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CSA Election Results

Spring term will officially mark the start of the year-long term for the three new Carleton Student Association (CSA) officers. The newly elected officers include President Walter Paul '18, Vice President Seth Harris '18, and Treasurer Jen Chan '19. Walter will provide general oversight of CSA Senate, meet regularly with campus administrators, and join College Council. Seth will provide support for student organizations and chair both CSA Governance Committee and Budget Committee. Jen will develop the CSA budget, oversee student organization budgets, and chair the CSA Student Projects Committee. If you see these three new leaders around campus, please share your congratulations and well wishes.

A Message from the Dean

[Green Dot](#) is a nationally recognized bystander intervention program that builds skills individuals need to take action when they see instances of power-based personal violence (stalking, intimate partner violence, and sexual assault). "Green Dots" are small choices that each of us makes with our words or actions that can prevent harm from occurring. In 2014-15, a team of students, faculty, and staff adapted Green Dot training for Carleton. Starting last fall, trainings and other Green Dot events have been offered to the Carleton community.

The core of Green Dot is a six-hour interactive training designed to equip students with connections, knowledge, and skills that strengthen proactive and reactive bystander behaviors. The training helps participants understand the bystander role, recognize behavior that leads to harm, and become aware of personal obstacles to action. Shorter overviews of Green Dot (fifteen to ninety minutes long) have also been offered to students, faculty, and staff who want to learn the basic principles. Since the first training last fall, more than 250 students and nearly one hundred faculty and staff have participated.

From July 31 to August 4, Carleton will host a four-day Green Dot Certification training program. National representatives from Green Dot will provide training for two full and two half-days. We have a strong cohort of eight to ten trainers but we need more to host future trainings/presentations (as their time permits, of course). The Green Dot motto is, "No one has to do everything, but everyone has to do something." I encourage you to consider becoming a Green Dot certified trainer.

Happy March!

Carolyn H. Livingston
Vice President for Student Life and Dean of Students



CSA Senate Winter Term 2017



Staff Highlight



Rachel Leatham Program Director for Internships and Experiential Learning

Rachel joined the Career Center in March 2015 because of Carleton's "stellar academic reputation and demonstrated commitment to students." The chance to work with talented, bright, and committed professionals made the job even more appealing. She says she was struck by the dedication, humor, and sense of comradery, and that it felt like a place where she could bring her diplomatic and public service experiences to bear as new, exciting initiatives were being launched.

As a believer in life-long learning, she says "it's thrilling to see the enthusiasm among students to serve communities and make a difference in the world." Whether securing a research opportunity or traveling to a new city without any known connections and thriving, or facing disappointment and rejection with optimism, she "has the privilege of hearing people discover their voices and gaining tremendous skills to use throughout their lives."

She lives in Northfield with husband Benjamin, their 4-year old daughter, and Monty (the wunderdog). Originally from Minnesota, she lived in and around D.C. for the prior 15 years, making for "a surprising feeling of culture-shock" upon her return. Since coming back, she's enjoyed reconnecting with family in the area, and hopes to invest more time in "entertaining and cooking real food for guests, reading fiction, biking, and exploring new areas, near and far."

Thanks to everyone who assisted in the success of Stripped. Guest speaker 2fik's residency during winter term provided an interesting opportunity to talk about various dynamics of sex and gender. The **Gender & Sexuality Center** also, in collaboration with CSA, were able to send three students to the Midwest Bisexual, Lesbian, Gay, Transgender and Ally Campus Conference in Chicago. This opportunity allowed them to see how gender and sexuality are discussed at various campuses throughout the Midwest.

37 students completed the **Green Dot** 6-hour training during Winter Term, bringing our total number of students trained since 2015 to 230. Spring term trainings will be 5,6c on Thursdays during 5th, 6th and 7th weeks. We will also hold a one-hour overview for faculty and staff. Green Dot facilitator training will be held at Carleton over the summer from July 31 - August 4 in the Great Hall. Up to 50 staff and faculty can attend and join our pool of Green Dot training facilitators.

