CARLETON COLLEGE Health

INTRODUCING A **NEW** EMPLOYEE BENEFIT

[ConsultADoctor 24/7]

*Where the doctor is always in.*

PROPOSED EFFECTIVE DATE: **JANUARY 1ST, 2013**
YOUR NEW HEALTH BENEFIT...

- Employer Paid = **FREE** to eligible employees and their dependents.
- There are **NO LIMITATIONS** on usage.
- More **CONVENIENT**, more **COST EFFECTIVE**.
- Reduces employee out-of-pocket claims cost exposure.
- Reduces aggregate risk factors at renewal.

咨询医生™

Employee Benefits, Insurance, HR Solutions

Associated Financial Group

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WHAT IS CONSULT-A-DOCTOR?

- On-Demand 24/7 Telephonic, Secure-Email, & Online Video Chat.
- Access to United States Licensed/Board Certified Physicians.
- Medical Treatment & Advice, Including Prescription (Rx) Medications.
- Online Medical & Wellness Resources.
- Convenient Alternative Care for Most Common & Basic Medical Needs.
WHEN TO USE CONSULT-A-DOCTOR...

- Non-Emergent Medical Issues, Questions, or Concerns.
- Primary Care Physician is NOT Available, or Accessible.
- Call ANYTIME - After Business Hours, Nights, Weekends!
- Medical Needs When Traveling.
- Requesting a Prescription (Rx) Medication, or Re-Fill*

* There is no guarantee that you will be prescribed a medication. Consult-A-Doctor Physicians do not prescribe controlled medications. This service is not available in Oklahoma.
BENEFITS OF CONSULT-A-DOCTOR...

SAVE TIME
- Avoid Waiting for an APPOINTMENT, or Sitting in a WAITING ROOM!

SAVE MONEY
- As a Member, there is NO OUT-OF-POCKET Expense to You.

PEACE-OF-MIND
- Receive On-Demand Healthcare WHENEVER, and WHEREVER you Need AS OFTEN as you Need.
COMMON CONDITIONS TREATED WITH CONSULT-A-DOCTOR...

- HEADACHES/MIGRANES
- SINUS INFECTIONS
- COLD/FLU
- ALLERGIES
- BRONCHITIS
- STOMACH ACHES/DIARRHEA
- RESPIRATORY INFECTIONS
- URINARY TRACT INFECTIONS
- PRESCRIPTION (Rx) RE-FILLS
- POISON IVY
- SKIN IRRITATION/SKIN RASH
- GOUT
- HIGH BLOOD PRESSURE
- HIGH CHOLESTEROL
- ASTHMA
- & MUCH MORE!!!
PHYSICIAN PARTNERS OF CONSULT-A-DOCTOR...

EXPERIENCED – Average Over 10 years of Practicing Experience.

HIGHLY SKILLED – Professional, Knowledgeable & Trained in Telemedicine.

QUALITY CARE – Board Certified & State Licensed Practitioners.

U.S.-BASED – Available in ALL 50 States, Anytime, for Anyone in Your Family.

COMPASSIONATE – Physicians Selected based upon Bedside Manner.
**4 EASY WAYS TO CONNECT TO CONSULT-A-DOCTOR...**

**“ON-CALL” TELE-CONSULT**
- Talk to a Doctor Immediately
- On-Demand Consultation
- Receive Medical Advice

**“BY APPOINTMENT” TELE-CONSULT**
- Set a Time for Doctor to Call YOU.
- Comprehensive Consultation
- Get Prescription Medication*

**“PRIORITY” TELE-CONSULT**
- Talk to a Doctor within 3-Hours
- Comprehensive Consultation
- Get Prescription (Rx) Medication*

**“e-CONSULT”**
- E-Mail a Doctor about Sensitive Medical Issues/Questions/Concerns
- Secure, Discreet, HIPAA-Compliant
- Doctor Response within 24-hours
**MyPHM – My Personal Health Manager**

- **RISK ASSESSMENTS** – Interactive health tools identify health risks/promote wellness
- **CONSULTANT CENTER** – Schedule appointments with Doctors via phone/email
- **HEALTH ALERTS** – Newsletters with latest articles, news, and links tailored to you.
- **SYMPTOM CHECKER** – Evaluate symptoms and recommend treatment options.
EMR/PHR – e-MEDICAL RECORDS

ELECTRONIC MEDICAL RECORDS

- Reviewed by Doctor before consultation.
- Request Treatment/Rx via Telephone.
- Continuity of Care – Allows for exchange of patient history.
- No paper charts to maintain.
- Improves quality and greatly reduces medical errors.
- Privacy assured through secure portal.
REGISTRATION – ONLINE/BY PHONE

REGISTER ONLINE

www.MyDrConsult.com

REGISTER BY PHONE

CALL 1-800-DOC-CONSULT, OR 1-800-362-2667 (SELECT OPTION #2) TO ACTIVATE YOUR ACCOUNT.

Consult A Doctor 24/7
ANY QUESTIONS?