KNIGHTS UNBEATEN AFTER SUCCESSFUL CALIFORNIA TRIP

Carleton begins MIAC play this week after going 3-0 on their season opening trip to southern California. The Knights defeated Chapman University, Pomona-Pitzer and Claremont-Mudd-Scripps to begin their 2006-07 campaign. This week, the Knights take on Augsburg College and the College of Saint Benedict to open their conference schedule.

In the season opener, rookie Amber Connor made one of two free throws with four seconds left in the game to propel the Knights over Chapman University 59-58. Connor finished with 11 points and three rebounds in her first collegiate outing. Sarah Lincoln led Carleton with 12 points and eight rebounds and Hannah Oken-Berg added 11 points and five rebounds. The Knights were under constant pressure all evening from the small, pesky Panthers, committing 27 turnovers. The Knights, however, used their height advantage to outrebound Chapman 46-28, en route to the victory.

Carleton carried over the momentum from their opening win to their second contest, a 63-56 victory over Pomona Pitzer. Hannah Oken-Berg tallied 20 points and six rebounds and Hannah Oken-Berg added 11 points and five rebounds. The Knights were under constant pressure all evening from the small, pesky Panthers, committing 27 turnovers. The Knights, however, used their height advantage to outrebound Chapman 46-28, en route to the victory.

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The finale was equally as successful as the prequels for the Knights as they dominated
Pomona-Pitzer. Metcalf-Filzen, who is in her tenth season with the Knights, has an over game against the Blazers is a rematch of last year’s MIAC semifinal in which the Knights committed only nine turnovers against the Athenas full-court pressure, while forcing 17.

The Knights shot 63 percent from the field in the second half and held the Athenas to just 30 percent shooting for the game. Hannah Oken-Berg scored 18 points and posted seven rebounds to lead the Knights. Sarah Lincoln, Amber Connor and Anna Biewen had eight points each as the Knights committed only nine turnovers against the Athenas full-court pressure, while forcing 17.

Carleton’s 3-0 start is their first since 2003-04 but things do not figure to get any easier for the Knights as they travel to Augsburg and Saint Benedict to open the MIAC slate. The game against the Blazers is a rematch of last year’s MIAC semifinal in which the Knights upset the Blazers 74-73 in overtime to advance to the MIAC title game.

Head Coach Tammy Metcalf-Filzen recorded her 200th coaching victory in the win over Pomona-Pitzer. Metcalf-Filzen, who is in her tenth season with the Knights, has an over all record of 201-96 in her 12 seasons of coaching.

Knights’ 2006-07 Season Preview
A year after winning 13 of its final 16 games and surprising some by advancing to the MIAC Playoffs title game for the sixth straight year, the Carleton College women’s basketball team enters 2006-07 with a young team hungry to put the Knights’ program back on the national stage.

After struggling early in the season to a 5-7 start, capped by a three-point loss at the College of St. Catherine, the Knights captured wins in 11 of their final 13 regular-season contests to finish third in the conference. After beating Hamline in the conference tournament’s opening round, they upset top-seeded St. Benedict on the Blazers’ home floor before running out of steam in the title game at Concordia-Moorhead.

The Knights, though, lose three seniors off last year’s team, most notably four-time All-MIAC and three-time All-American Megan Vig ‘06. The Northfield native finished second all-time at Carleton in scoring (1,668 points) rebounding (743) and blocked shots (80) and is the school’s all-time leader in three-point baskets (127). She and classmates Andrea Korb and Kari Christianson helped the Knights post 87 victories during their four seasons with three MIAC regular-season titles, two MIAC Playoff titles and two NCAA Tournament appearances.

“I’ve been asked that so many times about how you replace a Megan Vig – you don’t replace a Megan Vig with one person,” Carleton head coach Tammy Metcalf-Filzen said. “I think we’ll have to have other people step up, and the good part is we don’t really know who will step up at this point. We have some sophomores who have matured a lot and are ready to go. We’ll miss all three of our seniors that graduated last year and we’re trying to develop that leadership.”

The cupboard is hardly bare for Metcalf-Filzen, who moves into her 10th season on the Knights bench and is two victories away from 200 for her career. Five of the six top scorers are back, paced by sophomore post Hannah Oken-Berg, the lone All-MIAC pick as a first-year player last year. She averaged 11.4 points and 5.0 rebounds while shattering the Carleton single-season record with 69 blocked shots.

Joining Oken-Berg in that sophomore class is Sarah Lincoln, who finished third on the team with 6.8 points per game coming off the bench and finished second on the team with 5.4 rebounds per game. Although the Knights will certainly miss Vig, her departure means Oken-Berg is the focal point on the interior and Metcalf-Filzen is excited about she and Lincoln working together.

