### Q1. Term:

<table>
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<th>Percent</th>
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<td>3.52%</td>
<td>Fall</td>
</tr>
<tr>
<td>12</td>
<td>4.69%</td>
<td>Winter</td>
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<tr>
<td>235</td>
<td>91.80%</td>
<td>Spring</td>
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**Total Respondents:** 256

### Q2. Year:

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<tbody>
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**Total Respondents:** 251
Q3. What was the name of the class?

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<th>Percent</th>
<th>Class</th>
</tr>
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</tr>
<tr>
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<td>0.00%</td>
<td>Aikido, Intermediate</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Aikido, Beginning</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Aikido, Advanced</td>
</tr>
<tr>
<td>1</td>
<td>12.50%</td>
<td>Ballet I</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Ballet II</td>
</tr>
<tr>
<td>1</td>
<td>12.50%</td>
<td>Fundamentals of Baseball</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Cote Fitness</td>
</tr>
<tr>
<td>1</td>
<td>12.50%</td>
<td>Cycling, Recreational</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Fencing, Beginning</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Frisbee, Beginning Ultimate</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Golf</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Golf, Advanced</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Kettlebell Fitness, Beginning</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Modern Dance I</td>
</tr>
<tr>
<td>1</td>
<td>12.50%</td>
<td>Modern Dance II</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Contact Improvisation</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Modern Dance III</td>
</tr>
<tr>
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<td>0.00%</td>
<td>Rock Climbing</td>
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<tr>
<td>0</td>
<td>0.00%</td>
<td>Scuba</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Self Defense for Women</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Social Dance I</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Social Dance II</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Step Aerobics</td>
</tr>
<tr>
<td>2</td>
<td>25.00%</td>
<td>Swimming, Fitness</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Swimming, Instructional</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Swing Dance</td>
</tr>
<tr>
<td>1</td>
<td>12.50%</td>
<td>Tae Kwon Do</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Volleyball, Co-ed</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Yoga, Beginning</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Yoga, Continuing</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Yoga</td>
</tr>
<tr>
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<td>Principles of Athletics</td>
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<td>Field Hockey</td>
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</table>

8 Respondents
Q4. What was the name of the class?

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<td>0</td>
<td>0.00%</td>
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</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Aikido, Beginning</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Aikido, Advanced</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Ballet I</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Ballet II</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Fundamentals of Baseball</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Basketball, 3 on 3</td>
</tr>
<tr>
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<td>0.00%</td>
<td>Cote Fitness</td>
</tr>
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<td>0.00%</td>
<td>Fencing, Beginning</td>
</tr>
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<td>Fitness for the Athlete</td>
</tr>
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<td>0.00%</td>
<td>Folk Dance</td>
</tr>
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<td>0.00%</td>
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<td>0</td>
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<td>Ice Hockey, Intermediate</td>
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<td>0.00%</td>
<td>Kettlebell Fitness, Beginning</td>
</tr>
<tr>
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<td>Modern Dance I</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Modern Dance II</td>
</tr>
<tr>
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<td>9.09%</td>
<td>Contact Improvisation</td>
</tr>
<tr>
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<td>0.00%</td>
<td>Modern Dance III</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Rock Climbing</td>
</tr>
<tr>
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<td>18.18%</td>
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</tr>
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<td>0.00%</td>
<td>Social Dance II</td>
</tr>
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<td>Social Dance - Winter Ball</td>
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<td>Step Aerobics</td>
</tr>
<tr>
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<td>9.09%</td>
<td>Swimming, Fitness</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Swimming, Instructional</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Swing Dance</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Tae Kwon Do</td>
</tr>
<tr>
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<td>0.00%</td>
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</tr>
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</tr>
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<td>Weight Training</td>
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</tr>
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<td>0.00%</td>
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</tr>
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<td>0.00%</td>
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<td>Methd,Princpl&amp;Phil-Coaching</td>
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<tr>
<td>Club</td>
<td>% Respondents</td>
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<tr>
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<tr>
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</tr>
<tr>
<td>Skiing/Alpine Club</td>
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<td></td>
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<tr>
<td>Men's Volleyball Club</td>
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11 Respondents
Q5. What was the name of the class?

