Carleton Dining Board
Thursday, February 22, 2018
LDC Class of ’51 Meeting Room

Present:
Abby Hartzell ’20, Bryan Schouten, Chris Rohr, Dan Bergeson, Daniel Johnson ’20, Katie McKenna, Tanya Hartwig

Introductions/Icebreaker:
Name, year, where are you from?
What are your plans for Spring Break?

Food For Your Well-Being: Katie McKenna

- Eat well and move often – Weight management is about energy balance.
  - Balance the calories you eat with those you burn.
  - Get more nutrient-bang for your calorie buck by filling your plate with colorful produce, whole grains, and lean protein.
  - Beyond calories: hydrate, get enough sleep, manage stress, and move regularly to support a healthy lifestyle.
  - To learn more, visit cafebonappetit.com.
- Wednesday, March 7th - Sayles will have a “Build your own granola bar”

Open Discussion:
- Music Monday (3/5) will only be in LDC due to sound system
  - Students enjoy having music while in the dining hall
- Dining Dollars expire on Thursday, March 15th at 2:00 p.m.
- Climate Action Week (CAW) pledge cards:
  - Meatless Monday (or 1-2 days/week – doesn’t have to be a Monday)
  - Pledge ways you can reduce food waste (going trayless, etc.)
  - Place pledge cards in areas where students are reminded to fill them out and have easy access to get them
  - Reduce carbon footprint by no dairy, no red meat – Bon Appétit reduces carbon footprint by not air shipping foods
- No disposable cups once week, every week – might make more of an impact if it was standard
- Carrot burger on Tuesday in Burton was amazing!
- Thai pizza w/peanut sauce a few weeks ago was really good!
- New spicy diablo sauce in Burton got mixed up with marinara sauce.
  - Put parsley in marinara sauce on days diablo sauce is featured to distinguish between the two.
Comment Cards:

Sayles

- The Mediterranean salads are really good, especially when they have feta cheese. Thank you for making them. 😊
  - We are glad that you enjoy them! Thank you
- The broccoli and cheese soup is really good and I’d love to see it at Sayles more often.
  - Thank you. I will pass this on to the Chefs at Burton.
- The barbeque sauce has changed and I don’t like it as much as the one before. Is it possible to get the old one back?? Thanks!!
  - I will make sure that it gets fixed. The recipe should not have changed. Thank you for letting us know.
- Please, please bring back the lavender white chocolate special.
  - You can order it anytime you would like. We now carry the lavender syrup.
- LOVE LOVE LOVE love! The special-bacon swiss jalapeno raspberry jam
  - Thank you! We have this @ least once per term. So glad that you like it!
- Please keep the grape & apple slices with caramel
  - Thank you! We are glad you like the “Sweet Treats”! They are on a rotation.

Burton

- Bring fruity dino bites back to Burton!
  - We will have dino bites back.
- The food at dinner today (2/13) was DELICIOUS! Tater tots, chicken, *coffee were all really good, and the “diablo” sauce was to DIE for! 😊
  - Thank you
- Could more Sunrise Crunchy Cinnamon cereal bee ordered please? It was requested a few weeks ago but there is still none in the _____? Thank you!!
  - Thank you. We will have again - this week’s rotation.
- Thank you for the shaved almonds at the salad bar!!
  - You are welcome
- PLEASE stop slicing the English muffins. Sliced ones hold toppings differently from torn ones.
  - Sorry for that
- It would be great to have some interesting salad dressings like that sesame/ginger one or honey Dijon! Thanks!
  - Ok. Great. Coming soon!
- I loved the chicken & diablo pasta sauce at dinner! Also the Café du Monde! Can we have the coffee more often? Thank you!
  - Thank you
- Great periodic additions to sandwich bar. Can you bring back bacon to weekend brunch?
  - Thank you and we serve bacon in many items. We will serve strip bacon soon.
- The garlic sautéed spinach tonight (2/16) was amazing. Please make garlic-based vegetable dishes more often!
  - Thank you. Will do.
LDC

- Wild Time was so good 2/19 lunch!! Polenta fries & fried zucchini yum! Thank you
  - Glad you enjoyed. We will serve again soon.
- Vegan muffins
  - Working on it.
- I really really appreciate the gluten free cake & brownies we’ve been having! And the gf veggie burgers! Yay!
  - Glad we could help.
- I like the quesadilla, whole grain muffins
  - We will get these added.
- More mac n cheese. Quesadillas are good. Whole-grain muffins.
  - We will have these more often.
- Is it possible to buy more spoons? 3 out of 5 days a week it seems like the spoons are always gone after 9:30. Burton never seems to have this problem.
  - More spoons have been added.

On-Line Comments:

- I wish to inform you that the packout order received by the ballroom dance team on Friday contained a loaf of moldy bread. It was caught before it became a problem but it was thought pertinent to inform you.
  - I’m sorry to hear that. I’m glad it was caught before you left campus! The bread that we use does not contain preservatives, and therefore the shelf life is much shorter than other breads. We will remind our folks that put the packouts together to double check the bread that they send.
- There should be more diversity in the roast of the coffee available to students. For the past two days, only dark roast has been provided, which has substantially less caffeine than light or medium. Making available all three roasts would allow students to choose which type of coffee is most appropriate to their daily needs. Especially due to the relatively high work load in the latter half of the term, I really like more caffeine in my coffee, which is why I – and I’m sure others – prefer medium to light roast. Thanks!

Upcoming Events/Happenings:

- Fish specials each Friday in Sayles and dining halls through Lent
- February 18th – 24th: Climate Action Week
  - Promoting the "best choice" for a low carbon diet on the menu signs
  - Removing the disposable cups in the dining halls for one day on Saturday, February 24th for all meals
  - Need folks to talk this up, we will have signs in the dining hall at the cup station about this all week
  - Need folks at the cup station during the meal period to answer questions
  - Handing out stickers for going trayless
  - Need folks at Tray Return to hand out stickers to those going trayless
  - Getting folks to sign up for going meatless one day/week
    - We will have this information at the table when we table in the dining halls
- February 22nd: Sweet Potato Bar in Sayles
- February 24th: Tortilla Chip Day in Sayles
- March 5th: Music Monday in LDC during lunch
- March 9th: Weitz closes/sack lunch closes
- March 10th: Reading Day – Popcorn Lovers Day
- March 11th: Reading Day – Late Night Breakfast in LDC
- March 13th: Burton closes after dinner
- March 15th: LDC closes after breakfast
- March 15th: Dining Dollars expire at 2:00 p.m.
- March 16th: Sayles begins break hours – Monday-Friday, 8:00 a.m. – 1:30 p.m.
- March 24th: LDC reopens at dinner
- March 26th: Spring term classes begin

Next Dining Board Meeting: April 5th, 12:00 - 1:00 p.m., Sevy Meeting Room (Burton)