



Division of Student Life

November 2017 Newsletter

Socioeconomic Issues Require Campus-Wide Engagement

For many of us, socioeconomic status is a taboo topic. We've been told at home, at school, at work, and in the media that talking about money is "uncomfortable," "rude," "embarrassing," or "hurtful." And while it's true—it can be uncomfortable—talking about socioeconomic difference is vital to addressing the extreme disparities that exist in our world and on our campus.

In an effort to engage students, staff, and faculty across the socioeconomic spectrum in such conversations, TRIO sponsors Class Act each term. Class Act is a TRIO Peer Leader-led dinner and discussion focusing on issues of socioeconomic and class identity and how they intersect with other aspects of our identities. Class Act strives to create a safe space, free of shame, guilt, or blame, to explore how our lives have been shaped by our socioeconomic circumstances—circumstances typically out of our control—and how the Carleton community can continue work to level the playing field.

Although TRIO is a closed community (students must apply and be accepted into the program to receive services), **Class Act is open to everyone**. Assistant Director of TRIO, Melanie Cashin, emphasizes that, "Socioeconomic disparities affect us all. It's untrue to suggest that middle- and upper-income people cannot and should not engage in these discussions. Similar to those marginalized due to race, gender, sexual orientation, religion, and other reasons, we need support and engagement from everyone to move the dial."

Interested in listening, sharing, or collaborating with others to better understand the impact of socioeconomic status on our lives and how to support low-income people in our community? Mark your calendars for the remaining Class Acts of the year:

- Friday, January 26th, 4:30-6 p.m. in Great Hall: Socioeconomic Status and Mental Health
- Friday, April 20th, 4:30-6 p.m. in Great Hall: Socioeconomic Status and Disability



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A Message from the Dean

Dear Colleagues,

It is hard to imagine that the end of the term is near. In a few short weeks, students will begin the trek home to rest, rejuvenate, and prepare for holiday festivities. Other students will participate in externships, prepare for winter off-campus study programs, or get ready for winter term at Carleton.

For some of our students, going home for winter break may not be possible. Last year, the Dean of Students office matched faculty, staff, and alumni meal hosts with students. Since we had such an overwhelming response from the community, we would like to do the same this year.



Gathering over a meal is fundamentally an act of both nourishment and community. Between the end of this term and the start of the next, nearly two hundred Carls will remain on campus, unable to spend time with their loved ones. We would like to invite you to host a Carleton student for lunch or dinner sometime during winter break.

The Dean of Students Office will match students with hosts, and we will provide the name(s) of your guest(s) at least five days before the meal. Gatherings may take place at the location of your choice. Please be prepared to transport the students to and from the meal location and use personal funds to cover the cost of the meal. To sign up, please go to https://apps.carleton.edu/campus/dos/winter_break_meals/.

If you have questions, please do not hesitate to contact us at the Dean of Students Office at [507-222-4075](tel:507-222-4075).

Thanks in advance for your generosity, and all best for a great holiday period.

Carolyn H. Livingston, Ph.D.
Vice President for Student Life and Dean of Students



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Student Highlight

My name is Jane Kelly and I'm a senior English major from Madison, Wisconsin. I currently work as the Chair for the Student Activities Programming Board, which is part of the Student Activities Office. I can't believe it -- but I'm beginning my third year with the board! I started as a sophomore in the position of Arts & Film Program Assistant, after one of my friends who also worked on the board urged me to apply. I think it's been one of the best decisions I've made.

Originally, I was attracted to the position because I worked in arts administration all through high school -- I was the admin assistant at a local arts center and had really enjoyed it, so I figured the board position would be a good fit -- and it has been! The job has let me both be creative, but also feel like I'm giving something back to campus, whether it's pizza or advice on banner-making. Also, the other members of the board are so much fun to work with; they're all interesting and hardworking.

Working in this position has made me realize how much I like organizing and planning events, as well as being part of a creative environment. Hopefully, after Carleton, I'll be able to use these skills either by going into creative management (Maybe the creative director for DC comics? Maybe a high up project manager at Google? Who knows?) or in grad school if I choose to pursue a PhD. Either way I know that I will always be thankful that I've been able to work for SAO during my time at Carleton.



TRIO/Student Support Services said goodbye to Kristin O'Connell and wishes her well as she returns to SERC. We've completed our mandatory class workshops and are excited for our End-of-Term Celebration on Thursday, November 16th!

Do you know a student who's realizing they need to add new learning strategies to their repertoire to succeed at Carleton? Please tell them about Steve Schauz, the **Academic Support Center's** academic skills coach. Students can drop in or make an appointment. For more details: <http://go.carleton.edu/68>

October was an exciting month for the **Gender and Sexuality Center (GSC)** as we hosted a number of events that centered on issues of identity. We would like to thank everyone who attended these events and give special thanks to our panelists who shared their experiences navigating identity during our Beyond Single Stories Panel, Student Activities, Chaplain's Office, ACE and many others. We are also gearing up for winter term and are beginning preparations for both Rainbow Retreat and Stripped.

