Carleton Dining Board
Thursday, January 25, 2018
LDC Class of ‘51 Meeting Room

Present:
Andrea Robinson, Bryan Schouten, Chris Rohr, Dan Bergeson, Katie McKenna, Tanya Hartwig

Introductions/Icebreaker:
Name, year, where are you from?
What is your favorite Super Bowl food?

Open Discussion:
• Lunch – 60% at LDC and 40% at Burton
• Post visible signs. Don’t see what you want? Ask for it!
• Fill out comment cards
  o Suggested that comment cards be put in table tents for easy access
  o Remind students, etc., to give feedback with comment cards

Comment Cards:

Sayles
• PLEASE BRING BACK THE CHOCOLATE CHIP COOKIES!! THEY ARE MY LIFE!! Dory is amazing btw!
  o They are on a rotation. Glad that you enjoy them. Thank you!
• Can you please put the nutrition facts for all the food items! Thanks
• Please bring back SUSHI.
  o Our delivery driver was in an accident and is not able to deliver until he has recovered. Thank you for understanding.

Burton
• Could there be a separate gluten free cream cheese? (Sometimes there are crumbs and that scares me)
  o Just ask for new. Thank you
• I’m sad that I’ve gone all term w/out an omelet. 😞 Bring them back!
  o We serve them Monday and Friday in Burton, Tuesday and Thursday in LDC. Thank you
• I am very sad to see the omelets on Wed mornings gone! It was such a nice start to my day.
  o We are trying something new in our rotation. Thank you for your feedback.
• Please bring back omelets on Wednesday!
  o We are trying something new in our rotation. Thanks for the feedback.
• I keep getting emails with the menu, which contains hashbrowns, but then I come and there are no hashbrows 😢
  o Make sure you are in the right dining hall. We will double check. Thank you
• Vegan breakfast sausage? (Maybe from Seitan?) Thanks!
Will look into this. No such thing now. Thank you
• Thank you for the unsweetened soy!!
  o Thank you
• Thanks for staying open!!! Drive safe
  o Winter wonderland! Thank you
• The roasted maple butternut squash soup was so good! Please have it again! Also, I would love oatmeal-chocolate chip cookies.
  o Thank you
• Follow up on signs: I have problems reading Heartland Prairie, global fare, and sizzle signs. I cannot tell what is being served until I’m right at the station. Thank you!
  o See chef
• Can you please make the fonts bigger on the signs for food near the food stations with servers? Thank you!
  o Will check. Please let me know which signs. Thank you
• Please bring back omelets on Wednesdays!
  o Thanks for the feedback. We are trying something new in our rotation. Thanks!
• Please bring back omelets on Wednesdays!!
  o We are trying something new in our rotation. Thanks for the feedback!
• I miss the omelets!
  o We are trying something new in our rotation. Thank you for the feedback!
• At some point soon if you could reorder Sunrise Crunchy Cinnamon that’d be great! Would be greatly appreciated. Thanks!
  o Will do!
• I tried the lemon scented broccoli and I think the lemon overwhelmed it. I wouldn’t get that combination again I think.
  o Thank you
• Would love some nuts to top salads with like LDC has! Bonus points for unsweetened & unsalted.
  o Will do.
• Please bring back omelet Wednesdays!
  o Thank you for your feedback! We are trying something new in our rotation.
• I got one of the mushroom beef burgers and it was very small and thick, so the middle was way undercooked. They were all that size/shape.
  o We are hand making all burgers. They are going to be different.
• The cheesy eggs are SO GOOD.
  o Thank you.
• Please more pepperoni pizza dish, cinnamon coffee cake & apple pie!
  o Pizza three days a week. Coffee cake, yes. Thank you

LDC

• I’d really appreciate if soy milk was more consistently present. 😊
  o Our usage has seemed to have gone up. We will up our par level.
• Amazing amazing vegan options today. Thank you!!!
  o Glad you enjoyed your options.
On-Line Comments:

- My name is _____ and I am a junior at Carleton College. I have recently been diagnosed as lactose intolerant. I understand that all vegan meals do not contain milk or cheese, but it is sometimes difficult to determine if other non-vegan meals contain dairy. Do you have any advice on determining which meals are dairy free? Thanks
  
  o  I think it would be helpful to take a walk through the dining halls with one of our Managers or Chefs. We have many options daily that are lactose free and they could help you navigate through the dining halls and learn where to find these items. We also have ingredient lists at every station that lists all ingredients in the dishes served at each station. You can ask the person serving at the station about the ingredient list. The walk through wouldn’t take very long, and the staff is here to help. If you want to schedule this time, you can reply all to this note with some available times. If you want to come to the dining hall early in the meal period, we would usually have time to walk through with you. Let us know, we’d love to help you!