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<tr>
<td>1</td>
<td>0.44%</td>
<td>Aikido, Beginning</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Aikido, Advanced</td>
</tr>
<tr>
<td>2</td>
<td>0.88%</td>
<td>Ballet I</td>
</tr>
<tr>
<td>5</td>
<td>2.19%</td>
<td>Ballet II</td>
</tr>
<tr>
<td>2</td>
<td>0.88%</td>
<td>Ballet III</td>
</tr>
<tr>
<td>5</td>
<td>2.19%</td>
<td>Basketball, 3 on 3</td>
</tr>
<tr>
<td>5</td>
<td>2.19%</td>
<td>Cote Fitness</td>
</tr>
<tr>
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<td>0.44%</td>
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</tr>
<tr>
<td>2</td>
<td>0.88%</td>
<td>Fencing, Intermediate</td>
</tr>
<tr>
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<td>0.00%</td>
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</tr>
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<td>4</td>
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<td>Frisbee, Advanced Ultimate</td>
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<td>Golf, Advanced</td>
</tr>
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<td>1.32%</td>
<td>Hip-Hop/House St. Dance</td>
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<td>Intro to Diving</td>
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<td>Karate</td>
</tr>
<tr>
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<td>Life Guard Training</td>
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</tr>
<tr>
<td>5</td>
<td>2.19%</td>
<td>Modern Dance II</td>
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<td>2.63%</td>
<td>Rock Climbing</td>
</tr>
<tr>
<td>4</td>
<td>1.75%</td>
<td>Scuba</td>
</tr>
<tr>
<td>11</td>
<td>4.82%</td>
<td>Self Defense for Women</td>
</tr>
<tr>
<td>6</td>
<td>2.63%</td>
<td>Social Dance I</td>
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<tr>
<td>13</td>
<td>5.70%</td>
<td>Social Dance II</td>
</tr>
<tr>
<td>6</td>
<td>2.63%</td>
<td>Step Aerobics</td>
</tr>
<tr>
<td>13</td>
<td>5.70%</td>
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</tr>
<tr>
<td>4</td>
<td>1.75%</td>
<td>Swimming, Instructional</td>
</tr>
<tr>
<td>8</td>
<td>3.51%</td>
<td>Swing Dance</td>
</tr>
<tr>
<td>1</td>
<td>0.44%</td>
<td>Tae Kwon Do</td>
</tr>
<tr>
<td>9</td>
<td>3.95%</td>
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</tr>
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<td>4</td>
<td>1.75%</td>
<td>Volleyball, Co-ed</td>
</tr>
<tr>
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<td>0.00%</td>
<td>Water Safety Instructor</td>
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<tr>
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<td>4.82%</td>
<td>Yoga</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Principles-Athletic Training</td>
</tr>
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<td>0.44%</td>
<td>Tennis Club</td>
</tr>
<tr>
<td>Activity</td>
<td>Count</td>
<td>Percent</td>
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<td>----------------------------------</td>
<td>-------</td>
<td>---------</td>
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</tr>
<tr>
<td>Ultimate Frisbee: CUT &amp; GOP</td>
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<td>2.63%</td>
</tr>
<tr>
<td>Ult Frisbee: Syzygy&amp;Eclipse</td>
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<td>Sailing Club</td>
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<td>0.88%</td>
</tr>
<tr>
<td>Water Polo</td>
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</tr>
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<td>Weight Training and Conditioning</td>
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<tr>
<td>Weight Training for Women</td>
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</tbody>
</table>

228 Respondents

**Q6. What is your gender?**

<table>
<thead>
<tr>
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<th>Percent</th>
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</thead>
<tbody>
<tr>
<td>87</td>
<td>35.22%</td>
</tr>
<tr>
<td>160</td>
<td>64.78%</td>
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</table>

247 Respondents

**Q7. What is your class year?**

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
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</thead>
<tbody>
<tr>
<td>64</td>
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<tr>
<td>66</td>
<td>26.72%</td>
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<tr>
<td>56</td>
<td>22.67%</td>
</tr>
<tr>
<td>61</td>
<td>24.70%</td>
</tr>
</tbody>
</table>

247 Respondents

**Q8. Please indicate your level of agreement with the following statement:** My involvement in physical education activity courses improved my attitude towards living a healthier lifestyle.

