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Zara Pylvainen '17 pictured at an International Writing Center Association conference

“Attending and presenting at two International Writing Center Association conferences is one of those things that reminds me of how great it is to attend a school like Carleton and have this kind of amazing opportunity. Last year, I led a workshop with Kathy Evertz, Renata Fitzpatrick, and Nora Katz '16, which helped me build enough confidence to present by myself this year. It's also really inspiring to attend a conference and hear ideas from tons of smart people—it's like speed learning. I love having a job that encourages this kind of professional development!”

-Zara Pylvainen '17
English/Educational Studies
Writing Center Consultant

A Message from the Dean

I am the product of the South, a place that struggles with its past and thus its future.

In a little more than a month, I will lead twenty students to the American South on a weeklong spring break trip, “Northfield to Selma,” to explore key places and events in the Civil Rights movement in the U.S., including the Frederick Douglass House, the Smithsonian National Museum of African American History and Culture, the Martin Luther King Jr. Memorial, and the National Center for Civil and Human Rights.

The trip will allow students to encounter one of the most significant eras in the history and culture of our nation through national museums and monuments. The objective is to link this history with social struggles that exist today so students can imagine ways to participate thoughtfully in the ongoing movement for equality and social change.

We will also travel to the Wall of Tolerance, the Civil Rights Memorial Center, and the Rosa Parks Museum in Montgomery, Alabama. As we head to Selma and later to Birmingham, we will visit the Edmund Pettis Bridge, the Brown Chapel AME Church and the I6th Street Baptist Church. Finally, we will make our way to the National Civil Rights Museum/Lorraine Motel in Memphis, Tennessee.

It is vitally important to understand history more fully and to engage in an area that many find difficult to do so. I'll let you know how it goes.

Carolyn H. Livingston
Vice President for Student Life and Dean of Students



Staff Highlight



Erik Warren
Program Assistant
Academic Support Center

Erik came to Carleton in 2013, fresh off a stint as a stay-at-home dad for three and a half years. Before that, he had been a quality engineer with Daiken/McQuay in Faribault and a quality assurance technician with Red Wing Shoes. It probably comes as no surprise that, when Erik came to work at Carleton, he “didn’t expect it to feel so good getting out of the house!” The part-time nature of the position allowed him to work before his three sons got off the bus. The icing on the cake was that “working with Kathy, Russ and Renata has been so great!”

As the Academic Support Center’s Program Assistant, Erik is involved in supporting all of ASC’s programming. He coordinates everything from the interviewing and hiring of writing consultants, to ASC’s special projects. “I’d say one of my more important duties is supervising the student worker process, which involves roughly fifty students per term, including writing consultants, prefects and individual tutors.” For many of the student workers, this is their first job experience. Erik says, “We try to place similar expectations on them as they’ll find in the workplace to better prepare them for life after Carleton.”

From Marine on St. Croix, MN, Erik now lives in Northfield, enjoys spending time with his family, working out with Thad at the Rec during lunch hour, and loves working on his two motorcycles and scooter. He gets his engineering brain from his dad and cites a crazy need to “take something that works perfectly fine and try to make it better.” Once the conversation goes to bikes, he becomes a total geek about it; “I’m a total nerd when it comes to that stuff. I love doing the research and then putting it into practice.”

DEPARTMENT UPDATES

Each student who accepted a Winter Break externship was required to develop a Learning Plan before the end of fall term. The **Career Center** held walk-in hours specifically

for these students to come in to talk about their Learning Plan with a career counselor. Students then discussed their specific goals with their site host at the start of their externship.

TRIO/Student Support Services welcomes alums back to campus Saturday, February 11 to network with our juniors and seniors! We’ve had a busy winter hosting our first All-Class Retreat, as well as a Class Act exploring the intersections of socioeconomic status and education.

The **Office of Residential Life** is currently in the middle of RA Selection for our returning staff. After reviewing applications and presentations, we will be offering positions to returning RA staff for the 2017-2018 academic year in early March. We are currently recruiting new RAs, so if you think any of your students would make a great Resident Assistant, please refer them to the RA Application on our website. Deadline is February 28, 2017.

The **Student Activities Office (SAO)** teamed up with the Gould Library staff and hosted the Bagel Study Break at the end of fall term. Over 500 bagels were given to hungry students as they studied for final exams. SAO also coordinates a series of programs for the approximately 180 on-campus residents over winter break including trips to Grand Slam in Burnsville and the movie theater in Lakeville. During winter term, the Student Activities Programming Board (SAPB) has hosted spoken word artist Tanaya Winder, the Real Talk series, and the 37th annual Midwinter Ball.

In December, **Dacie’s House** had brunches every Sunday including Christmas Day and New Years Day. About five international students gathered every Saturday afternoon to make home comfort food which we served on Sunday. Yum; chinese dumplings, sushi, masubi, Brazilian sweets and breads. We also had events such as a soup and homemade bread luncheon for some staff and students. In January, we highlighted another fun Dacie Moses Birthday Party with lots of good food, great people, and the Singing Knights. We are presently getting ready for a Valentine’s Brunch which we are co-hosting with Firebellies on the 12th and everyone is invited!

