candy and memories of alumni!

LEO HUMMEL — Major: East Asian Studies
Post-Carleton plans: Moving to China to pursue a career in International Business
Fondest Memory: I love how fun diving practices are. We cheer for people when they smash and chairs are thrown in the pool for great dives. It’s amazing how supportive everyone is of each other, between swimmers and divers, guys and girls, freshmen and seniors.

DJEM KISSIOV — Major: Biology
Post-Carleton plans: Lab research for a couple of years, then grad school in Molecular Biology.
Fondest Memory: The conference championships every year are one of the greatest experiences I’ve ever had. Freshman year, the first time I had this experience, would have to be my favorite.

CLARA LABADIE — Major: Studio Art
Post-Carleton Plans: I hope to teach art at an independent school next year.
Fondest Memory: I will always remember receiving the “birthday” award on the training trip my freshman year. It’s awarded annually to the freshman girl who is most easily embarrassed.

ANNIE METCALF — Major: English
Post-Carleton Plans: I hope to find a job in publishing but I don’t have any specific plans yet!
Fondest Memory: Musical mornings with my room in the Keys, winning MIACs in 2009, and watching the Donut Challenge every year!

MALLORY PERNELL — Major: Psychology
Post-Carleton plans: None yet, but hopefully a job in public health.
Fondest memory: During my freshman year training trip in Fort Lauderdale when we had the gigantic cake fight on the beach. We were so covered in cake that the seagulls went crazy and tried to eat it off of our bodies so we had to run into the ocean to wash it all off. Then all the freshmen proceeded to wrestle each other in the waves.
### Carleton College Women's Swimming & Diving

- Maggie Alexander, Sr., Tigard, Ore./Tualatin
- Charlotte Alster, Sr., Tucson, Ariz./Catalina Foothills
- Molly Bostrum, So., Bloomington, Minn./Kennedy
- Alison Byrnes, So., Olympia, Wash./Olympia
- Austen Chase, Sr., San Antonio, Texas/International School
- Alison Coogan, Fy., River Forest, Ill./Oak Park River Forest
- Grace Cormier, Jr., Rockford, Ill./Boylan Catholic
- Annie Doubleday, So., Shoreline, Wash./Lakeside
- Liz Furuya, Sr., Williston Park, N.Y./Mineola
- Molly Gallop, So., Minnetonka, Minn./Hopkins
- Alexandra Guy, Fy., Denver, Colo./School of the Arts
- Micaela Hahn, So., Berkeley, Calif./College Preparatory
- Hannah Happ, So., Mequon, Wis./Homestead
- Hannah Heavenrich, Jr., Berkley, Mich./Berkley
- Emily Hollihan, Fy., Boulder, Colo./Boulder
- Clara Labadie, Sr., Washington, DC/Lawrenceville School
- Erin McDuffie, Jr., Anchorage, Alaska/Service
- Annie Metcalf, Jr., Bath, Maine/Morse
- Ashley Paquin, Jr., Ipswich, Mass./Ipswich
- Mallory Pernell, Sr., Austin, Texas/Westlake
- Sophie Pihlaja, Jr., Inver Grove Heights, Minn./Visitation
- Rose Prullage, Jr., Evanston, Ill./Evanston Township
- Samantha Sharpe, So., San Rafael, Calif./San Rafael
- Milana Socha, So., Chesterton, Ind./Chesterton
- Molly Spence, Jr., Tacoma, Wash./Woodrow Wilson
- Claire Wilson, So., Franklin, Ind./Franklin

### Upcoming Carleton College Swimming & Diving Competitions

<table>
<thead>
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<th>Date</th>
<th>Opponent/Event</th>
<th>Site/Location</th>
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<tr>
<td>Feb. 21-24</td>
<td>NCAA D-III Championships</td>
<td>Minneapolis, Minn. (U. of MN Aquatics Center)</td>
<td>6 p.m.</td>
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<td>Feb. 15-16</td>
<td>MIAC Championships</td>
<td>Minneapolis, Minn. (U. of MN Aquatics Center)</td>
<td>Prelims: 10:30 a.m./Finals: 6:30 p.m.</td>
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<td>Feb. 8-10</td>
<td>Northfield Diving Invite</td>
<td>Northfield, Minn. (Thorpe Pool)</td>
<td>6 p.m.</td>
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<td>Feb. 3-4</td>
<td>Minnesota Challenge</td>
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### St. Olaf College Women's Swimming & Diving

