About the Course:

Welcome to Principles of Psychology! This is a survey course intended to give you exposure to the rich and diverse field of psychology. Although we obviously cannot cover every topic in this field, we’ll try to touch on most of the major areas of this discipline and introduce you to some of the methods we psychologists use.

The format of this course, like the content, is varied. We’ll have lectures, discussions, guest speakers, films, and other class activities.

You should know upfront that there is a good deal of reading in this course, some of it quite detailed and difficult to get through. So don’t be fooled by the page lengths of your reading assignments. Also, you should plan to have the reading completed by class time for the day on which it is assigned.

An integral part of this course will be a group assignment. You will have an opportunity to select a topic of your choice and sign up to work with the group whose task it is to research that topic. As a group you will be given the responsibility to meet and share information, culminating in a final group product. The purpose of this assignment is to give you exposure to group work, an experience that will help you in your future employment. I will prepare a separate handout on the class projects.

In addition to your text readings, there will be a number of articles placed on electronic reserve in the main library.
E-tiquette

Please turn off your cell phones and put them away when you arrive to class. Feel free to use computers and tablets for typing notes, but please don’t use them to check Facebook or do internet surfing during class.

Assessment:

<table>
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<tr>
<th>Component</th>
<th>Weight</th>
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<tbody>
<tr>
<td>Quizzes</td>
<td>10 %</td>
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<tr>
<td>First Exam</td>
<td>20 %</td>
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<tr>
<td>Second Exam</td>
<td>20 %</td>
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<tr>
<td>Final Exam</td>
<td>20 %</td>
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<tr>
<td>Class Project</td>
<td>20 %</td>
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<tr>
<td>Class Participation</td>
<td>10 %</td>
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Quizzes will consist of 12 multiple-choice questions. Exams will consist of multiple-choice, short answer, and essay questions. The final exam will NOT be comprehensive; it will cover only the last one-third of the course. Also, you may self-schedule the final exam.

Make-up Quizzes and Exams

Make-up quizzes and exams will be given on a case-by-case basis. Situations like illness and family crises are grounds for a make-up exam or quiz. Having another assignment or exam due on the same day would not constitute a legitimate excuse. The exception is having another final on the same day as ours. If you have a legitimate reason for not taking the exam on the assigned day, please contact me as quickly as possible. Do not assume that I will necessarily agree with you on the definition of “legitimate.”

For individuals involved in extracurricular activities that may take you off-campus on the day an exam or quiz is scheduled, please consult with me at least a week before a scheduled quiz or exam, so that we can make arrangements for you to take the quiz or exam early or, in rare cases, later.

Students with Special Needs:

Those with special needs should see me as soon as possible in the term, concerning either classroom and/or exam accommodations.

***************WARNING***************

SOME OF THE READINGS AND TOPICS IN THIS COURSE WILL BE EMOTIONALLY CHALLENGING. PLEASE DON’T TAKE THIS COURSE IF YOU DON’T BELIEVE YOU HAVE THE RESOURCES TO HANDLE IT. AMONG THE VOLATILE TOPICS WE’LL BE DEALING WITH THIS TERM ARE DEPRESSION, SUICIDE, AND EATING DISORDERS, TO NAME A FEW.
**Final Thoughts:**

I firmly believe that it's possible to work hard, learn a lot, and have some fun, too. I want this course to be a rewarding experience for you, despite the challenging nature of some of the material. As the term progresses, let me know if there are ways I might make that possible. Also, I invite you to see me during my regular office hours. If these hours are not convenient, please arrange an appointment with me for some other time. A couple of final notes: I normally do not answer email on weekends, so if you send me one over the weekend, I probably won’t answer it until Monday at the soonest. But I’ll try to get back to you as quickly as I can.

Have a great term!

