**Today**

**Student Office Hour**
Come to discuss what's on your mind with President Poskanzer at his Student Office Hour! Stop by from 9:30am to 10:30am in Laird 100.

**Time to Meditate!**
8:15 - 8:45am, AGH Library. Practice mindful, moment-to-moment awareness. Led by Betsy Lane-Getaz and Nate Page of SHAC.

**Jewish Sukkoth Shabbat Service**
6:15pm, Chapel West Lawn and Chapel. Led by Rabbi Shosh Dworsky. Dinner is provided. ??-frankm2, isaacsj2, austina

**Saturday, September 29**

**Farmers Market Trip!**
SAO is sponsoring a free trip to Minneapolis Farmers' Market on Lyndale Avenue on 3rd Saturday, September 29th, 2018. Sign up on the SAO website, starting from 3rd Tuesday at noon. Participants must ride there and back.

**Sunday, September 30**

**Student Road Trip to St. Paul Cathedral**
Attend Mass and explore the Cathedral, 8:45AM-1:00PM, RSVP to eganm@carleton.edu by Wednesday Sept 26th.

**Tuesday, October 2**

**Round River**

**IFE Info Session**
7-8 PM in Sayles-Hills 251

**Torah Study**
Join us noon to 1pm at Tandem Bagels for Torah Study! All are welcome! Contacts: austina, isaacsj2, frankm2.

**Seniors!**
You're invited to an information session on Princeton in Africa, Asia, and Latin America Programs. 12:00-1:00 PM in Leighton 236. Visit go.carleton.edu/fellow (national).

**Time to Meditate!**
12:10-12:50pm, Chapel Main Level Sanctuary. Practice mindful, moment-to-moment awareness. Cushions provided. Led by Betsy Lane-Getaz and Nate Page. ??-chanaratp

**Wednesday, October 3**

**IFE Office Hours**
10 AM-4 PM in LDC 3rd Floor Lounge

**Evensong: Contemplative Christian Song and Prayer**
8:30-9:00pm, Chapel Main Sanctuary. Ecumenical worship with song, prayer, and meditative silence led by Chaplain Carolyn Fure-Slocum.

**Food for Your Well-Being: Energy Balance**
Stop by LDC and get some tips on how to achieve a good energy balance.

**Becoming a Practitioner-Scholar**
Session at 5 p.m. in Willis 204. CCCE will help students with how to build their identities as practitioner-scholars.

**Majors Fair**
6:30-8 p.m. in Great Hall. SDAs and others will answer all your questions about majors, minors and special programs (e.g. pre-med).

**Thursday, October 4**

**Buddhist Meditation**
8:00pm, Chapel Main Sanctuary. Led by Bhante Sathi of Triple Gem Meditation Center. Cushions and instruction provided. ??- chanaratp

**Creative Writing, Theater, and Literature in London**
Spring 2019 program info meeting from 5-6 PM in Laird 212.

**National Taco Day**
Come Celebrate National Taco Day! Sayles will be having a special on tacos!

**Fellowship Information Session for Sophomores**
Noon in Leighton 304. Come find out what fellowships are open to you and have your questions answered.
Friday, October 5

Time to Meditate!
8:15 - 8:45am, AGH Library. Practice mindful, moment-to-moment awareness. Led by Betsy Lane-Getaz and Nate Page of SHAC.

Shabbat Services
Join us for services and dinner at 6:15pm in Page House East!
Led by students.
Contact: austina, Isaacsj2, frankm2.

Sunday, October 7

Fellowship in Christ Chapel Service
5:00 p.m., Chapel. Led by students in FC. Dinner follows the service.

WANTED

Now Hiring!
Social Media Editor for a peer-reviewed academic journal edited by Carleton Prof. Al Montero. Experience with multiple social media platforms desirable. Contact: amontero.

Alumni Relations Student Coordinator
Gain invaluable job skills!
Develop Class Events!
Support the Alumni Relations team!

It's almost October!

Listen! The wind is rising,
And the air is wild with leaves,
We have had our summer evenings,
Now for October eves!
—Humbert Wolfe (1885-1940)

October Birthstone: Opal
Signifies foresight, inner peace, and deep understanding

October Zodiac: Libra until the 22nd and Scorpio starting the 23rd.
FREE TRIP TO THE
MINNEAPOLIS
FARMERS MARKET
3RD SATURDAY, SEPT. 29

BUS DEPARTS FROM WILLIS AT 9AM
AND RETURNS TO CAMPUS BY 1PM
- MUST RIDE THERE AND BACK -

BRING MONEY
FOR FOOD,
FLOWERS
& MORE!

SIGN UP ON THE SAO WEBSITE

SPONSORED BY METRO ACCESS
THOSE 17 & UNDER MUST HAVE A GUARDIAN SIGN AN ONLINE WAIVER
Princeton in...
Africa, Asia, and Latin America Programs

Information Meeting:  Tuesday, October 2
12:00 - 1:00 PM in Leighton 236

Princeton in Africa matches talented and passionate college graduates with organizations working across Africa for yearlong service placements in such fields as advocacy, agricultural development, economic development, conflict resolution and peacebuilding, education, conservation, and public and community health. Official Deadline: October 28, 2018

Princeton in Asia provides transformative, service-oriented experiences for bright, talented graduates and works to serve the needs of Asia as determined by its host institutions and Asian partners. The program arranges yearlong fellowships and internships with Asian host organizations in the fields of education, health, international development, environmental advocacy, journalism, engineering, technology, law and business. Official Deadline: November 2, 2018

Princeton in Latin America (open to US Citizens and Permanent Residents only) matches partner NGO and multilateral organizations engaged in socially responsible development projects in Latin America and the Caribbean with highly qualified and motivated recent college graduates who are interested in year-long service fellowship opportunities throughout the region. Official Deadline: November 5, 2018

Class Eligibility:  Graduating Seniors and Recent Alums

Assistance with the application fee may be available to students with demonstrated financial need.

go.carleton.edu/fellow
(“national/international opportunities”)