- Rebecca Barry, So., Deerfield, Ill.
- Kelsey Bean, Jr., Sioux Falls, S.D./Lincoln
- Emily Beardsley, Jr., Shoreview, Minn./Mounds View
- Anna Begin, Sr., New Hope, Minn.
- Laura Begin, So., New Hope, Minn.
- Carolyn Bernhardt, So., Northbrook, Ill.
- Maggie Boling, So., Libertyville, Ill.
- Kai Erickson, So., North Oaks, Minn.
- Lydia Feldman, Jr., Dubuque, Iowa/Hempstead
- Maureen Gullen, Jr., Morton Grove, Ill./Niles West
- Josie Haxton, So., Lombard, Ill.
- Sarah Kemp, So., Edina, Minn.
- Katie Kubat, Sr., Des Moines, Iowa
- Megan Laedtke, Jr., Edina, Minn./Edina
- Brittani Lamb, So., St. Peter, Minn.
- Grace Larson, So., Brainerd, Minn.
- Lindsey Lee, So., White Bear Lake, Minn.
- Ellie Levy, Fy., Shoreview, Minn./Mounds View
- Jennifer Mohn, So., Eden Prairie, Minn.
- Megan Nelson, Jr., Shoreview, Minn./Mounds View
- Maura Nicholson, Jr., Ann Arbor, Mich./Mercy
- Annamarie Pearson, Fy., Lewiston, Idaho
- Morgan Smith, Sr., Apple Valley, Minn.
- Lauren Snyder, Sr., Excelsior, Minn.
- Meghan Weiss, Jr., St. Paul, Minn./Visitation

### St. Olaf College Men's Swimming & Diving

- Casey Andree, Sr., Bloomington, Ind./Bloomington North
- Jaymes Awbrey, Jr., Farmington, Minn./Farmington Senior
- Ben Bedore, Jr., Mequon, Wis./Homestead
- Ross Brown, So., Chippewa Falls, Wis./Chippewa Falls
- Andrew Cely, Fy., Plano, Texas/Plano
- Eli Danson, Fy., Wausau, Wis./Wausau East
- Jeffrey Domingues, Jr., Plymouth, Minn./Robbinsdale Armstrong
- Michael Domingues, Jr., Plymouth, Minn./Robbinsdale Armstrong
- Dennis Ea, Jr., Maplewood, Minn./North
- Christian Edwards, So., Atlanta, Ga./The Lovett School
- Chris Frills, Jr., Chicago, Ill./North Lawndale College Prep
- Michael Goodgame, Fy., Westport, Conn./Staples
- Jesse Gourevitch, Sr., Aardsley, N.Y./Aardsley
- Kevin Hallman, Sr., Park, Ill./Oak Park & River Forest
- Andy Hardt, Jr., Mount Kisco, N.Y./American School in London
- Evan Harris, Fy., Lexington, S.C./Lexington
- Tom Holmes, Jr., Cedar Rapids, Iowa/Washington
- Leo Hummel, Sr., Seattle, Wash./Garfield
- Mamaru Kanazawa, Jr., Tokyo, Japan/St. Mary's International School
- Dijm Kissiov, Sr., Madison, Wis./West
- Erik Klontz, Jr., Bethesda, Md./Bethesda-Chevy Chase
- Adam Miller, Jr., Glendale, Wis./Nicolet
- Steven Moran, Jr., Columbia Heights, Minn./Columbia Heights
- Benito Ramirez, So., Saint Louis Park, Minn./Minneapolis South
- Alex Simonides, So., Palo Alto, Calif./Los Altos
- Will Sparks, Fy., Evanston, Ill./Evanston Township
- Ben Strasser, Jr., Avondale Estates, Ga./Paideia

### St. Olaf College Men's Swimming & Diving Competitions

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