Residential Life has had a great fall term. We are currently preparing for closing in a couple of weeks and coordinating winter term and winter break housing for students. For winter term, we will have approximately 100 students leaving campus and 170 students returning to campus. We are currently looking at additional options for overflow housing should we need them.

The **Office of Health Promotion** is actively recruiting athletic teams and other groups that socialize together to participate in a couple of different activities: 1. CUES - a way to analyze and discuss beliefs related to alcohol; and 2. our sleep study - encouraging social groups to set healthy sleep goals together. Contact us to get involved!

The **Student Activities Office** kept busy working with student groups in planning events. The Student Activities Programming Board (SAPB) hosted Real Talk events in collaboration with the Gender and Sexuality Center (GSC), a bus trip to ValleyScare, and Halloween Hauntcert dance and concert. In addition, we participated in the Halloween office decorating contest. The office was transformed into the Spooky Activities Office and we won the spookiest office award.

Oct. 2nd was the **Career Center's** Externship Program application deadline. A total of 1052 applications were submitted/received from 445 unique students for December externships (students had the option of applying up to three different externships). Externship hosts were in charge of the selection process which wrapped up at the end of October. Career Center staff are busy assisting the externs with looking for housing, applying for financial travel assistance, and completing the required forms. Students who are not completing an externship during winter break are encouraged to connect with the Career Center to discuss alternative, meaningful ways to progress their career development during the month of December.

Student Health and Counseling (SHAC)'s Student Flu Vaccine Clinic on October 24-25 in Great Hall was a tremendous success with over 400 shots administered during the 2-day event. Basically, we gave out more than 5 shots every 6 minutes... for 8 hours straight. That's almost 22% of students on campus this term! Also this Fall, SHAC has increased its Group Counseling Options as well as launching a new BioFeedback pilot program, continuing to offer "Time To Meditate" sessions, and more! Be sure to check out our Fall Term newsletter at go.carleton.edu/shac for more info.

DEPARTMENT UPDATES

THE CAREER CENTER GETS PROMOTED TO JOHNSON HOUSE

While the end of August is typically a busy time for the Career Center, this past August was particularly so due to the office's relocation from the lower level of Sayles-Hill Campus Center to its new location in Johnson House, the former location of the Office of Admissions (Admissions is now located in Scoville Hall). The move became official on August 23rd.

The decision to relocate the Career Center to a more visible, central location that allows for the continued growth of programming reflects the College's commitment to the Life After Carleton Initiative. Spanning across two levels, the main floor boasts a spacious front desk for student/visitor check-in, a waiting area with window views, computer stations accompanied by modern-style furniture, a technology-equipped interview room, and numerous staff offices. The second level offers a second waiting area for students, two additional spacious technology-equipped interview rooms, a



hosting station so employers and alumni have easy access to water and coffee, and several other staff offices. The 2017-2018 team of Student Career Assistants plays a pivotal role in assisting with the office's flow so students, employers, and alum are welcomed and directed to the appropriate level. Additional features to note: an accessible parking lot for campus recruiters/alumni and the office's close proximity to Alumni Guest House (AGH) meeting room, a spacious room right down the hall in which Career Center-sponsored events are often held in.

In an effort to welcome the campus community to its new location, the Career Center held two Open Houses the second week of fall term. The Faculty/Staff Open House on Wednesday, Sept. 20th was a well-attended event that featured tours, positive feedback about the new space, and an assortment of cheese/meat trays and fresh seasonal fruit. A Student Open House was held two days later on the afternoon of Friday, Sept. 22nd; student-attendees had the opportunity to tour the new space and enjoy the beautiful fall weather from the outside courtyard area. Students commented positively about the Career Center's centralized location, spaciousness, and layout. The nacho bar also received rave reviews.



FINALS WEEK!

OIIL Study Break
Thursday November 16
1-3PM
Laird 14

Bagel Study Break
Thursday November 16
2PM
Libe

TRIO EOT Celebration
Thursday November 16
2-4PM
TRIO House

GOOD LUCK WITH FINALS, CARLS!

UPCOMING EVENTS

- Biofeedback—Orientation Session—November 1, 2, 7, 9, and 16
12:10—12:50pm SHAC Group Room
- Rev. Al Sharpton—Tuesday, November 7
5:15pm, Skinner Memorial Chapel
- OIIL Study Break—Thursday, November 16
1:00-3:00pm, Laird 14
- Bagel Study Break—Thursday, November 16
2:00PM, Libe, Sponsored by Student Activities Programming Board
- TRIO End of the Term Celebration—Thursday, November 16
2:00-4:00PM, TRIO House

ONGOING EVENTS

- SHAC: Time to Meditate—Tuesdays and Fridays during the term
Practice mindful, moment-to-moment awareness. Open to all levels. Led by Betsy Lane-Getaz and Nate Page; co-sponsored by the Chapel and SHAC.
Tuesdays at 12:00pm and Fridays at 8:15am , Buddhist Meditation Room in Skinner Memorial Chapel
- LGBTQA+ Tea Time—Fridays
4:30—5:30pm in Clader House/Gender Sexuality Center
- Happy Hour Course: Skills to Flourish!—Tuesdays and Wednesdays Week 2-10
Tuesdays at 10:45am and Wednesdays at 3:10pm

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