Overview
A Chemical Health Screening is a 1 or 2 session (1 -2 hours complete) meeting between the -screener and the student. The complete screening reviews the student’s reason for seeking the screening, chemical use history, family related issues, and the student’s overall health and well being. It is designed to explore the consequences of the student’s chemical use, to aid the student in decisions concerning chemical use and to develop practical chemical health goals and recommendations.

Students may be self-referred, and/or referred by a Counseling Psychologist, Residential Life, PEAR Department staff, Dean, etc. All referral sources should provide the screener with the following:

- Any documentation that is related to the screening (e.g. incident report).
- A letter indicating any expectations the referral source has for the student
- A release of information form signed by the student. This will allow the screener to share pertinent information to the referral source.

All information given to the screener is considered confidential and will not be shared with sources outside of The Wellness Center without a signed release of information form.

Screening Interview
This hour long interview between the screener and the student lists the student’s specific problems related to chemical use that enables the screener to determine a level of chemical involvement. The screener asks the student questions that relates to family history, chemical use history, treatment history, signs and symptoms of abuse or dependency, and current stressors that have an impact on the student’s life. As the student answers the questions the screener writes down all pertinent information.

The screener writes a summary of the Screening Interview. Based on this information the screener uses criteria from the Rule 31 Minnesota requirements to determine the risk level of chemical use and recommendations. The recommendations are discussed with the student. Also, at this time the screener may also discuss any non-chemical related areas of concerns and provide recommendations as necessary. The student is assisted with setting up any future appointments and asked if he/she has any questions or concerns. If the student is referred to a Counseling Psychologist, all of the screening information is sent directly to this referral.

The risk level of the student can be one or more of the following:
- No apparent risk
- Appears to be at risk for future alcohol or other drug problems
- Abuses Chemicals
- Chemically Dependent

Based on the Level of Risk the student may receive one or more of the following recommendations:
- Educational information about chemical use
- Referral to another campus resource
- Referral to a Counseling Psychologist
- Referral to a Nurse Practitioner
- Information about A.A.
- Information for area treatment facilities

Follow Up
In situations where a release of information form has been signed by the client, the referral source will be contacted with necessary and agreed upon information.

8/07