- Our daughter will be looking at Carleton this spring. Before she does so, we wanted to make sure you offer dairy free meal options. She has a life threatening dairy allergy and also tries to limit gluten. Could you tell us if you consistently offer a variety of dairy-free options for all meals?
  
  o  We have 2 dining halls with over 13 stations between the two – many options available daily. We have small refrigerators in both dining halls with dairy-free options. We also have ingredient lists at every station that will list everything that is put into the entrée being served at that particular station. If you take a look at the link below, you can sign up for Menu Mail which will e-mail you the day’s menus so you can look at what is available at each location to determine where you want to eat your meals each day. We have dairy-free options available for all of the beverages in our barista area. All of our Chefs are happy to walk through the dining halls with students that have special dietary needs and show them our signage and how we label items so that students know what they are eating. http://carleton.cafebonappetit.com/ I hope this helps you. If you have further questions, I’m happy to assist!

- I love going to Sayles for a snack but wish they had healthier options! I wish they would incorporate more nuts, a sandwich that wasn’t fired, a vegetarian salad (sometimes they are out), or maybe something like grilled chicken tenders.
  
  o  Thanks for your feedback! We feel like we have quite a bit of healthy options in Sayles, can you tell me what you are looking for?

- I appreciate all bon app does for us and all the work the staff puts in! My only suggestions are to have more vegetarian protein options and to have more fresh fruit and vegetables (berries would be amazing!) available. Some healthy sides in the salad bar like carrot sticks or fruit slices would be really nice because then I could still eat fruits and veggies without making a whole salad. Thank you!
  
  o  Thanks for the great suggestions – I will share with the Chefs!

- I’m going to be Benedict Professor in Art and Art History during the spring term. I’d like to tell students that I’m available to eat lunch with them on Thursdays at East Hall. So, is there a way for faculty to eat at a student dining facility?
  
  o  Yes, there is a program on campus – see link below. Let me know if you have further questions!

https://apps.carleton.edu/campus/doc/faculty-resources/handbooks/department_chair_handbook/take_a_faculty_member_to_lunch/
The “Take a Faculty Member to Lunch” program encourages student interaction with faculty outside of the classroom. Each faculty member is given a meal plan that...

- I have a question concerning my meal plan for the term. I was hoping you could help me or direct me to receive help with a small problem. On the Hub, it shows that I have the 15 meal plan for this term. This should be the case as I changed my meal plan prior to the deadline. However, when I go to Sayles and purchase food, my balance is drastically low than it should be. I thought there was a glitch in the first couple of weeks, but I worry that my account is under the 20 meal plan instead of the 15 meal plan. Thanks.
  - Your suspicions are correct. You are currently in the system on the 20 meal plan. I’m copying Jana Lehm from Campus Services into this conversation as she’s the person who can assist you in fixing your situation. Thanks for letting us know!
- Critically missing nutritional information for banana chocolate chip muffin, banana chocolate chip muffin small size, apple crisp muffin. Also there needs to be more bananas in East Dining Hall.
  - I appreciate your comments. We are unable to provide the nutritional data as the analysis is quite a process and we often alter our recipes. We are currently purchasing 12, 40# cases of bananas per week. I am unaware of running out on any given week. If there are not bananas out, please ask one of our team and we will get them out!
- Asian food is not prepared right...
  - I know that you are frustrated with the food, especially our Asian food. Was there a particular dish that you disliked? Is this in both dining halls or specifically in Burton? I would love to hear what you are looking for specifically so that our Chefs could work on a preparation of a favorite recipe of yours. Here is a link that you could submit a recipe and we could work on this together. [http://carleton.cafebonappetit.com/recipes-from-home/](http://carleton.cafebonappetit.com/recipes-from-home/)

**Upcoming Events/Happenings:**

- Bread Bowls in Sayles Café all month
- Signature Desserts in Sayles each Saturday
- January 26: Winter Carnival in Sayles from 8:00 p.m. to close – No regular menu, just the featured items
- January 29: Chili Contest – LDC at dinner
- February 2nd: National Tator Tot Day
- February 3rd: Mid-Winter Ball – STEAK Night
- February 4th: Super Bowl Sunday – Apps in dining halls – Super Sundaes in Sayles
- February 6th: Winning Chili Recipe served in dining halls
- February 7th: FFWB Plant Based Proteins – Edamame Burgers on the Evo Grill at LDC

**Next Dining Board Meeting:** February 8, 2018, 12:00-1:00 p.m., LDC Class of ’51 Meeting Room