“Both of them have looked very good in practice. They’re totally different kind of play-

### Carleton Starting Line-up

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<tbody>
<tr>
<td>12</td>
<td>Annie Isler</td>
<td>Jr.</td>
<td>G</td>
<td>5-5</td>
<td>3.3 ppg, 4.7 rrg, 3.0 apg</td>
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<tr>
<td>13</td>
<td>Amber Connor</td>
<td>Fy.</td>
<td>G</td>
<td>5-9</td>
<td>9.3 ppg, 3.0 rpg, 2.0 apg</td>
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<tr>
<td>22</td>
<td>Anna Biewen</td>
<td>So.</td>
<td>F</td>
<td>5-10</td>
<td>6.3 ppg, 1.0 rpg, 0.7 apg</td>
</tr>
<tr>
<td>34</td>
<td>Hannah Oken-Berg</td>
<td>So.</td>
<td>C</td>
<td>6-2</td>
<td>16.3 ppg, 6.0 rpg, 1.0 apg</td>
</tr>
<tr>
<td>55</td>
<td>Sarah Lincoln</td>
<td>So.</td>
<td>F</td>
<td>6-0</td>
<td>1.0 ppg, 8.3 rpg, 2.0 apg</td>
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### Key Reserves

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<tr>
<td>20</td>
<td>Megan Mileusnic</td>
<td>Fy.</td>
<td>F</td>
<td>5-11</td>
<td>5.3 ppg, 6.3 rpg, 0.3 apg</td>
</tr>
<tr>
<td>32</td>
<td>Annie Eckhoff</td>
<td>Fy.</td>
<td>C</td>
<td>6-1</td>
<td>4.3 ppg, 2.7 rpg, 2.0 apg</td>
</tr>
<tr>
<td>50</td>
<td>Sarah Kunelius</td>
<td>So.</td>
<td>F</td>
<td>5-11</td>
<td>5.0 ppg, 4.0 rpg, 0.7 apg</td>
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Claremont-Mudd Scripps 63-44 to finish their trip unbeaten. The Knights shot 63 percent from the field and held the Athenas to just 30 percent shooting for the game. Hannah Oken-Berg scored 18 points and posted seven rebounds to lead the Knights. Sarah Lincoln, Amber Connor and Anna Biewen had eight points each as the Knights committed only nine turnovers against the Athenas full-court pressure, while forcing 17.

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“Both of them have looked very good in practice. They’re totally different kind of play-
ers,” she said. “Hannah has a better understanding of the game and when to wait and when to go. Sarah plays really well off of Hannah and vice versa.”

Anna Biewen came on strong late in the season, starting the final eight games and scoring in double figures five times for Carleton. Sarah Kunelius possesses the long-range threat, as she paced the Knights in three-pointers made and knocked down six triples in the conference tournament semifinal win over St. Benedict, including four in a row to get Carleton back into the game. Annie Isler, meanwhile, is the heir apparent to Korb at the point guard position a year after scored 5.9 points and matching Korb with a team-high 2.4 assists per game in her first season, as she sat out her rookie season with a knee injury.

“They did a lot of things well at the end of the season, especially the way they competed in big games,” Metcalf-Filzen said of the class of 2009. “That was a something last year’s seniors wanted to make sure they understood about our program. That’s something they grasped by the end.”

Metcalf-Filzen expects returning juniors Emily Strandmark and Joy Esboldt, along with sophomore Liz Baumgartner to contribute in the backcourt. Strandmark especially has the most intriguing possibilities, as she started six games last season and is one of Carleton’s better perimeter shooters, but she must stay healthy in order to contribute, according to Metcalf-Filzen.

The incoming first-year class is stocked and all three players will contribute immediately. Both Amber Connor and Megan Mileusnic were three-time all-conference picks in high school and all-state honorable mention selections. The duo, along with Annie Eckhoff will need to produce if the Knights are to be competitive in the conference.

These new additions give the Knights something they lacked a bit last year—versatility. “Annie, Amber and Megan can play multiple positions and I don’t have any problems having Sarah Lincoln bring the ball up the floor, so we’re going have to be creative in how we utilize that versatility,” Metcalf-Filzen said. “We have lots of combinations and so we’ll have to discover which ones work best for us.”

This versatility will help the Knights combat a small lack of depth, as the returning six regulars will join the three newcomers in a tight rotation that could extend out to nine or ten players, depending on the situation. Carleton’s newfound versatility, though, should aid the Knights. What we’re trying to do is focus on everyone developing all parts of their game,” Metcalf-Filzen said. “We’ve really tried to develop the versatility that we want from our players and our offense lends itself to that because we’re asking people to go inside and outside.”

Metcalf-Filzen said the Knights need that versatility in what promises to be a rugged MIAC schedule. “I think it’s going to be as tough as it’s ever been,” Metcalf-Filzen said, who enters her 20th season as either a player or coach in the MIAC. “Whichever teams survive it will be a very strong team at the end and we’re supposed to be.”

