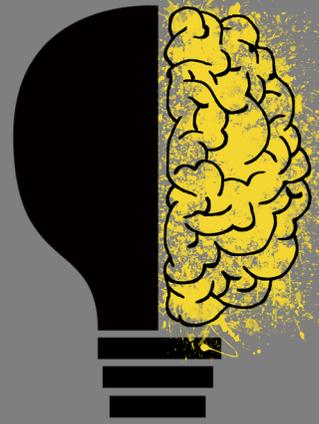


# PSYC110.01

## Principles of Psychology



### COURSE LOGISTICS

Welcome to Principles of Psychology! This course is a whirlwind tour through the study of mind, brain, and behavior. Although we can't cover all of this wonderful discipline in 9.5 weeks, the course is intended to introduce you to major issues and themes in Psychology and familiarize you with how Psychologists ask and answer research questions.

**Class:** MW 9:40-10:50, F 9:40-10:40, Olin 102

**Professor:** Julia Strand

**office:** 119 Olin

**email:** [jstrand@carleton.edu](mailto:jstrand@carleton.edu)

**appointments:** [juliastrand.youcanbook.me](http://juliastrand.youcanbook.me)

**Prefect:** Naseem Dillman-Hasso

**email:** [dillmann@carleton.edu](mailto:dillmann@carleton.edu)

### FORMAT

The course will include lectures, discussions, problem sets, group work, activities, and demonstrations. You are expected to attend class and will be responsible for all material from class and readings.

### TEXTS AND WEBSITE

This syllabus and other important course materials including readings, topics schedule, and assignment details are available on Moodle. Powerpoint slides, videos, handouts, and other material will be posted on Moodle after the lecture in which they are presented.

Noba Project, online textbook at <http://noba.to/pysht8ed> and other articles posted on Moodle. You may read online, print PDFs, or order a hard copy of the Noba readings. If you wish to print Noba articles, I recommend you sign up for an account (use the link above), download the chapters, print. Printing directly from the browser makes for ugly layouts. Readings should be completed before the class for which they are assigned.

### OTHER FINE PRINT

Office hours and prefect sessions are great opportunities to discuss the material outside class time. Use these times to review concepts, ask for additional info on a topic, clarify concerns, or just chat about the material.

Please talk with me in the first week of the course if you require special accommodations for class or testing.

Let's work together to make this a respectful and positive classroom atmosphere. This includes silencing and putting away phones and using laptops for note-taking only.

*"The purpose of psychology is to give us a completely different idea of the things we know best." -Paul Valéry*



# GRADING

## **10% Attendance & participation**

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During many class periods, students will be asked to contribute to discussions, answer questions, complete group problem sets, respond to the reading, or write brief “minute papers” commenting on course material. Students who receive the highest marks for attendance and participation are present and engaged during class, contribute to group discussions, ask questions, and show clear verbal and written evidence of having read, prepared, and thought deeply about the material. Unexcused absences hurt participation grades (plus you’ll miss out on the fun things we do in class!).

## **10% Moodle quizzes, daily assignments**

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Prior to some classes, you will take short, low-pressure quizzes or respond in another way to the reading. The purposes of these assignments is to encourage you to read closely rather than just skimming and ensure you’ve gotten the key information from the readings. This quizzes should be taken individually and without looking at notes/readings (ie., they are “closed-book”) unless otherwise specified.

## **10% Study Paper**

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In the first paper of the course, you will review literature on effective study techniques, evaluate the methodology of a particular experiment, and assess whether the findings of that study generalize to studying for the first exam in this class (more details to follow).

## **55% Exams (15% each for Exams 1 and 2, 25% for Exam 3)**

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There will be three exams that cover one section of material. The third exam will be during finals period and will contain a section on the last third of the course *and* a cumulative section (more information on the cumulative section to follow). Exams will include multiple choice questions, short answers, and brief essays. Special accommodations for early/late tests will be given only in extreme circumstances, and only with adequate warning.

