A Note From The Director

Watching the beautiful colors created by the changing of the leaves is one of my favorite times of the year. I am excited to welcome each of you to campus, whether you are a first-year or a veteran upperclassmen returning to the hill, we are excited to have you here.

The start of the 2018-2019 school year brings many changes to the TRIO community. We welcome our new staff member, Karina Sierra, who joins us from New York University. With the additional of Karina, Melanie Cashin has transitioned into a new role allowing her to focus on assessment and faculty outreach of our program. In addition to staffing changes, TRIO welcomes 30 new members of the Class of 2022 into the program. We are looking forward to assisting them throughout their Carleton journey.

Lastly, TRIO/Student Support Services is celebrating 50 years!! In 1968 the Higher Education Act was amended to include the Special Services for Disadvantaged Students program what is now called Student Support Services. Since its inception, Student Support Services has provided support to countless of students across the country and continues to support approximately 800,000 students today.

Thank you to each and everyone of you for making TRIO at Carleton a successful program!

Sincerely,
Trey Williams
Maya Rogers

Maya Rogers is from Tulsa, Oklahoma. She loves learning, crafting, and reading. Her favorite books are the Guardians of Ga’hoole series. Maya is interested in public health and is a potential biology major. She finds TRIO to be really awesome. Her favorite thing about TRIO is the amount of support first year students receive from the Peer Leaders, TRIO staffs, and events. TRIO was one of the main reason she decided to attend Carleton College. The best thing that has happened since she has been on campus is visiting the SWA Dogs. Her favorite movie is The Princess Bride and if she could be any animal, it would be an owl because they are pretty and calm. Maya is a LDC person. A fun fact about Maya is her ability to recall 105 digits of Pi!

Dae’Kevion Dickson

Dae’Kevion Dickson is from the country-sides of Houston, Texas. Moving to a small town was not much of a change for him. However, he is still adjusting to Carleton, Minnesota weather, and the resources available on campus. He said his mentors are a great guidance and help him not feel alone. Dae’Kevion is a potential psychology major and neuroscience and Spanish minor. The classes that he is looking forward to is developmental and theoretical psychology. His favorite movie is The Thing. If he could be an animal, he would be a praying mantis because they are not well known and underrated but actually very intelligent. Dae’kevion is also a LDC person. He loves cookies so much to the point where he would go to different locations to obtain a cookie. Fun fact: Dae’Kevion wants a best friend!

Sade Orepo-Orjay

Sade Orepo-Orjay is also from Houston, Texas. She is undecided but loves learning about other cultures and languages especially Spanish. The best things at Carleton so far is the amount of interaction she has had with so many people and cultures. She looks forward to studying abroad and traveling. Her favorite show is Grey’s Anatomy. If Sade could be any animal, she would be a lion or a cheetah. Sade is a LDC enthusiast! Fun Fact: Sade is an awesome person! Get to know her!
Oswaldo Cota

Oswaldo Cota is from Los Angeles, California. He is a potential Sociology and Anthropology Major. He plays tennis and loves to blast music while sipping dark roast coffee. His favorite movie at the moment is A Star is Born. If he could be any animal, he would be a raven. He is also a LDC person! (LDC for win!) The best thing that has happened to him since he’s been on campus was when his sweet friends who he adores, made him a surprise birthday cake celebration after knowing him for only ten days!

Assistant Director Spotlight: Karina Sierra

Karina Sierra, Assistant Director of TRIO/SSS, is the newest member of the TRIO team! Being a graduate of TRIO/SSS, Karina is familiar with the services TRIO provides and how much it benefits students. She is excited to start her next journey with us here at Carleton!

So, what brings Karina to Carleton? Karina’s work as a College Access Counselor led her to pursue a graduate program in higher education. Having recently graduated from NYU with her Master’s in Higher Education and Student Affairs, Karina was looking for a position that met her desire to 1) work with students from underrepresented backgrounds and 2) be at an institution that actively works towards student success, which she says she has “found at Carleton.”

What does she like so far and what is she looking forward to at TRIO? So far, Karina has most enjoyed the supportive Carleton community and the conversations she has had with students. She says she is grateful for both because they have allowed her to meet creative and friendly people who have taken the time to get to know her and who have been helpful in her transition to Carleton. Karina says she is looking forward to meeting new people and cultivating these relationships on campus, especially at Comfort Food Fridays! :)

What does Karina do for fun? In her spare time, Karina likes to travel with her friends and family, enjoys going to museums to view cultural exhibitions and modern art. She also enjoys going out to eat Mexican, Chinese and Vietnamese foods, which are her favorites!
Peer Leader Spotlight: Nick Gross Almonte

Why did you choose to become a TRIO Peer Leader?

