MEET THE KNIGHTS

1. **Erin Anderson**  
   Fy./S, DS • 5-7  
   Bloomington, Minn. (Kennedy)  
   2007 AAU All-American and All-Lake Conference selection. Member of Minnesota Select and Burnsville Thunder club teams.

2. **Laura Barsness**  
   Jr./L, DS • 5-6  
   Prior Lake, Minn. (Lakeville North)  
   Major: Psychology  
   MIAC Tri-Defensive Player of the Year in 2007. Led team in digs in each of her first two years, averaging 5.55 per game. All-State and all-conference pick senior year at Lakeville North High School, leading team to third-place finish at state tourney. Member of Northern Lights 18-1 club team.

3. **Katie Stanchak**  
   Team Captain  
   Sr./OH • 5-11  
   Battle Creek, Mich. (Battle Creek Lakeview)  
   Major: Chemistry (Biochemistry)  
   Appeared in 23 matches in 2007. All-State honorable mention, All-City and All-Conference selection. Academic All-State and graduated at top of high school class.

4. **Sam Baker**  
   So./OH • 5-9  
   Cranford, N.J. (Oak Knoll School)  
   An All-County and three-time All-Conference pick at Oak Knoll School. Also tabbed New Jersey All-Star and New Jersey State Athletic Association Woman Athlete of the Year. Member of Atlantic Valley club team. National Merit Scholar.

5. **Ailsa McCulloch**  
   Fy./MH • 6-1  
   Woodside, Calif. (Crystal Springs Uplands)  
   Member of conference championship team at Crystal Springs Uplands, where she was an All-League performer. Played on City Beach club team.

6. **Maddy Lenhard**  
   So./DS • 5-8  
   Eden Prairie, Minn.  
   Led high school team to conference championship in 2006. Member of Northern Lights club program. National Merit Scholar.

7. **Beth Jarrett**  
   So./S • 5-8  
   Mounds View, Minn. (Irondale)  
   Saw limited action in 2007. Was captain and MVP of high school team, named All-Conference. Conference Player of the Year and Academic All-State. Member of Minnesota Select 18-2 club team.

8. **Beth Jarrett**  
   So./S • 5-8  
   Mounds View, Minn. (Irondale)  
   Saw limited action in 2007. Was captain and MVP of high school team, named All-Conference. Conference Player of the Year and Academic All-State. Member of Minnesota Select 18-2 club team.

9. **Megan La Chapelle**  
   Team Captain  
   Sr./OH • 5-10  
   Eagan, Minn.  
   Major: English  
   Started every match the past two seasons. All-State honorable mention. All-Conference performer, helping Eagan High School win 2003 Class 4A state title; named to all-tournament team at state tourney.

10. **Kyla Walter**  
    So./OH • 5-10  
    Aspen, Colo.  
    Saw limited action in 2007. Named All-Conference and Academic All-State in high school. Member of Defiance and Front Range club teams.

11. **Kelly Lovett**  
    So./MH, RS • 6-1  
    Portland, Ore. (Lincoln)  
    Was second in hitting percentage last season (.308). National Merit Scholar. All-conference in 2005 and 2006, and 2005 Conference Player of the Year. Member of Nike NW Juniors club team.

12. **Annie Eckhoff**  
    Jr./MH • 6-1  
    Northfield, Minn.  
    Major: Biology  
    All-American Honorable Mention, AVCA Central Region First Team and All-MIAC selection in 2007. Paced team in kills, blocks, and hitting percentage. Also a member of Carleton’s basketball team. All-Missota pick in 2005 for Northfield High School, where she was a two-time all-state performer in triple jump.

13. **Sarah Kunelius**  
    Team Captain  
    Sr./MH • 5-11  
    Eagan, Minn.  
    Major: Chemistry (Biochemistry)  
    Appeared in 23 matches in 2007. All-State honorable mention, All-City and All-Conference selection. Academic All-State and graduated at top of high school class.

14. **Sarah Halls**  
    Jr./RS, MH • 6-1  
    Edina, Minn.  
    Major: Mathematics  
    Averaged 1.0 blocks/game in 2007. Member of MI club team and a National Merit Scholar. Serves as an instructor for Carleton’s men’s club volleyball team.