Whether or not this team has the right mixture of talent, experience and depth to return to the top of the conference and return to the NCAA Tournament for the first time since 2004 remains to be seen, but it’s obvious Metcalf-Filzen’s young charges energize her.

“We haven’t talked about it yet, but we’ll talk about it and then set it aside,” Metcalf-Filzen said of any title or NCAA aspirations. “I think it has become one of the things we grasped by the end so that’s where we’ll continue to focus.”
Scouting the Blazers:

The 2006-07 season could be a milestone year for Augsburg and third-year head coach Jennifer Britz. The Auggies have improved steadily each of the last two seasons under Britz’s direction and this season they are setting their sights on an MIAC playoff birth.

The Auggies return eight letterwinners and three starters off a squad that went 7-18 overall, including 4-16 in the MIAC. This year’s team is led by two junior backcourt players in Kristina Lurken and Katie LaGrave. Lurken, a two-year starter, averaged 9.1 points and 5.0 rebounds a game, while also leading the conference in assists with four per game. LaGrave is the team’s top returning scorer as she averaged 12.8 points per game last season, earning All-MIAC Honorable Mention accolades.

The Auggies’ frontcourt is likely to be the key to the Augsburg success this season. A less experienced duo of sophomores Jacci Mattern and Brietta Schluender are the leaders for this unit. Neither player averaged more than five points or four rebounds a game last season.

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Last Season

at Minneapolis: (W), Carleton 79-57
Anna Biewen scored 16 points and Hannah Oken-Berg added 15 points, nine rebounds and four blocks as Carleton downed host Augsburg.

at Northfield: (W), Carleton 63-40
Hannah Oken-Berg scored 15 points, grabbed 12 rebounds and blocked four shots for her first career double-double as the Knights defeated the Auggies.

News and Notes

-Hannah Oken-Berg needs six blocks to break the career record for blocked shots at Carleton. Just a sophomore, Oken-Berg shattered the single-season record last season with 69 blocks and sits at 75 career blocks for this unit. Neither player averaged more than five points or four rebounds a game last season.

Academic ACCADEMIC

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College of Saint Benedict

Scouting the Blazers:

Traditional, as the saying goes, the Blazers do not rebuild; they reload. This year is no different as Saint Benedict returns four starters from a team that went 21-6 and won the MIAC regular season crown. Head Coach Mike Durbin should, by season’s end, have his team poised for an NCAA bid.

Saint Benedict does have an extremely large void to fill in their frontline as they have to replace their departed All-American Anna Heikenen. Last season’s MIAC Player of the Year and a three-time All-Conference selection, the rest of the league is surely glad to see Heikenen out of the Blazers lineup.

Sophomore Ariel Tauer will be summoned to shoulder the load on the inside for the Blazers. The forward averaged 6.3 points and 3.9 rebounds last season, which landed her on the All-MIAC First Year Team. Opposite her is senior Ellie Boone, who is one of the team’s most accurate shooter and aggressive rebounder.

The backcourt will be loaded with veteran experience as three seniors are leading the Blazers. Three-year starters Jen Dalhed, Darby Noreen and Katie Kempe are three starters off a squad that went 7-18 over last twenty contests over Augsburg, including ten straight.

In their last 18 games, Carleton holds a 10-8 advantage over Saint Benedict. In those matchups, the Knights have outscored the Blazers by just 12 total points (1273-1261).
### Individual Player Season/Career Highs

#### LIZ BAUMGARTNER
- **Points:**
  - 10 at UW-Eau Claire, 12/13/05
- **Rebounds:**
  - 2 at Macalester, 11/22/05
- **Assists:**
  - 1, on two occasions

#### ANNA BIEWEN
- **Points:**
  - 9 at Pomona-Pitzer, 11/24/06
  - 8 at Augsburg, 1/6/06
  - 7 at Concordia, 2/14/06
- **Rebounds:**
  - 2 at Pomona-Pitzer, 11/24/06
  - 2 at Augsburg, 1/30/06
- **Assists:**
  - 1, on two occasions
  - 3 at Concordia, 2/14/06

#### AMBER CONNOR
- **Points:**
  - 11, at Chapman, 11/22/06
- **Rebounds:**
  - 5, at Pomona-Pitzer, 11/24/06
- **Assists:**
  - 4, at Claremont-M.S., 11/25/06

#### ANNE ECKHOFF
- **Points:**
  - 7, at Chapman, 11/22/06
- **Rebounds:**
  - 4, at Claremont-M.S., 11/25/06
- **Assists:**
  - 4, at Chapman, 11/22/06

#### JOY ESBoldT
- **Points:**
  - 5, at Claremont-M.S., 11/25/06
- **Rebounds:**
  - 2 vs. Augsburg, 1/31/05
- **Assists:**
  - 2, at Claremont-M.S., 11/25/06
  - 2, on two occasions