Dacie Moses' House hosted 96 people for the Firebellies/Dacie Moses Valentine's Brunch. We have had a busy guestroom month hosting alumni, parents, and Carleton guests for 15 nights. Student Workers had a homemade ice cream and chocolate sauce break from studying. Dacie's is presently recruiting for House Residents and the Dacie Moses Award.

While there was a single confirmed case of mumps at Carleton in January, and subsequent suspected but negative cases which created an infectious period lasting until February 15, **SHAC** is grateful for the fact that 99% of Carleton students are fully immunized against this disease. Kudos to our medical and administrative staff for working so diligently with state and county health agencies to ensure everything went so smoothly! Also, we're pleased to announce that there has still been regular access to counseling and increased psychiatric services throughout the term even as we've expanded our offerings with added group programming. If you're looking for a counseling appointment, give us a call or just stop by- we'll find something that works with your schedule!

The Office of Residential Life has been busy this winter term with the process to place returning RAs for next year. In addition, we are preparing for closing on Thursday, March 16. We have 158 students leaving this winter term and 154 students returning for spring. We will have just over 200 students staying on campus for spring break. Our department will continue with the New RA selection process as soon as we return for spring term.

As summer draws near, students are utilizing the **Career Center's** services and resources to assist with finding an internship that allows them to explore their career interests and develop transferable career-related liberal arts skills. Several Career Center staff members accompanied a group of Carleton students on Feb. 22nd to the annual Minnesota Private Colleges Job & Internship Fair at the Convention Center in Minneapolis. Students had the opportunity to network/interview with employers who were actively recruiting for jobs and internships. Thanks to generous financial contributions from Carleton alums and parents, students can pursue diverse opportunities to gain professional experience domestically and abroad. The deadline for all domestic and international internship funding applications is April 5th. Applications are evaluated on the basis of the quality of their application and their level of financial need.

The Office of Health Promotion completed a successful winter wellness challenge. Many thanks to all of the folks who participate in the Carleton Coalition on Alcohol and Marijuana (CCAM) for the support and guidance! Data from the evaluation will be coming soon, but preliminary results indicate that those who participated in the challenge felt better equipped to handle their stress!

The Student Activities Office (SAO) has been busy this month. A few events hosted by SAO and the Student Activities Programming Board (SAPB) include the 37th annual Midwinter Ball, laser tag, and the Ethiopian-American musician Meklit Hadero. SAO also supports Carleton's academic teams - Model UN, Debate/Forensics, and Mock Trial - who won many awards in their respective competitions this term.

In February, **TRIO** welcomed nine alumni back for an Alumni Lunch Panel and co-hosted Tropical Night with OIIL. We're looking forward to a busy spring term and celebrating our senior class!

Renata Fitzpatrick of the **Academic Support Center** is helping to coordinate the Global Experience Travel Writing contest. Please encourage students who've traveled to engage with the genre of creative nonfiction and write about memorable incidents from their travel history—study abroad, domestic travels, even their discovery of Northfield! For all the details: <https://apps.carleton.edu/getwcl/>. First place winner receives a \$200 STA travel voucher and \$100 for travel! The Writing Center is also advertising for applicants for the 17-18 academic year.

DEPARTMENT UPDATES

Spotlight On New First Year Communities

After gauging the opinions / interest of students, the Office of Residential Life decided to offer two pilot first year student only floors in Goodhue and Myers halls. We have 92 residents housed in the first year communities on the first floor of Goodhue Hall and third floor of Myers Hall.

During the housing process this summer, we included a question on the first year housing application regarding an interest in living on a first year student only community. On a scale of 1 to 5 (not at all interested to extremely interested), 34% of the 566 responses indicated a response of 4 or 5. When expanded to include the response of "3", indicating they were fine if placed there, the response jumped to almost 70%. These 2 first year only floors currently house approximately 16% of our first year students.

Roy Cady-Kimble, one of the RAs for the first year community in Goodhue says:

"First year communities allow first year students to join the college community on their own terms and to develop the type of community they wish to have at Carleton. Whereas communities and norms in the past have been largely dictated by upperclassmen and 'the status quo,' it seems that the students in these new communities have flipped the script and created a noticeably more inclusive and tight-knit community than I have seen before."