**Course Calendar:**

<table>
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<tr>
<th>Date</th>
<th>Day</th>
<th>Topic and Assignment</th>
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<tbody>
<tr>
<td>Sept. 16th</td>
<td>Mon.</td>
<td>Overview and Course Introduction</td>
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<tr>
<td>Sept. 18th</td>
<td>Wed.</td>
<td>Freud&lt;br&gt;&lt;i&gt;Assignment: Five Lectures on Psychoanalysis&lt;/i&gt;</td>
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<tr>
<td>Sept. 20th</td>
<td>Fri.</td>
<td>Finish Freud; Methods of Psychology&lt;br&gt;&lt;i&gt;Assignment: Gray, Chapter 17, pp. 650-656 &amp; Chapter 2&lt;/i&gt;</td>
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<tr>
<td>Sept. 23rd</td>
<td>Mon.</td>
<td>Biological Bases of Behavior I&lt;br&gt;&lt;i&gt;Assignment: Gray, Chapter 5, pp. 146-171&lt;/i&gt;</td>
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<tr>
<td>Sept. 25th</td>
<td>Wed.</td>
<td>Biological Bases of Behavior II&lt;br&gt;&lt;i&gt;Assignment: Gray, Chapter 5; pp. 137-146 and 172-182.&lt;/i&gt;</td>
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<tr>
<td>Sept. 27th</td>
<td>Fri.</td>
<td>Motivation: Sleep&lt;br&gt;&lt;i&gt;Assignment: Gray, Chapter 6, pp. 185-195 and 208-219.&lt;/i&gt;</td>
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<td>Sept. 30th</td>
<td>Mon.</td>
<td>Dreaming&lt;br&gt;&lt;i&gt;Assignment: Reserve Reading—Nir &amp; Tononi (2010); Palagini &amp; Rosenlicht (2011)&lt;/i&gt;</td>
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<tr>
<td>Oct. 2nd</td>
<td>Wed.</td>
<td>Hunger, Eating, and Eating Disorders&lt;br&gt;&lt;i&gt;Assignment: Gray, Chapter 6, pp. 195-201&lt;/i&gt;</td>
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***Quiz***
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<tr>
<th>Date</th>
<th>Day</th>
<th>Assignment</th>
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| Oct. 4th   | Fri. | Sexual Behavior  
  *Assignment:* Gray, Chapter 6, pp. 201-208; and  
  Chapter 3, pp. 78-84; Chapter 7, pp. 241-242 |
| Oct. 7th   | Mon. | Emotion  
  *Assignment:* Gray Chapter 6, pp. 220-228 |
| Oct. 9th   | Wed. | ***First Exam*** |
| Oct. 11th  | Fri. | Perception  
  *Assignment:* Gray, Chapter 8, pp. 282-306 |
| Oct. 14th  | Mon. | Learning  
  *Assignment:* Gray, Chapter 4, pp. 93-119  
  Thanksgiving Day Canada  
  Columbus Day U.S. |
| Oct. 16th  | Wed. | Memory  
  *Assignment:* Gray, Chapter 9; pp. 309-347 |
| Oct. 18th  | Fri. | Consciousness  
  *Assignment:* Reserve--TBA |
| Oct. 21st  | Mon. | NO CLASS--Midterm Break |
| Oct. 23rd  | Wed. | Intelligence  
  *Assignment:* Gray, Chapter 10, pp. 374-394. |
| Oct. 25th  | Fri. | Mental Disorders I  
  *Assignment:* Gray, Chapter 16, pp. 593-612  
  ***Quiz*** |
| Oct. 28th  | Mon. | Mental Disorders II  
  *Assignment:* Gray, Chapter 16, pp. 613-635 |
| Oct. 30th  | Wed. | ***Second Exam*** |
| Nov. 1st   | Fri. | The Book of Woe: Chapters 1-4  
  *Assignment:* Greenberg, pp. 1-75 |
| Nov. 4th   | Mon. | The Book of Woe: Chapters 5-11  
  *Assignment:* Greenberg, pp. 76-167 |
| Nov. 6th   | Wed. | The Book of Woe: Chapters 12-16  
  *Assignment:* Greenberg, pp. 168-272 |
| Nov. 8th   | Fri. | The Book of Woe: Chapters 17-20  
  *Assignment:* Greenberg: 273-357 |
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<tr>
<th>Date</th>
<th>Day</th>
<th>Event</th>
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<tr>
<td>Nov. 11th</td>
<td>Mon.</td>
<td>NO CLASS—Work on Projects</td>
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<tr>
<td>Nov. 12th</td>
<td>Tues.</td>
<td>Projects Due: Psych Office 4:30 p.m.</td>
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| Nov. 13th | Wed.    | Treatment of Mental Disorders I  
**Assignment:** Gray, Chapter 17, pp. 639-650 & |
| Nov. 15th | Fri.    | Treatment of Mental Disorders II  
**Assignment:** Gray, Chapter 17, pp. 656-672 |
| Nov. 18th | Mon.    | Social Cognition  
**Assignment:** Reserve Reading---Aronson et al (1999) |
| Nov. 20th | Wed.    | Social Influences on Behavior  
**Assignment:** Gray, Chapter 14, pp. 516-546; |
| Nov. 24th | Sun.    | Final Exam 3:30 – 6 p.m.  
(Self-scheduled) |

Reserve Readings:

