Session I: June 11–June 28 (3 weeks)  
$20 for both classes (no distinction between what you attend)

Bosu Class with Shelley  
Mon/Wed 12:05–12:50pm

Yoga-lates with Diane  
Tues/Thurs 12:05–12:50

Session II: July 9–Aug. 2 (4 weeks)  
$25 for both classes (no distinction between what you attend)

Bosu Class with Shelley  
Mon/Wed 12:05–12:50pm

Yoga-lates with Diane  
Tues/Thurs 12:05–12:50pm

Session III: August 21–Sept 6  
$15 for session

Yoga-lates with Diane  
Tues/Thurs 12:05–12:50pm

Step Aerobics with Russ  
(no charge)  
Mon/Wed/Fri 5.15–6.15pm  
June 4–August 3 and  
August 20 – Sept 7th

Summer Step Challenge  
June 18–July 30  
Teams of two and four  
Must have a pedometer (available at Rec. Center for $25)  
Record group steps end of each week

$5 entry fee per person  
(Tee-shirt for each contestant)