Physicals Policy

Student Health and Counseling (SHAC) does not perform physical exams requiring a form to be signed, whether for graduate school, employment, internships, volunteer work, or for clearance to participate in athletics or other specified activities. (The only exception is clearance for work in the Carleton Psychology department animal colony.) We are also unable to perform travel consults for students participating in Carleton or non-Carleton off-campus studies programs.

Because of the large number of requests for this type of physical exam every term, we find it necessary to refer students to a medical provider at home or here in the Northfield community. Our staffing level requires that we focus on treating illness and injuries, in addition to providing comprehensive sexual health services. SHAC staff are available to assist with scheduling and transportation related to these and any off-campus appointments.

We will continue to offer tuberculosis and other tests requested on forms, and will sign off on test results and immunization records as needed.