I chose to become a TRIO Peer Leader because I felt that as a PL I could have a more personal impact on first-years with their transition into college. Working for TRIO allows me to work with students like me, who are first generation and come from a low income household that could benefit from having a PL that has a more similar background to them than many other Carleton students.

What has been your favorite class at Carleton?

I really enjoyed Geomorphology with Mary Savina. Aside from geo, I really really enjoyed this class taught by a visitor professor called Ashley Smith called "We've Never Not Been Here: Indigenous Peoples and Places."

What do you like to do in your free time?

I like to go on a run with my good friend Clara Hobbie or play a game of catch with the best dining hall manager ever Olivia Sterling-Maisel. Other than that, I also just try to get outside on my free time. I really enjoy being in the sun :)

What is your ideal job?

I feel that a lot of science that we learn is too abstract, stuff that isn't applicable in everyday lives, so my ideal job would include working with applied geoscience like geohazard prevention (like flooding and earthquakes) or geoengineering.

Melanie Cashin, was the Assistant Director of TRIO/SSS last year and is transitioning into a new role as an Academic Advisor in TRIO this year.

What excites you about your new role?

I'm excited to continue advising students one-on-one, while also interacting more with existing research and our data to improve our programming. Oh, and I leave work at 2:30 every day, so I'm excited for more time with my kids, baking, and reading for fun!

How do you see yourself interacting differently with students in your new role?

I may have a little less time with students, but my goal is to leverage relationships with faculty to improve student experiences. I’ll be organizing events like STEM lunches, exploring faculty-student mentoring models, and developing assessments (so please fill out the Google Forms I’m always sending your way, and I promise to gather feedback in new ways too). But my door is still always open, and students are the best part of my day, so stop in.

And lastly, can students still come to you for questions?

Yes, yes, yes. Honestly, a willingness to ask questions and communicate openly is such an important skill that I will always welcome student questions. That said, I am one of many resources I hope students will lean on. Come talk to me, Trey, Karina, and Kathy. If we don’t have the answer, we pride ourselves on our ability to connect you with someone who does.
Shelby Jones: Spanish Studies in Madrid

I have been studying and living in Madrid for 6 weeks for Carleton’s Spanish Studies in Madrid Program. My time in Madrid has been amazing and I am not ready to leave in just 4 short weeks. Madrid is such a vibrant city, full of food, music, performances, and much more. On top of the classes I have been taking at the Universidad Complutence de Madrid, I have seen a Flamenco show, gone to a Real Madrid soccer game, visited Toledo, Granada, Galicia, and Seville, and visited many amazing museums and places in Madrid. Living in Madrid has been a very different experience for me because I have never lived in a city before. When I first got here, it took me a lot of time to adjust to the large number of people and taking the metro to get to places. It was also very difficult speaking in Spanish the entire time. But I am now used to it and my Spanish has improved a ton. I am really having an amazing time in Madrid and definitely will not be ready to leave.

James Gardner: Computer Science at the Danish Institute for Study Abroad in Copenhagen

I’m currently enrolled in DIS (Danish Institute for Study Abroad) in Copenhagen and taking Computer Science courses. One of the highlights is being able to go on mini study tours for a day to visit a company and see how concepts in the classroom are applied in the real world. I’m enjoying my time here and the classes aren’t that different in terms of academic rigor, but they do focus more on group work and participation in group discussions.

Alex Cardenas: Cross-Cultural Psychology in Prague

I’m currently in Prague, Czech Republic, learning about varying development and treatment of mental illnesses depending on the culture. As well as the rich history of the Czech Republic from its inception to today. Going abroad is a great experience on its own! I’ve made a lot of new friends that I wouldn’t have otherwise met and had a chance to experience a completely different culture and language and cuisine that I don’t know if I would be able to on my own. I’ve learned to cook and care for myself on my own for what will be three months and that deserves it’s own degree. And having warm(er) weather doesn’t hurt either.
Ali Hickman: Cross-Cultural Psychology in Prague

Birds fly over the Vlata
people crawl over the Charles Bridge like ants
the smell of Gelato, Dumplings, and Traditional Brandy hang in the air.
The many parts of Prague, the city I love.

