Pregnancy Resources

A resource guide to services at Carleton, in Northfield, and beyond.

Brought to you by the Gender and Sexuality Center
Unexpected Pregnancy

An unexpected pregnancy can be a frightening and overwhelming experience, especially while trying to take part in the challenging lifestyle Carleton demands. Complex, difficult decisions may lie ahead, and sometimes it can be hard to know where to turn for information and resources.

This guide has been created to highlight some of the resources available to women and their partners, both on this campus and in the greater community.

Indecision
Motherhood
Adoption
Abortion

No matter how you choose to proceed with an unplanned pregnancy, a wealth of people and organizations exist that are able to support you. Hopefully, some of the resources listed here may provide some of that support.
Indecision

If you or someone you know has become pregnant unexpectedly, deciding how to proceed can be a daunting process. If you are UNDECIDED as to what option you would like to choose—motherhood, adoption, or abortion—you can receive unbiased counseling about ALL of your options at the following locations. Although some of the resources listed are also abortion clinics, they offer no-pressure, unbiased counseling about all options available.

All Options Clergy Counseling
This counseling service offers pro-choice clergy counseling for reproductive issues, unintended or problem pregnancies, and support after abortion.
122 W. Franklin Ave., #303, Minneapolis, MN 55404
612-870-0974 or 800-925-8242
http://www.mnrcrc.org/all-options-counseling.php

Carleton Chaplains
The Chaplains are a confidential resource for support on campus.
507-222-4003

Carleton Student Health and Counseling
An appointment with any of the medical or mental health care providers at SHAC will offer confidential support for women deciding what to do when faced with an unplanned pregnancy.
507-222-4080
go.carleton.edu/shac
Indecision cont.

Hanson, Mildred S., M.D
This clinic specializes in abortions up to the 19th week of pregnancy. In addition, they offer unbiased counseling for all women who have not yet made a decision about their pregnancy.
710 E. 24th St., #403, Minneapolis, MN 55404
612-870-1334, Toll-free 877-870-1334
www.DrMillieHanson.com

Lutheran Social Services
Their program is dedicated and committed to offering free, confidential, un-biased, non-directive/non-judgmental information, education and support regarding options. Phone: 1-800-205-3769
http://www.lssmn.org/adoption/pregnancy/choices.html
Email: pregnancy@lssmn.org

Planned Parenthood of MN/ND/SD
Offers indecision counseling and abortion services. Additionally offer a sliding fee scale for services.
671 Vandalia St., St. Paul, MN 55114
651-698-2406
Toll Free: 877-890-6225
www.plannedparenthood.org
Whole Woman’s Health (2 locations)
Offers indecision counseling and first and second term abortions up to 21 weeks.
33 S. Fifth Street, 4th Floor, Minneapolis, MN 55402
612-332-2311
825 S. 8th St. #1018, Minneapolis, MN 55404
612-376-7708
Email: info@wholewomanshealth.com
www.wholewomanshealth.com
Parenthood

If you decide to carry your pregnancy to term and to parent your child, the following financial and support services are available to you.

Rice County Health Services
This social service agency is a direct service provider for the federal WIC (Women, Infants, and Children) Program. They offer home care services, maternal and child health home visiting services, immunizations, prenatal care classes for adolescents and some others, and group activities for families with newborns. For more information call 507-645-9576.
http://www.co.rice.mn.us/family-child-health-services
Adoption

If you have decided to carry your pregnancy to term and are thinking of putting your baby up for adoption, the following resources are available to you and your partner.

MN Adopt
This Minnesota Department of Human Services webpage maintains a database of public and private adoption agencies within Minnesota, as well as other information and FAQ's surrounding the adoption process.
www.mnadopt.org/agencies.html

Safe Place for Newborns
A mother may drop off her newborn child within three days of delivery at any hospital. The closest place a mother could do this from Carleton would be at the Northfield Hospital. The mother has to fill out a medical history, but her identity remains anonymous. The child is then legally handed over to the state social services for placement and adoption. For more information, contact Northfield Hospital at 507-645-6661.
Abortion

If you have decided to end your pregnancy through abortion, the following financial and support resources are available to you. Abortion, indecision, and post-abortion counseling services are also available through the sources listed in the section on indecision.

Hanson, Mildred S., M.D
710 E. 24th St., #403, Minneapolis, MN 55404
612-870-1334, Toll-free 877-870-1334
www.DrMillieHanson.com
This clinic specializes in 2nd term abortion (until the 20th week); however, they also offer unbiased counseling for all women who have not made a decision about their pregnancy.

Planned Parenthood of MN/ND/SD
671 Vandalia St., St. Paul, MN 55114
651-698-2406
Toll Free: 877-890-6225
www.plannedparenthood.org
Offers surgical abortion services for first term as well as medical abortions.
Whole Woman’s Health (2 locations)
33 S. Fifth Street, 4th Floor, Minneapolis, MN 55402
612-332-2311
825 S. 8th St. #1018, Minneapolis, MN 55404
612-376-7708
Email: info@wholewomanshealth.com
www.wholewomanshealth.com
This clinic offers first and second term abortions in addition to indecision counseling. **All procedures are 1-day:** the mandatory 24-hr waiting period is done by phone.

Hersey Abortion Assistance Loan Fund
This fund offers interest-free loans for women seeking abortions in Minnesota, South and North Dakota. Loan amounts range from $100-$200 and are determined case by case. The entire amount of an abortion procedure cannot be provided through this fund. Call (612) 825-2000 on Wednesdays from 9-11 AM, or Toll-free 1-888-439-0124.
http://www.prochoiceresources.org/funding.php
Campus Offices and Organizations

Chaplains
The Chaplains are a confidential resource for support on campus. X4003

Gender and Sexuality Center
Ground Scoville X5222, go.carleton.edu/gsc
Offers resources and support for women, men and the LGBT community.

Student Health and Counseling
Ground Davis X4080, go.carleton.edu/shac
Medical and mental health services provider for Carleton students. *Confidential resource*

Class Deans
Joe Baggot (1st years), Julie Thornton (2nd years) and Cathy Carlson (third and fourth years) X4075
Can help with educational or personal concerns.

CWI
Collective for Women’s Issues

CAASHA
Campus Advocates Against Sexual Harassment and Assault

H.O.P.E. Center
www.hopecentermn.org
Advocates for sexual assault survivors, battered women, and abused children. 1-800-607-2330
Print Resources
(available in the GSC library)

Contested Lives: The Abortion Debate in an American Community
Written by Faye D. Ginsburg, this book offers a balanced study of abortion in a town in middle America.

Crusaders: Voices from the Abortion Front
Marian Faux offers information about the activists on both sides of the abortion debate.

Our Bodies, Ourselves
Edited by the Boston Women’s Health Collective, this book has a number of sections on all kinds of health issues including pregnancy.

Our Choices, Our Lives
Edited by Krista Jacob, this book offers essays and poems about the experience of abortion and reproductive freedom.

The Female Body and the Law
Written by Zillah R. Eisenstein, this book covers American law as it has treated female bodies through history.

The Carleton Women’s Handbook
Free Copies available in the GSC.