Today
Understanding Self & Others therapy group @ SHAC. Mondays, 3:30-5:00 through May 29, led by Drew Weis & Amie DeHarpporte. Registration required, contact npage to learn more. Info @ go.carleton.edu/shacgroups

Tuesday, May 9
Taste of Torah!
Noon, Tandem Bagels. Study led by Rabbi Shosh Dworsky. All are welcome and bagels are provided.

OCS Health and Safety meeting common time (12pm-1pm) in Olin 141. Come learn how to stay safe and healthy during your study abroad experience!

Understanding Self & Others therapy group @SHAC. Tuesdays, 1:00-2:30 through May 30. Led by Nate Page/Theresa Lienau. Registration required, contact npage to learn more. Info @ go.carleton.edu/shacgroups.

Wednesday, May 10
Evensong Service
8:30 - 9:00pm, Chapel. Midweek Christian service with readings, silence and music. All are welcome.

Understanding Self & Others therapy group @ SHAC. Wednesdays 3:30-5:00 through May 31, led by Nate Page/Sarah King. Registration required, contact npage to learn more. Info @ go.carleton.edu/shacgroups.

SHAC Perfectionism & Procrastination workshop series, Wednesdays 6:00-7:00 (Weeks 6, 7, 8), Willis 204. All are welcome, no sign-up needed! ?s-x4080

Support your local Carls at the Piano Student Recital! 8pm, Concert Hall.

Wednesday, May 10
Sayles Grill Out!
Join us for a Classic Grill out today on Sayles Patio from 11:30am-2:00pm. The menus includes Hot Dogs & Hamburgers.

Thursday, May 11
Meditation Hour, Thursdays 12:10-12:50
May 11 - June 8, Buddhist Meditation Room, Chapel basement. Guided meditation with Betsy Lane-Getaz APRN, CNP, MS and Nate Page PhD, LP.

Reflections series continues with talk by Daniel Groll, Philosophy, on "The Music That Matters to me (and why)," 12:00pm, Library Athenaeum. Box lunches available.

Weekly Buddhist Meditation 8:00 p.m., Chapel. Led by Bhante Sathi of Triple Gem Meditation Center. Cushions provided and no experience necessary.

How will my identities translate abroad? Meeting is 5pm-6pm in Leighton 236. Come talk about how your personal identities will affect you while abroad! Highly recommended for off-campus studies participants but open to all students!

Carleton Student Favorites! Burton and LDC will be featuring Carleton Student Favorites all day!

Friday, May 12
Jewish Shabbat Service and Dinner 6:15pm, Page House East. Led by students with dinner cooked by students after service.

Come to the documentary screening of "Trapped" in the Weitz Cinema from 5-7pm to learn about TRAP laws and other threats to reproductive health!

Come to 1st Cassat's Lounge for a free bowl of Pho! There will be vegetarian options as well! Event starts at 5:00pm

Come support Junior Koh Zhi You in his vocal recital! Selections from Caccini, Handel, Poulenc, and Stradella will be performed. 4pm, Concert Hall.

Buddhist Vesak Celebration, Chapel: 3pm - understanding Buddhist Path, 4pm - Meditation, 5pm - Lighting Ceremony, 6pm - Mindful Supper ?? - Chaplain's Office

Come support Joe Lowry in his senior piano recital! The performance will feature the works of Beethoven, Bartok, Shostakovich, and Bach. 3pm, Concert Hall.

Monday, May 15
Pre-Departure Meeting for Independent Travel experiences 4:30pm-5:30pm in LDC 104. Come learn about how to have the best independent abroad experience! Highly recommended for off-campus studies participants but open to all students!
Monday, May 15
Understanding Self & Others
therapy group @SHAC. Mondays, 3:30-5:00 through May 29, led by Drew Weis & Amie DeHarpporte. Registration required, contact npage to learn more. Info @ go.carleton.edu/shacgroups

Tuesday, May 16
Taste of Torah!
Noon, Tandem Bagels. Study led by Rabbi Shosh Dworsky. All are welcome and bagels are provided.