A poem by me. Cross Cultural Psychology in Prague has been eye opening and challenging in many ways. I am currently eight weeks into a Political and Cultural History class about the many revolutions that occurred before and after World War II in the Czech Republic. This class often escapes the confinement of the class room, where I find myself walking the streets of Prague in the same places people lost their lives for a cause. I am also taking Czech language which has made traveling, and eating at restaurants much more enjoyable and less embarrassing. The psychology class has challenged what I know and believe ethically and morally. I have been grateful to have the unique opportunity to meet with various patients with different disorders. Being in Eastern Europe has also allowed me to travel easily to Germany, Poland and Slovakia. I look forward to the last few weeks though it is bittersweet.

Grisel Vidal Munoz: Spanish Studies in Madrid

I am currently abroad in the OCS Spanish Studies in Madrid program. One of my favorite parts of the program so far was the trip to Galicia. The picture below demonstrates part of why I liked it. I met a puppy that could fall asleep anywhere, at anytime and in any position you placed her. I miss that puppy a lot and wish I could spend more time with her. I also enjoyed eating A LOT of bread in Galicia and enjoyed finding unexpected names and words that reminded me of my childhood. I am leaving tomorrow to Granada and hope to make a new friend there too.
For all returning students: Financial Aid Deadline Dates for 2019-20

Round 1: January 7, 2019 (first day of Winter Term)
Notification of award by end of February

Round 2: April 1, 2019 (first day of Spring Term)
Notification of award by end of May

Please visit the Financial Services page for important information for Returning Students who will apply for financial aid.

TRIO is collaborating with Student Financial Services to provide a FAFSA completion workshop on November 8th, 12pm-1pm. Bring a laptop, FAFSA login info & 2017 taxes.

Financial Literacy

All-Class Retreat

On September 29th, twenty-two TRIO students participated in the All-Class Retreat. It started with some amazing bonding activities, after stretching of course. We played sharks and minnows to get warmed and ready to begin. Next, we divided into two teams and made the biggest and hardest knot possible. We then switched to undo the other team’s knot. The game was neck and neck until one team came to victory, it took great communication and teamwork in order to be pulled off efficiently and effectively. Following, we did a mini obstacle course where you had to hold hands with the person on either side of you while balancing on a rope. There was a six-person limit on each rope and you could un-attach hands if you were touching a tree and moving to the next rope. It was difficult, but the teams made it with ease. Finally, we came to the hardest challenge of all, the high ropes course. There were two obstacles we could do, either climb a latter with a partner that got increasingly bigger or climb a thirty-foot pole and jump off of it. After all of this fun and bonding, we headed back to Carleton to have Chinese food in the Weitz. We had time for debriefing and talked about the word transition. We got into groups and told a story with the focus on transitioning. It was a fascinating debut and a great way to see everyone’s interpretations. It was a fun exciting day and a great way to get to know each year better!
Winter Break

If you plan to stay at Carleton this winter break please complete the Winter Break Housing Reservation Form by November 6 at 5:00 p.m.

Carleton Cupboard:

The Division of Student Life is pleased to announce the arrival of the Carleton Cupboard; a food shelf designed specifically for Carleton students during academic breaks. The Carleton Cupboard is located in the lower level of the Sayles-Hill Campus Center (room 020) and will open on November 20 for Winter Break.

The Carleton Cupboard is stocked with various non-perishable items, including canned vegetables, boxed pasta, cereal, and baking/cooking ingredients such as flour, sugar, and spices. Students wanting to utilize the facility will complete a one-time, access request form. Once complete, students will be provided access via their OneCard. All items are free of charge and students can utilize the Carleton Cupboard confidentially, as the facility is designed for only one person at a time.

Kudos

TRIO wishes to thank everyone who collaborated with us this fall term. We so appreciate your support! Special thanks go out to the following individuals and offices:

Dean Livingston for sponsoring Comfort Food Friday with the Dean. The following faculty who came to our STEM lunches. Calculus Lunch: Alex Barrios, Michael Cohen, Rafe Jones, Gail Nelson. Chemistry Lunch: Chris Calderone, Dani Kohen, Matt Whited. We would also like to thanks David Higgs, who helped with the STEM lunches. Senior Workshop: Gabe Barela, Ashley Belisle, Marynel Ryan Van Zee and Keri Asp. Junior workshop thank you to Keri Asp, Matthew Lundberg, and Ashley Belisle. Sophomore Workshop Stephanie Ruckel from St. Olaf College. Freshman Workshop, Candice Koen in the Business Office. The following students for presenting at Class Act: Houssem Chammam, Arlene Mendez, Javin White, Lon Hutchinson, and Gladys Cortes. The Admission Team. Dean Baggot for all of his support. Tina Kukowski and Kris Parker from the Student Financial Services. OIl, GSC, SHAC, and Disability Services for Students for their support and collaborations with TRIO. Kathy Sommers for supporting the TRIO students and TRIO house.