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
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</thead>
<tbody>
<tr>
<td>60</td>
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<td>117</td>
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<td>55</td>
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<td>4.45%</td>
</tr>
<tr>
<td>4</td>
<td>1.62%</td>
</tr>
</tbody>
</table>

247 Respondents

**Q9. Please indicate your level of agreement with the following:** As a result of my learning and involvement in physical education activity courses . . . - I will make physical activity a regular part of my routine.

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
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<td>89</td>
<td>36.03%</td>
</tr>
<tr>
<td>83</td>
<td>33.60%</td>
</tr>
<tr>
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<td>4.45%</td>
</tr>
<tr>
<td>8</td>
<td>3.24%</td>
</tr>
</tbody>
</table>

247 Respondents
Q10. Please indicate your level of agreement with the following: As a result of my learning and involvement in physical education activity courses . . . - I am more confident.

<table>
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<tr>
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<th>Percent</th>
<th>Agreement Level</th>
</tr>
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</tr>
<tr>
<td>104</td>
<td>42.11%</td>
<td>Agree</td>
</tr>
<tr>
<td>72</td>
<td>29.15%</td>
<td>Neutral</td>
</tr>
<tr>
<td>10</td>
<td>4.05%</td>
<td>Disagree</td>
</tr>
<tr>
<td>7</td>
<td>2.83%</td>
<td>Strongly disagree</td>
</tr>
<tr>
<td>247</td>
<td></td>
<td>Respondents</td>
</tr>
</tbody>
</table>

Q11. Please indicate your level of agreement with the following: As a result of my learning and involvement in physical education activity courses . . . - I have a stronger level of enjoyment in physical activity in general.

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
<th>Agreement Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>52</td>
<td>21.05%</td>
<td>Strongly agree</td>
</tr>
<tr>
<td>104</td>
<td>42.11%</td>
<td>Agree</td>
</tr>
<tr>
<td>73</td>
<td>29.55%</td>
<td>Neutral</td>
</tr>
<tr>
<td>11</td>
<td>4.45%</td>
<td>Disagree</td>
</tr>
<tr>
<td>7</td>
<td>2.83%</td>
<td>Strongly disagree</td>
</tr>
<tr>
<td>247</td>
<td></td>
<td>Respondents</td>
</tr>
</tbody>
</table>

Q12. Please indicate your level of agreement with the following: As a result of my learning and involvement in physical education activity courses . . . - I improved my level of skill.

<table>
<thead>
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<th>Count</th>
<th>Percent</th>
<th>Agreement Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>112</td>
<td>45.34%</td>
<td>Strongly agree</td>
</tr>
<tr>
<td>105</td>
<td>42.51%</td>
<td>Agree</td>
</tr>
<tr>
<td>18</td>
<td>7.29%</td>
<td>Neutral</td>
</tr>
<tr>
<td>6</td>
<td>2.43%</td>
<td>Disagree</td>
</tr>
<tr>
<td>6</td>
<td>2.43%</td>
<td>Strongly disagree</td>
</tr>
<tr>
<td>247</td>
<td></td>
<td>Respondents</td>
</tr>
</tbody>
</table>

Q13. Please indicate your level of agreement with the following: As a result of my learning and involvement in physical education activity courses . . . - I improved my level of activity-specific knowledge.

<table>
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<tr>
<th>Count</th>
<th>Percent</th>
<th>Agreement Level</th>
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<tr>
<td>130</td>
<td>52.63%</td>
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</tr>
<tr>
<td>91</td>
<td>36.84%</td>
<td>Agree</td>
</tr>
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<td>16</td>
<td>6.48%</td>
<td>Neutral</td>
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<tr>
<td>6</td>
<td>2.43%</td>
<td>Disagree</td>
</tr>
<tr>
<td>4</td>
<td>1.62%</td>
<td>Strongly disagree</td>
</tr>
<tr>
<td>247</td>
<td></td>
<td>Respondents</td>
</tr>
</tbody>
</table>