15. **Andrea Duron**  
    Sr./Manager  
    Claremont, Calif. (Vivian Webb School)  
    Major: Sociology/Anthropology (Educational Studies)
COACHING STAFF

HEAD COACH
HEIDI LUEHMANN JAYNES
Record at school: 139–99 (nine seasons)  
507-222-4447 hjaynes@carleton.edu

The 2008 campaign marks the 10th season with Heidi Luehmann Jaynes at the helm of the Carleton volleyball program. She has guided the Knights to seven consecutive winning seasons, an unprecedented steak in Carleton volleyball history. Her résumé also includes back-to-back-to-back 20-win seasons and a pair of NCAA Tournament appearances.

Jaynes already has amassed more Minnesota Intercollegiate Athletic Conference (MIAC) wins than any coach in the program’s history. With a 139–99 record over her first nine seasons, she entered 2008 needing only four victories to take over the top spot in career wins.

The Knights were 19–6 last season and tied for fourth in the MIAC standings with a 7–4 conference mark. The team ranked as high as No. 18 in the AVCA national poll and earned an at-large berth to the NCAA Division III Championships for the third time in school history.

Jaynes guided the Knights to the 2004 MIAC regular-season title, the first in school history. That season was one of the best in Carleton volleyball history, as Jaynes led the Knights to a 22–3 mark, 10–1 in conference action.

An associate professor of physical education, athletics, and recreation, Jaynes lives in Dundas with her husband, Andy, who is an assistant women’s basketball coach at Carleton, and their daughters Sydney and Teagan.

ASSISTANT COACH
AMY TENUTE
Amy Tenute has been an assistant coach with the volleyball program and the head coach of Carleton’s softball team since 1998. Under her leadership, Carleton improved its record on the diamond in each of her first three seasons, including a school-record 21 victories in 2000. A four-year starter and two-time Academic All-American while playing catcher and third base at Moorhead State University (Minn.), she made three NAIA National Tournament appearances during her collegiate career. She served as an assistant coach at Michigan State University before coming to Carleton.

ASSISTANT COACH
SHELLY CARON
Shelly Caron returns for a second season on the Knights’ staff. A personal trainer and group fitness instructor at Carleton and Anytime Fitness since 2001, she played on USAV teams and Minnesota Sports Federation squads over the past several years.

Student Assistant Coach
JOE SWIGGUM ’10
Joe Swiggum joined the coaching staff for the 2008 season. A physics major, he is a member of Carleton’s men’s club volleyball team and was a part of the Knights’ volleyball broadcast team last season.

THE JAYNES FILE
COACHING
Carleton College, 1999–present
American Volleyball Coaches Association (AVCA) Central Region Coach of the Year in 2004
MIAC Coach of the Year, 2003 and 2004
Assistant Women’s Volleyball Coach, University of Oklahoma, (1996–99)

EDUCATION
University of Oklahoma, BA in finance and international business (1996) and MBA (1999)

PLAYING EXPERIENCE
University of Oklahoma, four-year starter, middle blocker
Second-team All-Big Eight selection, team MVP and team captain, 1995
Four-time Academic All-Big Eight honoree
Mabel-Canton High School (Minn.)
All-State performer in both volleyball and basketball
2007 SEASON REVIEW

KNIGHTS RETURN TO NCAA CHAMPIONSHIPS

The Carleton volleyball team ranked nationally for the fourth consecutive season in 2007, climbing as high as No. 18 in the AVCA poll. The Knights also garnered a NCAA Championships bid for the second time in three seasons, the program's third overall trip to the national tournament.

Middle hitter Annie Eckhoff '10 earned a spot on the AVCA's All-Region Team and was named AVCA All-American Honorable Mention. She is one of five Carleton players to receive All-American distinction over the past four seasons.

Heather La Chapelle '08, a four-year starter and owner of Carleton records in career assists (3,697) and assists per game (10.81) was an All-Region honorable mention selection. Eckhoff and La Chapelle were both voted to the All-MIAC Team along with libero Laura Barsness '10, who was the conference's tri-defensive player of the year.

Head Coach Heidi Jaynes
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