



**Adriana Castillo '18**

Little did I know that I would be building a huge community within Carleton by joining TRIO. I felt very welcomed and my relationships with the staff have helped me a lot. TRIO is a family—the biggest thing is they are there for you. You need that support to be successful at Carleton.



**Patrick Wallace '19**

TRIO has introduced me to some of the most well-rounded, intelligent people I will ever meet. I have had the opportunity to create longlasting friendships with people who have challenged me to consider new ideas and perspectives.



**Gladys Cortes '19**

TRIO really helps students prepare for their future. I've seen the way the older students offer their support and help the younger students. TRIO has outlets for leadership opportunities, either through serving as a TRIO mentor or making us aware of other opportunities on campus. There are always people from around campus who come to TRIO and meet with us to identify those outlets and offer support to us.

**For more information, contact:**

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# TRIO

STUDENT SUPPORT SERVICES



## Carleton

## What is TRIO?

TRIO is a set of nationwide, federally funded college opportunity programs, beginning as early as the sixth grade, that motivate and support students from qualifying backgrounds in their pursuit of a college degree. TRIO/Student Support Services (SSS) provides academic counseling, personal guidance, financial advising, and mentoring to current college students.



TRIO/SSS programs are federally funded through the U.S. Department of Education to serve a limited number of eligible participants each year. Funding varies from year to year and Carleton's annual grant amount is available upon request.

This disclosure is made in compliance with Public Law 108-447 Sec.506.

TRIO/SSS has been continuously funded at Carleton College since 1981.

## Who is Eligible?

Participants must be Carleton College students who are U.S. citizens, permanent residents, or refugees pursuing their first bachelor's degree. They must also meet **at least one** of the following criteria:

- Be a first-generation college student (neither parent has a baccalaureate degree)
- Come from a low-income household as determined by federal guidelines for family-unit size
- Have a documented disability

## Opportunities and Expectations

Eligible participants admitted to the TRIO/SSS program receive and commit to the following:

- Individual advising with TRIO/SSS staff
- Academic workshops and professional development programming (one per term)
- Peer mentoring
- Textbook assistance
- Opportunities to attend retreats and cultural events

"Being in TRIO has certainly improved my life here at Carleton on academic, social, and financial levels."

-Eliot Ayala '19



## Individual Advising

TRIO/SSS assigns every student an adviser. Students meet with this adviser one-on-one for their entire time in the program. The adviser is invested in your wellbeing and success and can assist with academic, personal, and career matters.



## Academic Support

TRIO/SSS offers support to help students adjust to and thrive in Carleton's rigorous academic environment. Students receive assistance to select classes and majors, develop a four-year path to graduation, hone time management and organization skills, and refine learning strategies. Training in quantitative reasoning is available to help students excel in data-rich courses.



## Cultural Events

TRIO/SSS is committed to developing the cultural life of our students. Whether we're visiting the theater or hosting a picnic to showcase students' home dishes, we're eager to learn about students' cultures and expose them to new experiences.



## Financial Literacy

TRIO/SSS provides programming to help our students develop skills necessary for financial independence. From workshops on understanding financial aid to tips for setting up bank accounts and credit cards, we're invested in your financial wellbeing.