In both halls, we have noticed an increase in program and study break attendance as well as greater engagement with the floor community. In addition, some of the students in the 3rd Myers community are also part of the Arthur Vining Davis grant received by the college and linked to the Civil Discourse on a Diverse campus course that will continue for the entire academic year. The Office of Residential Life will gather data from these floors to help inform how we move forward in the future. Overall, this pilot program has proven to be an enjoyable experience for the first year students who have opted into this environment.



Goodhue first year residents pose during NOlympics earlier this year.



Workshop Series - A Move Towards A More Inclusive Campus

As part of a comprehensive plan for Student Life staff to gain training and awareness around issues pertaining to bias, discrimination, and exclusion, staff are participating in a series of workshops to equip themselves with the necessary tools for advancing equity and diversity in all aspects of their work and personal

lives. These workshops address the complexity and challenges of being an ally and leader around issues pertaining to diversity. Participation counts towards the Equity and Diversity Certificate that is offered through the University of Minnesota's Office of Diversity and Equity. Since the work of equity and diversity is about creating community, the workshops provide staff with opportunities to engage in meaningful small group discussions as they work through different scenarios, share self-reflections, and discuss their reactions to frameworks for addressing diversity and equity. These trainings emphasize building trust through attentive listening, respectful disagreement, and taking risks. These intentional efforts will assist the Dean of Students Office and the Division of Student Life with taking actions that affirm Carleton as a truly inclusive community.

Peer Leader Selection

The peer leader hiring season kicked off with the Peer Leader Opportunities Fair in Sayles Great Space on Wednesday, February 15. Staff and current peer leaders from across campus tabled to promote the many positions available for the 2017-2018 school year. Departments currently seeking peer leaders include the ASC, Career Center, CCCE, GSC, Office of the Chaplain, Office of Health Promotion, OIIL, Res Life, SAO, and TRIO.

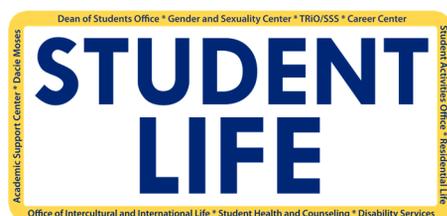
Peer leaders play an important role at Carleton. These returning students welcome new students to campus, participate in NSW groups, and facilitate #CarlTalk discussions. They promote their departments to the campus community and many serve as mentors or deliver educational programming to peers. In fact, peer leaders assist students with everything from adjusting to campus to editing resumes to handling stress in healthy ways.

Interested in becoming a peer leader or know someone who would make a great peer leader? Applications are open until the end of March or beginning of April for most positions (RA application are due February 28). For more information or to apply, visit go.carleton.edu/peerleaders/

UPCOMING EVENTS

- **Mindful Meditation Practice: Gathering Calm—Fridays**
All are welcome to join us on Fridays, in the Buddhist Meditation Room of the Chapel anytime between 8:15-8:45am, for mindfulness meditation in the manner of Jon Kabat-Zinn's Mindfulness-Based Stress Reduction program.
- **LGBTQA+ Tea Time—Fridays**
4:30—5:30 at the Gender and Sexuality Center/Clader House
- **Happy Hour Course—Tuesdays and Wednesdays during Spring Term**
3:10—4:10pm in Leighton 303, sponsored by Office of Health Promotions
- **Snacks & Study @ TRIO—Saturday & Sunday, March 11- 12**
7:00pm TRIO House
- **Bagel Study Break—Monday, March 13**
2:30—4:30pm on 4th Libe, sponsored by the Student Activities Programming Board (SAPB) and the Libe.
- **Snacks & Study @ TRIO—Saturday & Sunday, March 11- 12**
7:00pm TRIO House
- **36th Annual Spring Concert—Saturday, May 20**
3:00pm—11:00pm Behind the Rec Center
- **Green Dot Facilitator Training—July 31- August 4**
Great Hall

Division of Student Life Newsletter March 2017



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