Regional BBQ in Burton & LDC!
What’s your favorite barbecue style? Come to Burton and LDC for our Regional Flavors of Barbecue celebration at lunch!

Wednesday, May 17
Evensong: Contemplative Christian Song and Prayer, 8:30-9:00pm, Chapel. Midweek Christian Service of song, readings and silence. Led by Chaplain Carolyn Fure-Slocum or students.

GENERAL
Deadline for the Horton Global Scholars Scholarship is May 15! Economics and STEM students please apply for a $3,000 study abroad scholarship!

Thank someone!
A prof who wrote recommendations, a potential employer who interviewed you, an alum who helped you... Free thank-you notes at Writing Center.

Sign up for the Carleton Triathlon!
First Reading Day, Thursday, June 1. $20 for Carleton students--including a dope T-shirt! Register as an individual or part of a team at go.carleton.edu/triathlon by THIS Friday, May 12.

Friday’s Riddle
Two people are born at the same moment, but they don’t have the same birthday. How could this be?
Answer: They were born in different time zones.

~ Answer in Wednesday’s NNB ~
Upcoming OCS Events

**Tuesday, May 9:** Health and Safety Meeting, Olin 141, 12:00-1:00PM
- Mandatory for students going on Summer or Fall 2017 Carleton OCS programs and students with funding for international internships through the career center

**Thursday, May 11:** Pre-Departure Meeting How Will My Identities Translate Abroad?, Leighton 236, 5:00-6:00PM

**Monday, May 15:** Pre-Departure Meeting Independent Travel, LDC 104, 4:30-5:30PM

**Tuesday, May 16:** Pre-Departure Meeting OCS Field and Independent Research, Leighton 402, 5:15-6:15PM

**Wednesday, May 17:** Photo Contest and Travel Writing Contest Reception, Library Athenaeum, 7-8PM

**Photo Contest People’s Choice Voting Now Open!**
VOTE for your favorite OCS photos! The 2017 Photo Contest finalists are posted online, and it’s up to you to pick a People’s Choice winner. Go to go.carleton.edu/ocs to vote before May 15.

**Horton Global Scholars**
Planning to go abroad, and majoring (or intending to major) in Economics or a STEM field? Apply for a $3000 scholarship funded by Horton, Inc. Eligibility details on the OCS website. Deadline May 15!

**OCS Advising**
Advising appointments are available Mon-Fri, 1-4:30PM. Call x4332, complete the form on the OCS website, or stop by the OCS Office in Leighton 119 to schedule.

go.carleton.edu/ocs  
507-222-4332  
Leighton 119

Sproncert Tees are $10 on the SAO Website

OR...

Volunteer at Spring Concert and get a FREE T-Shirt!
CCCE Weekly Bulletin

OPPORTUNITIES

Up Your Game: Organizer Training Series

Campaign Strategy: How to develop effective strategy and tactics
Thurs, 6:30 - 7:30 pm, Nourse Lounge
Questions? Contact Sam Neubauer at neubauers@carleton.edu

Coffee break!

Stop by the CCCE this Friday (9:30-11 AM) for donuts, coffee, and conversation!
Meet the CCCE staff and learn more about how you can get involved!

Join College Buddies for the annual Buddy Ball

Thurs, May 11
6-8pm
Great Hall
Come for dinner and dancing
Everyone’s welcome!

Do you want to:
1. Fight hunger in your local community?
2. Eat delicious soup, bread and crisp?
3. AND get a beautiful, handmade bowl?

Come to Empty Bowls
Friday, May 12th 11:45 - 1:15
Suggested donation of $15 - $20
(Since you won’t be using your lunch meal swipe, donate a meal to Swipe Out Hunger. Sign up online!)

Want to learn more?
Visit our website at apps.carleton.edu/ccce/ or stop by Sayles 150.
Like us on Facebook
Follow us on Twitter