Student Health and Counseling’s new therapy groups are off to an amazing start this term! We’ve expanded both the ways in which we deliver our counseling services and the numbers of students who may access them. Two sessions of a “Understanding Self and Others” Group has been offered, along with two sessions of an Expressive Arts Group (registration is required for these groups). In addition, two open workshop series will be offered: “Resilient: Body, Mind, Spirit” and “Perfectionism & Procrastination.” For complete info, visit go.carleton.edu/SHACgroups

The Writing Center logged a total of 909 recorded visits during fall term. The Math Skills Center had a total of 1,776 recorded visits!



The Division of Student Life, in connection with their annual winter luncheon, graciously adopted a family as a part of the Community Action Center's Adopt-A-Family program and donated over \$600 worth of Christmas gifts such as clothes, shoes, toys, books, bed sheets, and house/kitchen wares to one area family in need.

The Northfield CAC also hosts the popular Christmas Sharing for community members that need a little help during the holidays. Families that need additional support can apply to qualify for the adopt-a-family program. These and the other CAC programs help more than 3,500 neighbors each year with the assistance of volunteers and donations.

For more information on the Adopt-A-Family program, please call the CAC at 507-664-3550.



Giving Back

Student Voices: Externships

Through Carleton's Externship Program, students connect with alumni, parent volunteers, and friends of the College whose jobs are similar to the students' future career interests for a career exploration experience that allows students to test themselves in a particular kind of work/career.

Paulina Hoong '18 (Psychology/Cross-Cultural Studies) completed an externship at Olsen: 1 to 1, a marketing firm in Minneapolis.

Why did you apply to this specific externship?

I was interested in learning more about marketing, particularly what people like, how to appeal to their tastes and what drives people to purchase certain items. I also wanted to determine if the workplace environment (of a marketing firm) would be a good fit for me.

What did you do during your externship?

I sat in on meetings with clients and on team check-ins regarding production. I also worked on a project that consisted of researching one of Olson's clients: their advertising history and the impact of their past advertising campaigns. The information I gathered informed my recommendations (i.e., next steps) regarding Olson's work with this specific client.

Networking was my favorite part. The seven individual meetings I had with different people within the company gave me the chance to learn more about each individual's career path; their day-to-day responsibilities; their likes/dislikes about their specific job/role; and their career advice for me, someone who is actively exploring careers.

Post-externship reflection

My externship experience gave me the chance to experience the office culture and work flow of a marketing firm, and learn about the different sides to marketing (i.e., different job titles and responsibilities within the field of marketing). After completing this experience and engaging in self-assessment, I have decided that marketing isn't the best fit for me. I'm really grateful for this exploratory experience.



Paulina Hoong '18
Psychology/Cross-Cultural Studies



MLK Annual Dinner Celebration

On Monday, January 16th, OIIL hosted its annual Martin Luther King Jr. Dinner Celebration. Students, staff and faculty braved the ice to celebrate the legacy of one of the world's premier civil rights leaders. Attendees experienced the musical, spoken word, and dance talents of various students groups and engaged with valuable messages from student speakers Tiffany Thet, Lori Barrientos Sanchez, Kathryn Melendez, and Sharaka Berry. They were also treated to a powerful talk and poetry reading by keynote speaker professor Adriana Estill.

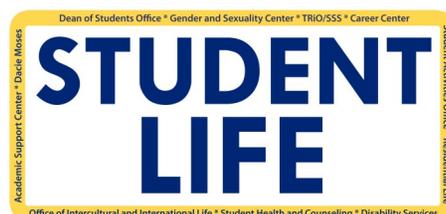
Performers included the music groups Gorapaducks and POCapella, the dance group WHOA, and the Association for DREAMers and Allies for Immigration Reform (ADMIRE). Each group showcased a unique style and reminded us of the value of diversity and the power of artistic expression. Student speakers focused on the continued need to work for social justice while considering self-care and the small differences each one of us can make. The event truly embodied the message of Martin Luther King, Jr. printed on the program: "Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that."



UPCOMING EVENTS

- **Perfectionism and Procrastination Workshop Series—Mondays during Winter Term**
4:30—5:30pm in Leighton 301, facilitated by Nate Page, PhD.
- **Resilient Body Mind Spirit Workshop Series—Tuesdays during Winter Term**
12:10—1:00pm in the SHAC Meeting Room, facilitated by Drew Weis, PhD.
- **Happy Hour Course—Tuesdays in February**
8:45—9:45am in Leighton 303, sponsored by Office of Health Promotions
- **Mindful Meditation Practice: Gathering Calm—Fridays**
All are welcome to join us on Fridays, in the Buddhist Medication Room of the Chapel anytime between 8:15-8:45am, for mindfulness meditation in the manner of Jon Kabat-Zinn's Mindfulness-Based Stress Reduction program.
- **LGBTQA+ Tea Time—Fridays, February 10, 17, 24**
4:30—5:30pm at the Gender and Sexuality Center/Clader House
- **TRIO Alumni Panel Lunch—Saturday, February 11**
11:30am—1:00pm in the Great Hall
- **OIIL + TRIO Tropical Night—Friday, February 17**
6:00—8:00pm in Cowling Gym
- **Chili Night—Wednesday, February 22**
6:00—7:30pm in Weitz 236, facilitated by OIIL
- **Stripped—Saturday, February 25**
8:00pm in the Chapel, brought to you by the GSC.
All profits from ticket and merch sales will be donated to the Hope Center.

Division of Student Life Newsletter February 2017



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