Student Wellness Advisors (SWAs) are peer health educators who are part of the Wellness Center team. SWAs educate the campus community through active and passive programming on the following topics:

- Drug and alcohol use
- Physical health including nutrition, exercise and sleep
- Sexual health
- Basic mental health issues
- Stress, resilience and coping

The SWA position is a paid 8 hours per week position. SWAs are residentially based in Myers, Nourse, Watson, Davis, Burton, Musser, Cassat and Goodhue Hall.

SWAs are required to be on campus for the entire 2010-2011 academic year. Participation in the spring New Staff Member meeting, Fall Training and Combined Peer Leader Training is mandatory.

**SWA Responsibilities**

- Serve as a role model for healthy and balanced living
- Monitor and assess student health needs in the residential community
- Attend residence hall study breaks on a weekly basis to assess hall needs and inform residents of health events and issues on campus
- Develop and implement active and passive educational programs on health topics listed above
- Maintain SWA stalls by updating materials and answering “Ask A SWA Questions”
- Support residents by answering basic health questions and referring students to appropriate campus resources
- Complete all administrative tasks such as weekly informational reports, attending weekly staff meetings and meeting regularly with Hall Directors
- Collaborate with the SWA team, other peer leaders, residence hall staff and other members of the campus community
- Hold weekly 1 hour office hours in residence hall
- Support and promote Wellness Center events and services
- Serve as a programming resource for upper class residence halls

**Applications and two recommendations are due April 10 by 5pm. Apply at go.carleton.edu/swa**