Teambuilders

Lego Man

**Purpose:** Show residents how important it is to work together

**Materials:** 5 sets of lego's (small; approx. 12 pieces each) exactly the same, paper, markers, stop watch

**Procedure:** Divide residents into 4 groups. Each group is to be given a set of legos, piece of paper, and a marker. In one corner of the room should be one set of legos put together in the basic shape of a man. This lego-man should have a cover to keep the groups from peeking. Each group will be allowed to send one person to look at lego-man. This person is then to report back to the group of his/her findings. The groups will then be given a specific time limit to duplicate lego-man. The same person can go and look at the Lego-man as many times as necessary. There is a time limit.

![Lego Man Image](Image)

It’s a Mystery

**Purpose:** To share with the residents how important it is to keep in contact with old friends

**Materials:** Paper and pencils

**Procedure:** Have everyone in the room make a list of those people who have affected their lives. After everyone has the list completed, have them put a star by the ones that they are still in contact with today. This should be the start of a conversation about why some contacts have been broken. Discuss how different each persons' life would be if they still were in contact with each person on their list. Discuss how important each resident is to someone else. Have them come up with one person who's life they have touched. Have each person tell who and why or how. Discuss ways to stay in contact that are simple and realistic

**Hints:** Maybe have them write a letter to an old friend.
**Prized Possession**

**Purpose:** Let everyone tell about themselves - Fun way to get to know each other

**Materials:** Everyone should bring their prized possession

**Procedure:** Have everyone sit in a circle with and go around the room in a certain order. Each person should show what their prized possession is and tell a story of why they brought that possession.

**Hints:** Only let them bring one item

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**Let’s See Your Family Tree**

**Purpose:** Allow for a sort of show-and-tell for the residents on the floor to share something about their backgrounds

**Materials:** Items from the past

**Procedure:** Have each person bring an item from home or something that symbolizes something about their past. Go around the room and allow each person to explain why it is important to them. After each person is finished allow for questions to be asked from the audience.

**Hints:** The items should be something relating to their heritage.
Secrets Kept

**Purpose:** Allow residents to share secrets with the floor

**Materials:** Ziploc baggies (one for every person), note cards 3x5 (one for every person) scissors

**Procedure:** Each person should have one baggie, one note card, and something to write with. Instruct each person to write a secret (something that they can share with the group) on their note card. This explanation can simply be key words. After everyone has completed this the note cards should be torn into pieces. The number of pieces matching the number of residents present. When this is finished one person will go first and explain what their secret is and why they choose to share it. After the explanation is done this person should then go around the room and give each person a piece of their note card. All of the pieces should be placed into the baggie as they are received. The next person will repeat this process until everyone has had a chance to tell their secret. When all of the secrets have been told and all the pieces of note cards passed out, the baggies should be sealed. This should symbolize that the secrets will be kept between those who were in the room.