

Internship Budget Worksheet

NAME:

Please write out your anticipated expenses and financial resources to the best of your ability. You will use the amounts A, B, C, and D to complete the on-line funding application. Applicants are required to upload a .pdf copy of this form with other supporting materials.

SECTION 1: EXPENSES

Item	Sub-Totals	Totals
1. Housing		
• Number of weeks housing will be needed		
• Estimated cost of housing per week		
Total Housing Expenses		
2. Transportation to/from Internship Site		
Departure and Arrival Cities:		
• Estimated cost of travel (plane, train, automobile, other)		
Total Travel Expenses		
3. Daily Commuting Expenses		
Distance from residence to internship site (in miles)		
• Anticipated daily commuting expense		
Total Daily Commuting Expenses		
4. Food Expenses		
• Weekly groceries (average \$50/week)		
• Dining out (average \$25/week)		
Total Food Expenses		
5. Other Expenses (Please describe)		
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•		
Total Other Expenses		
TOTAL EXPENSES (Total of 1+2+3+4+5)		(A)

SECTION 2: SAVINGS GOAL (Based on your financial aid obligation; up to \$2,000)

Amount of funds you seek to have in hand after the internship	(B)
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SECTION 3: FINANCIAL RESOURCES AVAILABLE FOR THIS INTERNSHIP

Internship site-provided stipend or wage		
Other awards/scholarships/grants from Carleton for this summer internship		
Family/Personal savings intended for this internship		
Other:		
Other:		
TOTAL RESOURCES (Sum of above rows)		(C)

SECTION 4: TOTAL FUNDING NEED (Maximum of \$4,000 for domestic, \$5,000 for international)

(TOTAL EXPENSES + SAVING GOAL) – TOTAL RESOURCES = TOTAL FUNDING NEED	
(A plus B) minus (C) equals (D)	(D)