APPENDIX P
CARLETON COLLEGE
SPORT CLUB PROGRAM

FIRST AID COMPLIANCE

Club Sport Name______________________

Club Safety Officer/s (Print Name)_____________________

Date_______________________

The club sport safety officer verifies by signature (________________/_________________) that the club possesses a first aid kit, stocked sufficiently with supplies as outlined below and this kit will be on hand at every club practice and competition.

The club sport safety officer (signature___________/_________________) verifies that the kit will be restocked with first aid supplies as they are depleted.

In addition the safety officer/s verifies that they are certified in Standard First Aid and CPR for adults, and that they will be at every club practice and competition.

Signature________________________________

Signature_________________________________

Safety Officer is responsible for checking the contents of the First Aid kit against this list. If items are missing or used up then contact the Rec. Director for additional supplies.

Contents of the First Aid Kit
2 combine dressings
4x4 and 3x3 gauze sponges
gloves
alcohol prep pads
tape (2) 1”, (2) ½”, (2) ¼”
Band aids
Sling
Stereo strips
Anti-biotic ointment
Bottle of peroxide
Cotton tipped applicators
Ace wraps: two 2” and two 4”
2 rolls cotton bandage

Refills obtained from the Athletic Training Room at the Recreation Center