## **15% Experiment Proposal**

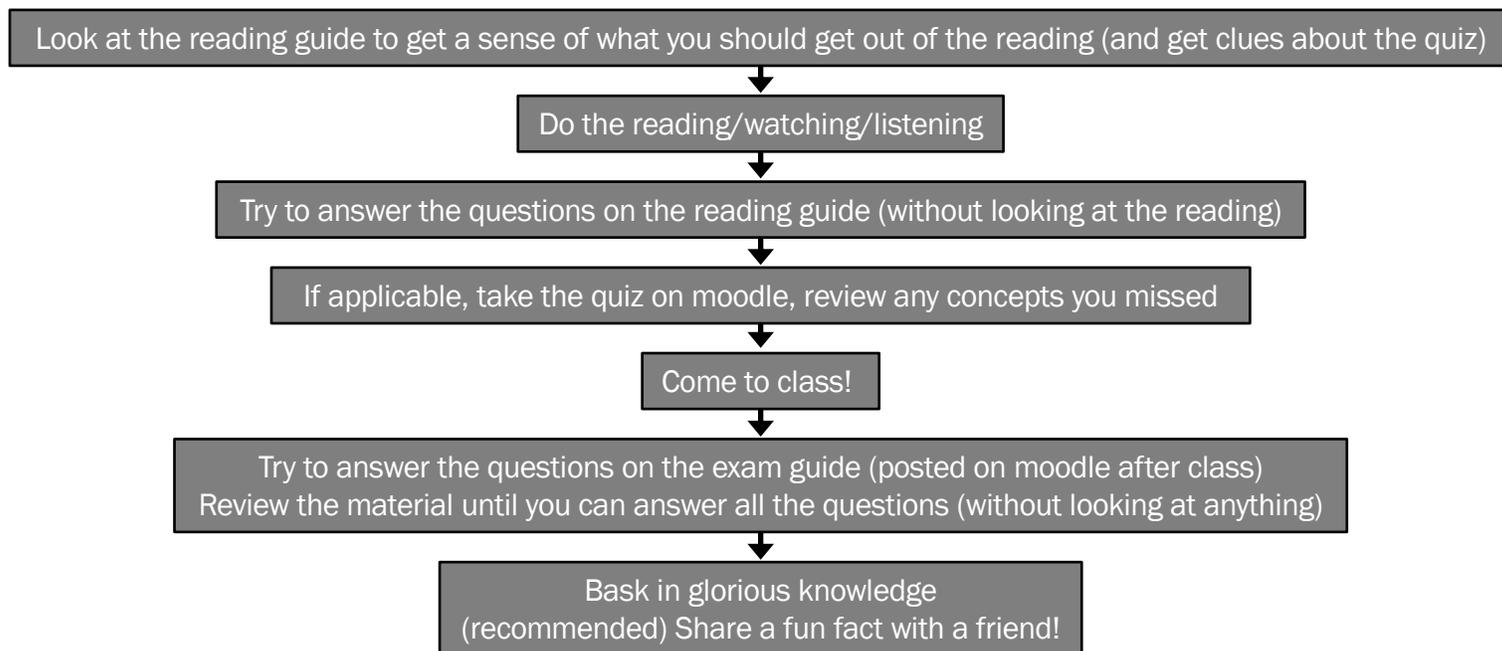
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This assignment consists of selecting an existing study and proposing a theoretically-driven novel extension or follow-up study. The assignment includes an outline, peer review of the outline, and a final paper (more details to follow).

\*\* Please note: additional assignments will not be given to bring up grades at the end of term. Papers that are submitted late without obtaining an extension are docked 1% per hour late. Therefore, use extra time if you think it would make your paper better than the penalty. Even better would be to plan ahead and discuss an extension if you foresee having trouble turning it in on time.



# RECOMMENDED STUDY PROCESS



## FAQs

- **Q:** What do I call the professor of this class?
- **A:** Julia! Or, if you prefer, Professor Strand or Dr. Strand
  
- **Q:** I'm afraid I have to miss class. What should I do?
- **A:** Email Julia ahead of time (so she doesn't worry about you or feel offended you're skipping her class), and arrange to obtain notes from a classmate (to avoid falling behind on the material). If there is a quiz for that day, you should still complete it (but if you are sick, it is ok to do it late). After you have looked at a classmates notes and the slides on moodle, if you have questions about the content, feel free to ask.
  
- **Q:** I want to talk with Julia outside of class time, but it looks like she doesn't have office hours? Does she not want to meet with me?
- **A:** In fact, she DOES want to meet with you! Enough that she wants you to have the flexibility to find a time to meet with her that works well for you. Go to: [juliastrand.youcanbook.me](http://juliastrand.youcanbook.me) to book a time.
  
- **Q:** What are some reasons people go talk to Julia?
- **A:** Lots of reasons: they're having trouble with the content and want to ask questions, they're looking for guidance on how to best approach an assignment, they saw something cool in real life that related to class content, they found some topic fascinating and want to talk more about it, etc etc.
  
- **Q:** Does Julia make slides and problem sets available to students?
- **A:** She sure does! On Moodle, after the class in which they are presented.



# COURSE SCHEDULE

Week	Day	Date	Topic
1	Mon	4/1	Introduction & themes
	Wed	4/3	Methods & Memory
	Fri	4/5	Memory
2	Mon	4/8	Learning
	Wed	4/10	Learning
	Fri	4/12	Language
3	Mon	4/15	Cognition <b>Study paper due (5pm)</b>
	Wed	4/17	Cognition
	Fri	4/19	Discussion & review
4	Mon	4/22	<b>Exam 1</b>
	Wed	4/24	Emotion, stress, & the mind-body connection
	Fri	4/26	Neurons
5	Mon	4/29	Neuroanatomy
	Wed	5/1	Sensation & Perception
	Fri	5/3	Sensation & Perception
6	Mon	5/6	<i>Midterm break (no class)</i>
	Wed	5/8	Psychopathology
	Fri	5/10	Psychopathology & treatment
7	Mon	5/13	Discussion & review
	Wed	5/15	<b>Exam 2</b>
	Fri	5/17	Intelligence
8	Mon	5/20	Personality
	Wed	5/22	Personality
	Fri	5/24	Individual differences from birth
9	Mon	5/27	<i>No class</i> <b>Experiment outline due (9:30am)</b>
	Wed	5/29	Social
	Fri	5/31	Social <b>Experiment paper due (5pm)</b>
10	Mon	6/3	Replication
	Wed	6/5	Discussion & review
			<b>Final exam (self-scheduled during finals period)</b>

All written work should be submitted via Moodle