#### SARAH KUNELIUS
- **Points:**
  - 7, at Pomona-Pitzer, 11/24/06
  - 6 at Peaceful Valley, 2/12/06
  - 6 at St. Olaf, 1/14/06
- **Rebounds:**
  - 2 at Pomona-Pitzer, 11/24/06
  - 6 at St. Olaf, 1/14/06
- **Assists:**
  - 1, on two occasions
  - 3 on two occasions
  - 2, on three occasions

#### SARAH LINCOLN
- **Points:**
  - 12, at Chapman, 11/22/06
  - 7 at St. Catherine, 1/11/06
- **Rebounds:**
  - 11, at Pomona-Pitzer, 11/24/06
- **Assists:**
  - 2, on three occasions
  - 3 on three occasions
  - 2 at Macalester, 11/22/06

#### MEGAN MILEUSNIC
- **Points:**
  - 8, at Chapman, 11/22/06
- **Rebounds:**
  - 8, at Chapman, 11/22/06
- **Assists:**
  - 1, at Claremont-M.S., 11/25/06

#### HANNAH OKEN-BERG
- **Points:**
  - 10, at Augsburg, 1/30/06
  - 21 vs. Bethel, 1/18/06
- **Rebounds:**
  - 5, at Pomona-Pitzer, 11/24/06
- **Assists:**
  - 1, on two occasions

#### ANNE ISLER
- **Points:**
  - 20, at Pomona-Pitzer, 11/24/06
- **Rebounds:**
  - 3 at Concordia-Moorhead, 1/4/06
  - 8 at Augsburg, 1/30/06
- **Assists:**
  - 1, on two occasions

#### EMILY STRANDMARK
- **Points:**
  - 6 at St. Thomas, 11/30/05
- **Rebounds:**
  - 3 on two occasions
- **Assists:**
  - 2 vs. Hamline, 12/3/05

**Season/Career Highs**

### MISCELLANEOUS 2006-07 Statistics

#### Games as leading scorer Season/Career
- Anna Biewen... 2/2
- Sarah Kunelius... 1/1
- Sarah Lincoln... 1/2
- Hannah Oken-Berg... 10/10

#### Games as leading rebounder Season/Career
- Sarah Lincoln... 6/6
- Megan Mileusnic... 1/1
- Hannah Oken-Berg... 11/11
- Megan Vig... 14/46

#### Games as leading assists Season/Career
- Annie Eckhoff... 1/1
- Joy EsBoldt... 1/1
- Annie Isler... 10/10
- Sarah Kunelius... 1/1
- Sarah Lincoln... 4/4
- Hannah Oken-Berg... 1/1

#### Double-Doubles (not including triple-doubles) Season/Career
- Sarah Lincoln... 1/1
- Hannah Oken-Berg... 1/1
- Liz Baumgartner... 1/1
- Anna Biewen... 5/5
- Amber Connor... 1/1
- Annie Isler... 4/4
- Sarah Kunelius... 5/5
- Sarah Lincoln... 7/7
- Hannah Oken-Berg... 21/21

#### 20-point games Season/Career
- Anna Biewen... 1/1
- Hannah Oken-Berg... 3/3

#### 10-rebound games Season/Career
- Anna Biewen... 1/1
- Hannah Oken-Berg... 1/1
- Sarah Lincoln... 2/2

### Carleton's Record When...

- Home: 0-0
- Away: 2-0
- Neutral: 1-0
- Carleton leads at half: 3-0
- Carleton trails at the half: 0-0
- Tied at the half: 0-0
- Overtime: 0-0
- Carleton shoots 50 percent or better from the floor: 1-0
- Carleton shoots 40-49.9 percent from the floor: 1-0
- Carleton shoots less than 40 percent from the floor: 3-0
- Opponent shoots 50 percent or better from the floor: 0-0
- Opponent shoots 40-49.9 percent from the floor: 0-0
- Opponent shoots less than 40 percent from the floor: 3-0
- Carleton has more rebounds: 2-0
- Opponent has more rebounds: 1-0
- Teams have same number of rebounds: 0-0
- Carleton commits more turnovers: 2-0
- Opponent commits more turnovers: 1-0
- Teams have equal turnovers: 0-0
- Carleton scores 70 more points: 0-0
- Carleton scores less than 70 points: 3-0
- Opponent scores 70 more points: 0-0
- Opponent scores less than 70 points: 3-0
- Carleton scores 60 more points: 2-0
- Carleton scores less than 60 points: 1-0
- Opponent scores more than 60 points: 0-0
- Opponent scores less than 60 points: 3-0

**Note:** Listings are season-highs first, followed by career. Only one list in a category indicates season and career high are equal. #denotes school record.